



ORAL SEDATION PRE-OPERATIVE INSTRUCTIONS

For the safety of the patient, all of the instructions below must be followed prior to sedation. Neglecting any of these items can result in the cancellation of treatment

EATING & DRINKING Alcoholic beverages should not be consumed for at least 48 hours prior to the procedure. Do not eat anything 8 hours prior to the appointment. Clear liquids, such as water, apple juice, and Gatorade, may be consumed up to 2.5 hours prior to the appointment.

If you have any issues or conditions which may be complicated by eating schedule, such as diabetes or hypoglycemia, please contact the office prior to the appointment. These guidelines may be altered as needed.

MEDICATIONS & DRUG USE

Please take all of your regular medications at the usual time, unless advised otherwise by your doctor. For your safety, the use of “street drugs” (Marijuana, Cocaine, Heroin, etc.) is strictly forbidden for several weeks prior to treatment. The mixture of “street drugs” and anesthetic agents can result in very serious complications, including death.

WHAT TO WEAR

Do not wear contact lenses the day of the procedure; please wear glasses. Wear flat shoes with a short sleeve, loose fitting shirt, and comfortable pants. Do not wear make-up or valuable jewelry. Please remove nail polish and acrylic nails. Several monitoring devices will be used, including a blood pressure cuff and a finger sensor.

TRANSPORTATION

A responsible adult must accompany the patient to the office and drive the patient home after the procedure. Your designated driver will need to remain in the office during treatment. We cannot release you without a driver/caretaker. For your safety, public transportation (taxi, city bus, Uber, etc.) must not be used.

CHANGES IN HEALTH

Please inform the office of any change in health prior to your appointment, especially the development of a cold or fever. For your safety, you may be rescheduled for another day. Oral sedation is not intended for pregnant and/or nursing patients. Payment is expected on the day of treatment and should be completed prior to sedation. Please arrive one hour before the scheduled appointment with your designated driver; the sedative medication will be administered in the office after signing all consent forms.