

Judgement vs. Observing

You must work hard to get rid of judgement, because when spirit comes through, it is with unconditional love. The definition of judgement from the free dictionary is a “personal belief or judgment that is not founded on proof or certainty; the cognitive process of reaching a decision or drawing conclusions. People want to be able to trust and able to share the information from the purest of heart. But the point here is to listen and deliver messages with the purest intentions and represent spirit in the way the message is intended.

Judgement can come from our own filters that are our life stories. If we can get to a place where we observe, and not react or judge, this is when we are pure spirit. Even when we are reacting, Dr. Wayne Dyer pointed out that there is a part of us that is observing the behavior. We have to come from a place of observing, or non-judgement.

As we develop spiritually, this is a place where we start to live our life and start operating from the purest form. Judging is a place where it is coming from our ego. Observation comes from our soul. We have to stay in this place of pure spirit, as this is where information from spirit comes through called messages. These messages have evidence that are crucial to us and to our recipients.

Evidence comes in the form of symbols, literal information, association, sensing, and feeling.

Spirit speaks to us many forms. They use energy and vibration to create the information, symbols etc., to deliver to the medium, and the medium must discern, decipher, decode, and deliver the information to the recipient. This information is shared through the mind of the medium, while the medium is connected with spirit. You can ask questions in your mind to get

the information, and you can ask them to slow down while spirit is giving the information. If you don't see it, or it came through quickly, you can ask for them to slow down and give it again. It is important that we get rid of judgement and start to observe from our heart.