





# REDISCOVER YOUR C.O.R.E 4 TO TRANSFORM YOUR LIFE

This is the key to defining meaningful change through intentional actions, and creating a life by design instead of living a life by default.



### THE C.O.R.E. 4 ELEMENTS



### **CREATIVITY**

The ability to create; the quality of being creative.



### **ORIGINALITY**

The power of independent thought or constructive imagination.



### RESILIENCY

An ability to recover from or adjust easily to adversity or change.



### **ENERGY**

A fundamental entity of nature that is transferred between parts of a system in the production of physical change.

## OUR PROCESS & PARTNERSHIP GUARANTEES YOUR SUCCESS BY:

- Partnering With You In Discovering & Creating Your Core Purpose Statement
- Leveraging The Best Assessments Available Today (for Individuals, Teams & Culture)
- Ensuring That The Programs And Content Are Customized & Tailored To The Audience We Partner With
- And Much More...









Dr. Nike Smith

AND THE "CORE 4"
PROGRAMS THAT
MAKE THAT
REDISCOVERY A
REALITY ARE:



### WORKSHOPS, RETREATS & MASTERMINDS



6 KEYS TO BECOMING A N.O.W. LEADER



PROTECT YOUR PATCH



TRANSFORM LEADERSHIP WORKSHOP



BREAKING YOUR MENTAL SOUND BARRIER

The "CORE 4" programs have been created to raise awareness around the main elements that affect every single individual, team, and organization... and that affect can be either positive or negative, constructive or destructive, and serve as a strength or a developmental opportunity.

These programs are based on a combination of Doc's many years of leadership & culture experience in the USAF (including 1st Sergeant of the world-renowned Thunderbirds), in the corporate world (as a senior leader in a Berkshire Hathaway Energy company), as well as the academic world (PhD Industrial-Organizational Psychology).



