

WATCH *the* MASTER



NEW LIFE CHRISTIAN CENTER
January 26, 2025

HOW I PRAY
Pastor Dave Larson | Turlock
Pastor Jeremy Moore | Patterson

*“Come to me, all of you who are weary and carry heavy burdens, and I will give you REST. Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find REST for your souls.”
Matthew 11:28-30 (NLT)*

1. Jesus shows me how to pray _____ and _____.

See Matthew 6:5-9

2. Jesus shows me how to pray with _____.

At that time Jesus prayed this prayer: “O Father, Lord of heaven and earth, thank you for hiding these things from those who think themselves wise and clever, and for revealing them to the childlike. Yes, Father, it pleased you to do it this way!” Matthew 11:25-26 (NLT)

3. Jesus shows me how to pray to _____ others.

“So they rolled the stone aside. Then Jesus looked up to heaven and said, “Father, thank you for hearing me. You always hear me, but I said it out loud for the sake of all these people standing here, so that they will believe you sent me.” John 11:41-42 (NLT)

4. Jesus shows me how to pray with _____ and _____.

*“He went on a little farther and bowed with his face to the ground, praying, “My Father! If it is possible, let this cup of suffering be taken away from me. Yet I want your will to be done, not mine.”
Matthew 26:39 (NLT)*

5. Jesus shows me how to pray and _____ for others.

CONT.

“My prayer is not for the world, but for those you have given me, because they belong to you. All who are mine belong to you, and you have given them to me, so they bring me glory. Now I am departing from the world; they are staying in this world, but I am coming to you. Holy Father, you have given me your name; now protect them by the power of your name so that they will be united just as we are.”

John 17:9-11 (NLT)

6. Jesus shows me how to pray with _____ and _____.

Jesus said, “Father, forgive them, for they don’t know what they are doing.” Luke 23:34 (NLT)

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Matthew 11:28-30 (NLT)

1. Jesus shows me how to pray RELATIONALLY and INTIMATELY.

See Matthew 6:5-9

2. Jesus shows me how to pray with GRATITUDE.

At that time Jesus prayed this prayer: "O Father, Lord of heaven and earth, thank you for hiding these things from those who think themselves wise and clever, and for revealing them to the childlike. Yes, Father, it pleased you to do it this way!" Matthew 11:25-26 (NLT)

3. Jesus shows me how to pray to ENCOURAGE others.

"So they rolled the stone aside. Then Jesus looked up to heaven and said, "Father, thank you for hearing me. You always hear me, but I said it out loud for the sake of all these people standing here, so that they will believe you sent me." John 11:41-42 (NLT)

4. Jesus shows me how to pray with HUMILITY and SURRENDER.

"He went on a little farther and bowed with his face to the ground, praying, "My Father! If it is possible, let this cup of suffering be taken away from me. Yet I want your will to be done, not mine."
Matthew 26:39 (NLT)

5. Jesus shows me how to pray and INTERCEDE for others.

CONT.

“My prayer is not for the world, but for those you have given me, because they belong to you. All who are mine belong to you, and you have given them to me, so they bring me glory. Now I am departing from the world; they are staying in this world, but I am coming to you. Holy Father, you have given me your name; now protect them by the power of your name so that they will be united just as we are.”

John 17:9-11 (NLT)

6. Jesus shows me how to pray with TENDERNESS and TRUST.

Jesus said, “Father, forgive them, for they don’t know what they are doing.” Luke 23:34 (NLT)

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DISCUSSION QUESTIONS
January 26, 2025

CONNECT

Do you remember the first time you prayed? Did you learn any prayers when you were growing up?

ENGAGE

What impacted you the most personally from the message?

GROW

1. In Matthew 11:28-30, what does Jesus promise to those who are weary and burdened?
2. How does Jesus' instruction in Matthew 6:5-9 redefine the purpose and nature of prayer for His followers?
3. In John 11:41-42, why does Jesus emphasize gratitude in His prayer, and how does this reflect His relationship with the Father?
4. Consider the blessings in your life. How can you cultivate a heart of gratitude in your daily prayers, even amidst challenges?
5. Think of someone in your life who needs encouragement. How can you use prayer to uplift and strengthen their faith this week?
6. Identify an area in your life where you need to practice humility and surrender. How can you entrust this to God in prayer, following Jesus' example in Matthew 26:39?

LEAD (YOURSELF)

Set a reminder or note to prompt you to pause and pray throughout your day. How can these moments help you connect with God and align your life with His will?