



W/LD FLOWER

SERVICE MENU

WILDFLOWERSPA.CA

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Every Wild Flower Facial includes in-depth intake, assessment and home care education. This is built into the times listed below.

 *Indicates a Wild Flower Signature Service*

PERSONALIZED SKIN CARE ROUTINE 20 MINUTES | \$35

Are you struggling with what products you should use and when? Do you want to see more results out of your skin care? Consult with one of our skin care therapist to create a plan that best fits you! In this 20 Minute in person session we will find out what products you need to reach your goals and the professional services best suited to you. If you book a facial after your consult, 50% of the consult fee will be deducted from your facial appointment. Facial may be booked on another day to ensure you are having the perfect facial for you!

GLOW AND GO 45 MINUTES | \$92

Target a specific concern or get your glow on in this 45min treatment. Includes a cleanse, exfoliation, facial and body massage, potent mask application, and moisturizer. Includes vital home care information and instructions. *When booking this treatment make sure to write your concerns in the appointment notes so your therapist can be fully prepared!*



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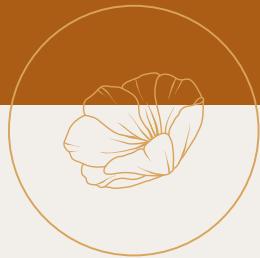


ESTIE KNOWS BEST 60 MINUTES | \$145

Not sure which facial you need? Then this is the perfect one for you! Fill out your in-depth facial form to help your Estie curate a completely customized facial to your exact concerns. Indulge in a ritual that blends Eminence Organics Skincare with expert techniques: gentle cleanse, detoxifying exfoliation, potent serums, and intensive masques. Experience the rejuvenating touch of facial massage inspired by modalities from Japan, India, Korea and Hungary that naturally enhance and revitalize your skin. A hand, arm, neck and shoulder massage complete this experience. Includes vital home care information and instruction.

THE HOLY GRAIL 90 MINUTES | \$199

When we say *Holy Grail* we mean it! This indulgent 90-minute experience is designed to address your unique concerns while cocooning you in pure relaxation. Using Eminence Organics Skincare enjoy a cleanse, deep exfoliation, detox and traditional facial massage modalities from Japan, India, Korea and Hungary that naturally lift, restore and illuminate the skin. Advanced enhancements such as hot and cold pore toning and fine line erasing massage bring visible rejuvenation. Your personalized journey may also include: kansa wand, gua sha, jelly mask, LED light therapy and facial cupping. Completing the ritual, a soothing hand, arm, neck and shoulder and scalp massage leave you in a state of complete renewal. Includes vital home care information and instruction.



PURE FOREST FACIAL 60 MINUTES | \$145

Step into a sanctuary of calm, where mind, body and skin unite. The adaptogen-rich ritual featuring tulsi, ashwagandha, and reishi melts away stress while replenishing hydration and fortifying the skin against daily stressors. Earthy aromas and luxurious textures envelop your senses, leaving you radiant, resilient and at peace. Complete with neck, shoulder and kansa wand massage. Includes vital homecare information and instruction.

ILLUMINATE 60 MINUTES | \$165

Illuminate from within with this pigment reducing, hydrating facial. Even out skin tone and lighten hyperpigmentation using enzymes from pumpkin, papaya and yam. This facial includes the Eminence Organics Yam & Pumpkin 20% Enzyme Peel, as well as a blissful hand, arm, neck and shoulder massage. Perfect for anyone with acne scars, sun damage and melasma. Includes vital home care information and instruction.

HEALTHY AGING 60 MINUTES | \$152

Aging is a privilege- let it be beautiful. This 60 minute treatment is designed to support skin with grace, strength and vitality. Harnessing the power of Eminence Organics botanical hyaluronic acid, vitamin c, marine peptides and natural retinol we help to rebuild the collagen and reduce elasticity in the skin. Experience sculpting and lifting massage techniques paired with a relaxing hand and arm massage. for complete relaxation. Perfect for anyone looking to aid in pro-aging. Includes vital home care information and instruction.



