

DAY CAMP 2023



Dear Bushy Hill Day Camp Families,

New & returning families, welcome to Bushy Hill Day Camp!

After our most successful and busy summer in 2022, we are so excited to see all of our campers & staff this summer!

This handbook is here to answer any questions you may have about our program.

As always, please reach out if you have any further questions and we look forward to seeing you soon!

Best Wishes,

Jen Malaguti

Bushy Hill Summer Camp Director



Session Dates:

<u>Session</u>	Session Dates	
Session A	June 19th - June 30th	
Session B	July 3rd - July 14th	
Session C	July 17th – July 28th	
Session D	July 31st – August 11th	
Session El	August 14th – August 18th	

Daily Packing List

- Water Bottle
- V
 - Sunscreen
 - Bug Spray
- Morning Snack
- Lunch
- A change of clothes
- V
 - Swimsuit
 - Towel
- Rain Boots/Rain Jacket-(For Rainy <mark>Days) _ _</mark>

Health & Si

In order for your child to attend camp, we must have: A form filled out by your child's health care provider or a copy of your child's health form from school (physical must be within 2 years).

If your child requires an inhaler, EpiPen, or prescription medication while at camp, we must have the following: a) The medication/inhaler/EpiPen in its original container. b) A Medication Administration Form, signed by you and your child's health care provider.

If your child requires extra attention while at camp due to physical or behavioral needs, we must have a care plan form on file before camp begins:

a) Download sample form

b) Work together with our staff to create a care plan specific to your child's needs

c) Sign, submit and keep a copy for your records

If your child becomes sick or injured at camp: **The majority of our staff are First Aid & CPR certified**. We have registered nurses on camp every day. The pediatrician's office and hospital are 15 minutes away. If a camper needs to see a doctor, we will notify parents immediately!

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Time	Activity	
7:30am - 8:00am	Before Care*	
8:00am - 9:00am	Drop off Period Upon arrival, campers will participate in large group games on the field until all of the campers arrive!	
9:00am - 11:30am	Field Group Adventures Campers will start their day hiking on our property with their field group of approximately 10 campers within their age cohort. They will learn skills such as fire making, shelter building, plant identification, and play trail games, tag games and Capture the Flag!	
11:30am - 12:00pm	Lunch Campers will eat their lunches on the trail before heading to swim time!	
12:00pm - 12:30pm	Change Time Campers will use one of our buildings to change for swim time!	
12:30pm - 2:30pm	Waterfront Waterfront time includes free swim, water fun activities, boating, fishing and building sand castles on the beach!	
2:30pm - 3:00pm	Change Time Campers will use one of our buildings to change out of their bathing suits before heading to Snackertainment!	
3:00pm - 3:45pm	Snackertainment Campers enjoy an afternoon snack provided by us while watching their counselors perform skits and camp songs!	
3:45pm - 4:00pm	Closing Circles with Field Group	
4:00pm - 5:00pm	Pick Up Period	
5:00pm - 6:00pm	After Care*	

*Before and after care are available at an additional cost.

Drop Off/Pick Up Location

Day Camp drop off and pick up takes place at our field outside of the gym/activity center and across from the Nature Center. There will be signs directing you to this spot. Please park in the parking spots available at the gravel turnaround across from the Nature Center.



Transportation

We offer transportation on 3 different routes (shown below). There are staff members on each route to ensure the safety of the campers along the way. Campers must sign in and out of the bus each day so we can ensure everyone is accounted for.

	Bus Stop	AM Pick Up	PM Drop Off	
	Branford (Exit 56 commuter lot)	7:55am	5:45pm	
	Guilford (Exit 58 commuter lot)	8:05am	5:35pm	
	Madison (Exit 61 commuter lot)	8:15am	5:25pm	
	Clinton (Exit 63 commuter lot)	8:25am	5:15pm	
	Bus Stop	AM Pick Up	PM Drop Off	
	Rt 9, New Exit 24A	7:45am	5:30pm	
	Rt 9, New Exit 16	8:00am	5:15pm	
	Rt 9, New Exit 11	8:10am	5:00pm	
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	Bus Stop	AM Pick Up	PM Drop Off	
	Old Lyme (Big Y parking lot)	8:05am	5:15pm	I
	Old Saybrook (Mystic Market)	8:15am	5:00pm	

Food at camp Lunch:

Campers must bring a lunch with them every day. Please note that we will not have the ability to keep lunches in a fridge so it will need to be packed accordingly.

It is also important to note that **we are a nut-free camp.**



Snack is provided after our waterfront period and before our campers head home. If you think your camper will need additional snacks for the morning, you are more than welcome to pack them, but please be aware that **we are a nut-free camp.**

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Swimming is a HUGE part of our camp day and something that our staff and campers love. Who wouldn't want to cool down in a beautiful lake on a hot summer's day?!

To keep our campers safe at the waterfront, all campers take part in a swim test on the first Monday of every session. They are able to test for three different areas: **WHITE** Pool, **RED** Pool and **BLUE** Pool! Each section of our swim front is designated using lemon lines.

WHITE POOL

White tag swimmers are just learning how to be comfortable in the water and will stay in the shallowest section of our swim front where you can touch the bottom the whole time. RED POOL Red tag swimmers complete a swim test to gauge their endurance and ability to tread water.

BLUE POOL

Blue tag swimmers are confident swimmers who are able to complete a longer swim test for endurance and tread water for a longer period of time.

All of our campers are required to wear life jackets when swimming in open water outside of our swim front. For example, when swimming out to our water fun activities.



What should my camper wear?

Our priority is to keep our campers safe and happy. Campers should wear clothes that they feel comfortable in and are able to get a little dirty. Campers must wear close toed shoes unless they are at the waterfront, at which point open toed shoes are allowed.

What do you do on days with poor weather?

On rainy days, we will continue to stay outside as much as possible, so we always recommend sending your camper with a rain jacket and rain boots. For more severe weather, we have an assigned indoor space where we are able to do continue the camp fun.

Can my camper bring technology to camp?

We encourage all of our campers to leave personal belongings, such as cell phones, smart watches and gaming devices, at home. At Bushy Hill, we emphasize the importance of connecting with nature and with the staff and other campers in our field groups. We recognize that it may be important for campers to be able to contact their family members. If you choose to send your camper with a cell phone or smart watch, the device must stay in their backpack for the entirety of the camp day. If a camper must use their device, they must first ask permission from a staff member. If the camper is seen using the device without permission, it will be brought to the camp office until the end of the day. **Let's unplug from technology and plug into nature!**

Quick Reference

General Inquiries: Email: director@bushyhill.org

Attendance/Emergencies/In-Session Camper Questions: *Call the Camp Cell: 860-876-3565*

> After Hours: Email director@bushyhill.org

Registrations/Payment Assistance: *Call our main office: 860-767-0848 Hours: 9am-5pm, Monday - Friday*

Mailing Address: *P.O. Box 577 Ivoryton, CT, 06442* Physical Address: 253 Bushy Hill Rd, Deep River, CT, 06417

