

PRP Microneedling for Face Rejuvenation Aftercare

- Use a cold pack to reduce any swelling or redness if needed.
- Avoid physical strain or sports for 24 hours post treatment.
- No further cosmetic therapies for two weeks post treatment.
- Avoid the use of sauna, steam rooms, icy temperatures or UV radiation for two weeks post treatment.
- Drink 1-2 litres of water a day.
- With regards to injectables pre/post treatment, please consult with your therapist.
- Microdermabrasion or chemical peels should be administered 4 weeks prior or post treatment.
- Avoid having the treatment for 4 weeks after having any type of vaccinations.
- Dental procedures should be administered 2 weeks pre or post treatment.

If you have any problems or queries regarding your removal, please call us on 01707 662 477.