DERMAPLANING

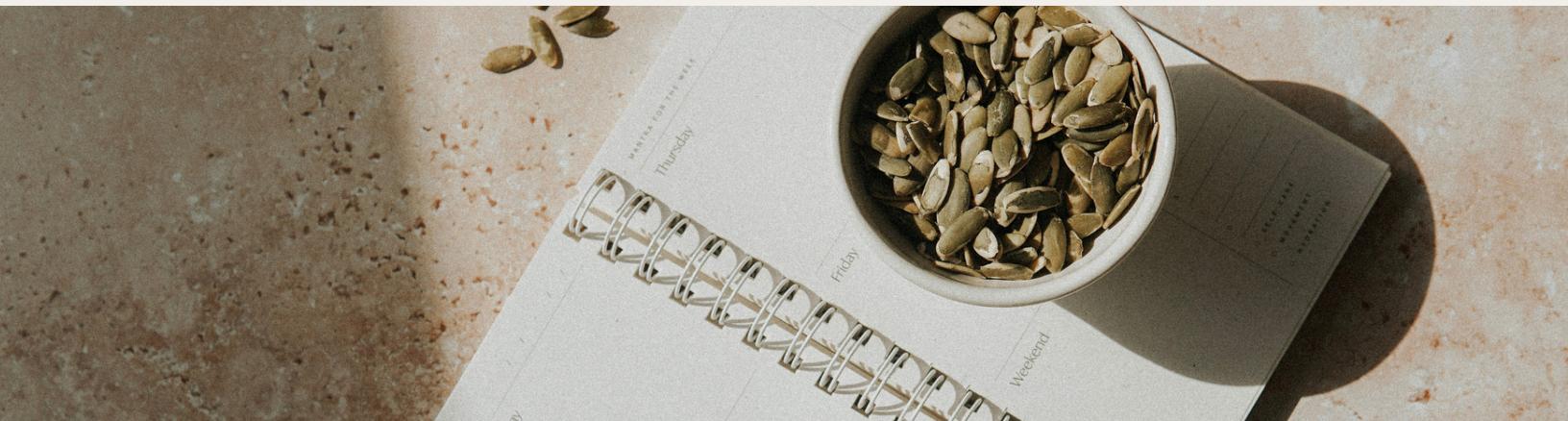
Improve skin texture, reduce the appearance of fine lines, brighten dull skin, reduce pigment and stimulate collagen production and skin tightness in this 60min dermaplaning treatment. Using a surgical blade to gently remove the outer layer of dead, dull skin cells and peach fuzz to reveal glowing skin. Includes vital home care information and instruction.

FIRST TIME CLIENT 75 MINUTES | \$172

RETURNING CLIENT 60 MINUTES| \$157

GLOWING GODDESS DERMAPLANING FACIAL 90 MINUTES | \$199

Revitalize and brighten your complexion with Eminence Organics. This deep exfoliating dermaplaning facial harness' the natural power of vitamin c + e, pineapple and stimulating oxygenation to improve the appearance of your skin and give you the goddess GLOW! Includes hand and arm massage. Perfect for dull skin, acne scarring, sun damage and upcoming events! Includes vital home care information and instruction.





CLARIFYING FACIAL 75 MINUTES | \$165

This 75min facial is for clients who are seeking an effective natural treatment for their acne. Target congestion, reduce breakouts and control oil with the Eminence Organics 10% Salicylic Acid Peel. Includes double cleanse, exfoliation, detox, extractions and high frequency. Includes vital home care information and instruction.

POST-CLARIFYING SCAR REDUCING FACIAL 90 MINUTES | \$199

This completely customized treatment with help reduce stubborn acne scarring and help you reach your skin care goals. Start with a consult with our skin therapist to understand your skin and see which treatment(s) would best fit you. Treatment may include: Dermaplaning or Eminence Organics Peel. Finish off with LED Light Therapy and a hydrojelly mask to soothe the skin. Includes hand/arm, neck, shoulder and scalp massage.

