

WHOLE30 DEVO

DAY ONE*



“This letter is from James, a slave of God and of the Lord Jesus Christ. I am writing to the “twelve tribes”—Jewish believers scattered abroad. Greetings! Dear brothers and sisters, when troubles of any kind come your way, consider it an opportunity for great joy.” James 1:1-2 NLT

01.

MEDITATE:

Read James 1:1-2 three times through. Pause. What is the Holy Spirit pointing out to you today? Ask the Holy Spirit to produce the fruit of joy in your life today.

02.

DAILY QUESTIONS TO ANSWER:

Answer these daily questions in your journal or in a note...
Today I feel _____.
Today I choose to focus on _____.
Today I am grateful for _____.
Today I get to _____.

03.

PRAY:

Pray : Father God, you are true and trustworthy. I surrender my plans, my ambitions, my dreams and my worries to you today. Today I choose heaven vision for my story. I will look at problems and see opportunities for great joy. My day matters to you, your eyes are on me, your hand is guiding me, you are working all things together for my good. I love you. I’m with you. In Jesus name Amen.

WHOLE



WHOLE

WHOLE

WHOLE

WHOLE

