

# Photography Session Checklist

## IN-HOME LIFESTYLE

Prepare your home + family for a seamless lifestyle photography session!

### FIRST STEPS

- Start thinking about what kind of activities you would like to do during your session. This keeps kids entertained and encourages natural interaction.
- Think about your 'why' for family photos. What do you plan to do with these photos...hang them on your wall? Make an album or book?
- Fill out your questionnaire. This helps me get to know your family + plan your session.
- Start planning your outfits. Go for simple + comfortable for in-home lifestyle sessions. Remember, no neon colors or distracting graphics.

### SESSION DAY

- Eat a healthy meal...nothing too heavy, but still filling. Kids will definitely be cranky if they are hungry!
- Depending on the time of your session, try to keep kids on their normal nap schedule and routine as much as possible.
- Try to keep the tone of the day as positive as possible. As stressful as it can be to get everyone dressed and ready, it is really important to keep things fun.
- Tell your kids that a new friend is coming over to play!

### 1-2 DAYS BEFORE SESSION

Start prepping your home:

- Look for the brightest rooms in your home + start tidying up. You want your home to be somewhat minimal, while still looking like your home.
- Let your children keep their favorite toy out. This helps them feel more comfortable and/or playful when I arrive.
- Style your bed. Make it look pretty + neat...we will most likely be shooting in there.

The night before:

- Make sure all the cleaning is finished...the last thing you want is to be stressed about cleaning the day of the session.
- Get plenty of sleep the night before! This is especially important for kids. Well rested kids means happier kids and happier parents.

### AFTER SESSION

Immediately after your session:

- Reward your kids. They've earned it! And celebrate the success of your session with your family.

2-3 weeks following your session:

- Start looking for an email to view your gallery.
- Place your order for products. Get your images printed and enjoy them for years to come!

### TIPS DURING YOUR SESSION

Don't worry about your kids acting perfect. I definitely don't expect that (since it never happens) so I don't want you to stress about it.

Relax and have fun. This may be the most important step of all. Even if things aren't going as expected, laugh it off and enjoy this time with your family. (Also, things never go as expected.)