

Dr. Mike Smith

Transform *Your Life*

TRANSFORM 2 DAY LEADERSHIP WORKSHOP



THIS 2 DAY LEADERSHIP WORKSHOP

is based on fundamental elements that affect every person, either positively or negatively, based on how they perceive those elements. It has been designed to educate individuals or teams on some of the more prevalent psychological barriers, as well as the strategies to raise their level of conscious awareness to recognize and overcome those barriers which inhibit performance. The main objective of this workshop is to help each person clearly identify his or her own unique core purpose & create aligned goals so that they can harness potential, amplify critical thinking, and earn phenomenal results in any area of life!



OXFORD DICTIONARY DEFINES TRANSFORM (VERB) AS:

Transform something/somebody (from something or into something) to completely change the appearance or character of something, especially so that it is better.

Some of the areas we cover in the workshop:

- Leadership Assessment
- Create Your Core Purpose
- Tips for Better Decision Making
- Breaking Your Mental Sound Barrier
- Protect Your PATCH
- Goal Creation
- Creating YOUR Action Plan
- Defining Commitment & Expectations