GLOWING GUA SHA TREATMENT 45 MINUTES | \$87

Experience the versatility of the Chinese Gua Sha tool in this 45min customized facial. Lift and firm the skin for our pro-aging clients, detox for acne or congested skin and increase circulation for a decadent glow on all skin types. This treatment includes a cleanse, gentle exfoliation, rich single ingredient oil for gua sha massage, and moisturizer. Includes vital home care instructions and recommendations

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EMINENCE ORGANICS SKIN REFINING PEEL 30 MINUTES | \$105

Effective botanical enzymatic and hydroxy acid dramatically reduce fine lines, while brightening and improving skin tone and texture. Ideal to treat acne scarring, pigmentation and wrinkles. Includes vital home care instructions and recommendations

For best results, perform in a series of four or six

SERIES OF FOUR | \$357

SERIES OF SIX | \$535

FACIAL MASSAGE TREATMENT

Experience the beautiful benefits of facial massage in this treatment. Start with a tension releasing massage in the neck, shoulders and scalp before enjoying your fully customized facial massage. Reduce fine lines, promote lymphatic drainage, lift and sculpt the face and target TMJ. Modalities like Kansa Wand or Gua Sha Stone may be included as well depending on your individual skin needs.

60 MINUTES| \$125

90 MINUTES| \$150

wild flower ENHANCE + ENRICH

Take your spa journey to the next level by adding on one of these targeted, result driven demi treatments to your service



AYURVEDIC SCALP AND HEAD MASSAGE 15 MINUTES | \$44



Experience this mini version of our signature scalp massage. Improve pro-aging results and feel absolutely amazing with this invigorating yet relaxing scalp massage

ADDITIONAL MASSAGE TIME 15 MINUTES | \$32



Elongate the massage portion of any treatment 30 mins or longer to be able to completely zen out.

ADDITIONAL EXTRACTIONS 15 MINUTES | \$18

Have lots of congestion and would like extra clarity? Add this on so your therapist has the allotted time needed to help clear your skin. Includes high frequency

HYDROJELLY MASK 15 MINUTES | \$32

Customized to your concerns, our jelly masks work by creating a suction like effect to immediately soothe and hydrate the skin.

LED LIGHT THERAPY 15 MINUTES | \$32

Using specific wavelengths of light to penetrate into the skin. Target all skin concerns such as stimulating collagen production, reduce redness, aid in healing, target acne and calm inflammation.

SKIN REFINING PEEL ADD ON 15 MINUTES | \$52

Experience a deeper exfoliation with effective botanical enzymatic and hydroxy acids to dramatically reduce fine lines, while brightening and improving skin tone and texture.

SCRUB AND HOT OIL ON HANDS OR FEET 15 MINUTES | \$32

Ease dry skin with this warming oil wrap treatment. Hands or feet will be exfoliated and then massaged with warm oils and placed into our heated mitts or boots.

ULTRA NECK LIFTING TREATMENT 10 MINUTES | \$42

Reduce loss of elasticity, drain stagnant lymph fluid, rejuvenate and tighten with this hydrating lifting neck treatment. May include gua sha, cupping and Eminence Organics Age Defence Ultra Products

ULTRA EYE LIFT 10 MINUTES | \$42

Target dark under eye circles, decrease puffiness, add hydration and help diminish fine lines. May include gua sha, cupping and Eminence Organics Age Defence Ultra Products



THE WILD FLOWER ELEMENTAL RESET

Completely escape into this gorgeous 90-minute full body treatment for mind, body and soul. If you are feeling high levels of stress, imbalance, scattered thoughts, emotional states or just need to disconnect to reconnect with yourself, this treatment is for you.

