



MINNESOTAFLYERS
GYMNASTICS AND FITNESS

Newsletter

MARCH 2025

CALENDAR



FEB 28-MAR 2 NORTHERN LIGHTS CLASSIC
TEAM COMPETITION LEVELS 7-9 IN MINNEAPOLIS

MARCH 7 5:30-8:00PM - PARENTS NIGHT OUT

MARCH 8 RISING STARS INVITATIONAL
TEAM COMPETITION LEVELS 7-9 IN N ST PAUL

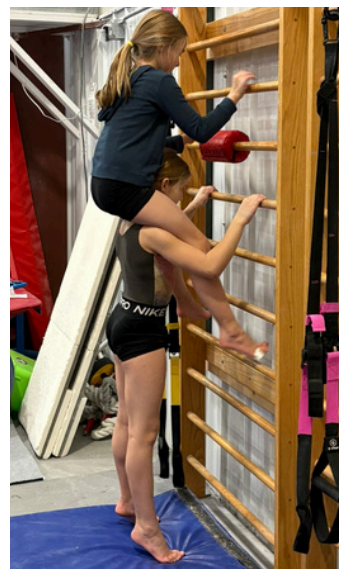
MARCH 10 SPRING SESSION BEGINS!

MARCH 13 2:00-3:55PM - EARLY OUT OPEN GYM

MAR 21-23 MINNESOTA OPTIONAL STATE CHAMPIONSHIP
TEAM COMPETITION LEVELS 7-9 IN MINNEAPOLIS



* Please note: MFGF will have classes on days there is no school *





MOVEMENT MATTERS CAPITAL CAMPAIGN UPDATE

We are pleased to say that we WILL
break ground this Spring!

Pledges from businesses and families
are still needed to support this project.

To donate, visit www.mnflyersgym.org
or email leesa@mnflyersgym.org.

STAFF SPOTLIGHT

LEAH



Leah is a coach for
Jr Hot Shots, Hot
Shots and Beginner I.

Some of her favs include: Taylor
Swift, Tangled (movie), and The
Summer She Went Missing (book).
Outside of MFGF, she is busy with
cheer, theater, and friends.

Leah enjoys getting to help the kids
at MFGF, while getting to know
them and having a fun time.

Congratulations to Laker
Gymnastics on a fantastic season!
These hardworking young ladies
are now STATE CHAMPS!



Students of the
Month will return in
April once Spring
Session has begun

SAVE THE DATE!

MARK YOUR CALENDAR FOR THIS
YEAR'S SPRING SHOW!

MAY 10

DETAILS COMING SOON...

