



gialacqua

Empowerment Coach
Motivational Speaker
Women's Leadership Expert
Children's Book Author
Podcast Host

**EMPOWERING WOMEN TO NAVIGATE THEIR UNIQUE
PATH TO SUCCESS WITH AUTHENTIC CONFIDENCE**

meet gia!

Gia is a widely-regarded trauma-informed empowerment coach, motivational speaker, and women's leadership expert. She is also the author of the Limitless Little Leaders children's book series, a board member with the Girl Scouts of Northern NJ, and a girl-mom. Her signature style blends neuroscience-based coaching with deep inner healing work. Her insights have been featured in well-known media outlets such as Thrive Global and Authority Magazine.

As an empowerment coach Gia is supports extraordinary women through life's pivotal moments. She empowers high achieving women to break free from stagnation, and embark on a transformative journey of self-discovery and reinvention in order to step into their next chapter with authentic confidence.

Whether you're ready to pivot in your career, discover your life's purpose, or navigate personal life transitions such as becoming a mother, or recovering from divorce, Gia is dedicated to providing clients with the support and empowerment she needs to navigate these moments of change with clarity, intention, and purpose.

Her mission is to empower every woman to not just survive, but thrive during life's pivotal moments. She specializes in supporting clients to unlearn what no longer serves them, and rediscover their inner strength to confidently navigate their unique path to fulfillment. She is also committed to cultivating a community of change-makers who are passionate about challenging the status quo and creating a new paradigm for power women.



SIGNATURE TOPICS

- ✓ Personal Reinvention
- ✓ Holistic Wellbeing
- ✓ Redefining Success
- ✓ Inner Healing
- ✓ Authentic Confidence



CERTIFIED PROFESSIONAL COACH

Work With Me

Keynote Speaking

Elevate your next event with captivating and insightful keynotes by Gia Lacqua. With her dynamic presence and engaging delivery, Gia delivers thought-provoking talks on topics ranging from leadership and empowerment to resilience and personal growth. Each keynote is tailored to inspire, educate, and empower audiences to unleash their full potential and thrive in both their personal and professional lives.

Seminars & Workshops

Ignite inspiration and foster growth within your organization through interactive workshops and seminars led by Gia Lacqua. Designed to provoke thought, stimulate discussion, and drive action, these sessions cover a range of topics including leadership development, resilience building, and navigating change. With a focus on practical tools and actionable strategies, participants leave empowered to implement positive change and thrive in both their personal and professional lives.

Coaching

Experience transformative coaching with Gia Lacqua, where she guides high-achieving individuals on a journey of self-discovery, empowerment, and growth. Through personalized sessions, Gia provides a supportive and empowering environment for clients to overcome challenges, conquer self-doubt, and unlock their authentic confidence. With her trauma-informed approach and neuroscience-based techniques, Gia empowers clients to navigate life's transitions with clarity, intention, and purpose.

Testimonials

"Gia is a truly inspirational speaker. Her talk "Unstoppable - Expanding your Capacity for Success" really resonated with our women's network."



"Gia shared invaluable insights related to internal and external expectations, self-identity and the role it plays in our lives, and overcoming the worth wound. Gia led us through thought exercises to identify patterns holding us back for success. It was a incredibly empowering session - Gia is simply phenomenal, 10/10!"



"Because attendees felt as if they were in a safe space, Gia's keynote evoked very authentic and passionate responses."



"Simply incredible! The experience surpassed my expectations and Gia delivered a truly inspirational session. Her passion and honesty came through the talk that was professionally delivered and grounded in research. Our survey feedback provided a rating of 4.9/5 stars."



"Gia offered an inspiring, honest, and impactful account of her experiences and the common lived experience for most women. Gia was professional, prepared, and a true pleasure to work with."



"Delivered with passion and professionalism that resonated with the audience."

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THE GO-TO PODCAST FOR EXTRAORDINARY WOMEN