An imbalance in one or some of the elements may result in a disruption of any of these things:

EARTH: grounding, stability, contentment

FIRE: energy, creativity, digestion

AIR: space, breath, mental clarity

WATER: emotional stability, fluidity, compassion

Your Wild Flower Spa Therapist will rebalance the four Ayurveda elements of earth, fire, water and air, within the body using several holistic modalities. As each person experiences imbalance in different areas your treatment is completely customized. Your expertly crafted journey may include Thai yoga massage, hot stones, rose quartz gua sha stones, Ayurvedic kansa wand, pressure point massage, and holding space among others.

90 MINUTES | \$172



THE SKIN TO SOUL EXPERIENCE

More than a facial, this is a ritual for the spirit. The sister treatment to our Elemental Reset the Skin to Soul Experience blends crystal healing, sound therapy, and intuitive touch to realign your chakras and restore inner harmony.

Using the Eminence Organics Gemstone & Pure Forest Collections- infused with Citrine, Zeolite, Pink Tourmaline & Ashwagandha - negative energy is released, leaving space for positivity and radiant renewal.

This holistic journey continues with a deeply restorative facial, sculpting gua sha massage and a tension melting scalp massage enhanced with our jade comb. A transformative experience that nurtures not only the skin, but the soul- leaving you feeling radiant, grounded and fully aligned from the inside out.

90 MINUTES | \$177



**HEAVEN & EARTH 90 MINUTES | \$164**

Lie down in one of our comfy facial beds, breathe in relaxing aromatherapy and enjoy a 60-minute hot oil pedicure inclusive of a scrub and massage going all the way up to the knee. A weighted compress for the eyes helps with eye strain and deeply relaxes you while you have your pedicure. Once your feet are treated, you will receive a 30-minute massage on the arms, hands, shoulders, neck, and scalp - similar to that of our facials. You will truly feel stretched between heaven and earth, light and airy and happy to be alive. *This does not include polish on the toes*

ORGANIC BODY SCRUB

Buff and polish your body to get smooth, glowing skin with our raw organic sugar scrub followed by luscious Eminence Organics lotion or body oil.

Choose from our two experiences:

Stone Crop

Coconut Yuzu

FULL BODY | 60 MINUTES \$120

HALF BODY | 30 MINUTES \$80

BACK FACIAL 60 MINUTES | \$145

Do you get breakouts on your back? Not able to fully reach there in the shower? This back facial is clarifying and hydrating to help you reach the hard to get spots and help clear acne! Leave feeling refreshed and incredibly relaxed! Includes cleanse, exfoliation, extractions, treatment mask and moisturizer.



TRADITIONAL SWEDISH MASSAGE

This massage is for relaxation purposes only and not for treating injury as this is performed by Estheticians not RMT's. Choose full body or a specific area.

90 MINUTES | \$125

60 MINUTES | \$102

30 MINUTES | \$63

JASMINE & LAVENDER BODY ESSENCE 90 MINUTES | \$180

Begin your relaxation with the use of dry brushing, an ancient practice helping to exfoliate and drain lymph fluid. Float off into the blissfulness of body and scalp massage while experiencing the sensations of warm avocado & grapeseed butter which will hydrate and soften while the scents of jasmine and lavender soothe your mind. *Please be aware this massage is of light pressure, effleurages and sweeping motions, if you are looking for deeper pressure we recommend booking our Traditional Swedish Massage*

AYURVEDIC SCALP MASSAGE 45 MINUTES | \$103



Indulge yourself in a meditative conditioning hair and scalp treatment meant to nourish the mind and body using warm oils and massage. Ayurvedic Head Massage works to release blocked negative energy in the body while relieving emotional and mental stress.

wild flower NAILS



Each month we feature a corresponding scent that offers balancing properties that is showcased in our lotions & scrubs

Book a full Manicure and Pedicure together and receive 15% off your package

SIGNATURE MANICURE 60 MINUTES | \$69

Heaven for the hands. Includes full nail and cuticle work. As well as our seasonal organic hand scrub and avocado butter massage. Finish off with a regular polish application or heated mitts.

Add gel to the hands for \$16

MANICURE 45 MINUTES | \$52

Includes nail shaping, cuticle work, lotion application and regular polish application or warm heated mitts.

MINI MANICURE 30 MINUTES | \$34

Includes nail shaping, and cuticle clean up with your choice of massage using our organic avocado butter lotion or regular polish application.

SHAPE AND POLISH 15 MINUTES | \$22

In a rush or need a quick fix than this is for you. Includes nail shaping and regular polish application. *Does not include any cuticle work*



GEL POLISH MANICURE 60 MINUTES | \$62

Includes nail shaping, cuticle work, DND gel polish application and organic lotion application.

GEL POLISH CHANGE 30 MINUTES \$49

Looking for a change in polish? This treatment includes removal of existing polish and reapplication. *Does not include any nail shaping or cuticle work*

GEL SHAPE AND POLISH 30 MINUTES | \$39

Do you get manicures regularly and just need some shaping and a polish application, this is the service for you! Includes nail filing, buff and gel polish application * Does not include any cuticle work*

GEL POLISH REMOVAL HANDS 15 MINUTES

Gel is gently soaked off then buffed, and a nourishing oil is applied

Gel Polish done at Wildflower | \$8

Gel Polish not done at Wildflower | \$16





SIGNATURE PEDICURE 75 MINUTES | \$85

Treat yourself with our Signature Pedicure. Soak in our hydrating coconut milk bath with soothing magnesium salts and our signature scent of the month. Includes nail filing, cuticle and callus care, our in house made scrub and warming body butter as well as our fan favorite hot stone massage. Finish off your relaxation with your choice of regular polish or heated booties.

PEDICURE 60 MINUTES | \$68

Slide your feet into our herbal foot soak, and receive a full pedicure. Includes nail filing, cuticle and callus care. After your feet will be expertly scrubbed and massaged with our in house made organic products. Finish off with your choice of a regular polish application or heated booties.

MINI TOPS PEDICURE 30 MINUTES | \$49

Don't need a full pedi but want your toes cleaned up. This is the pedi for you. Includes nail shaping, cuticle clean up with the choice of polish or heated booties.

MINI BOTTOMS PEDICURE 30 MINUTES | \$49

Clean up the bottoms up your feet in this quick 30 min pedi! Includes complete callus care, a scrub up to the knees and a relaxing massage!



REVIVE & REPAIR PEDICURE 75 MINUTES | \$85

Suggested for those with lots of callous to remove, ingrown nails, thick nails or just need a bit more TLC for your feet. Includes herbal foot soak, nail shaping, cuticle work, callous removal, seasonal scrub, and avocado butter or oil massage and regular polish application

GEL POLISH PEDICURE 75 MINUTES | \$85

Slide your feet into our herbal foot soak, includes nail filing, cuticle and callus care, after your feet will be expertly scrubbed and massaged with our in house made organic products. Finish off with your choice of DND gel polish.

GEL POLISH REMOVAL TOES 15 MINUTES

Gel is gently soaked off then buffed, and a nourishing oil is applied

Gel Polish done at Wildflower | \$10

Gel Polish not done at Wildflower | \$20

wild flower WAX



BROW WAX 15 MINUTES | \$25

UPPER LIP WAX 10 MINUTES | \$22

NECK/CHIN WAX 15 MINUTES | \$28

FULL FACE WAX 30 MINUTES | \$50

CHEST WAX 15 MINUTES | \$32

BACK/ SHOULDER WAX 45 MINUTES | \$62

UNDERARM WAX 15 MINUTES | \$30

UPPER ARM WAX 15 MINUTES | \$30

LOWER ARM WAX 15 MINUTES | \$32

FULL ARM WAX 30 MINUTES | \$52

UPPER LEG WAX 30 MINUTES | \$55

LOWER LEG WAX 30 MINUTES | \$50

FULL LEG WAX 60 MINUTES | \$78

BIKINI WAX 15 MINUTES | \$37

TINY BIKINI WAX 20 MINUTES | \$44

BRAZILIAN WAX 30 MINUTES | \$62

BUM WAX 15 MINUTES | \$32

wild flower TINT



THE WORKS 30 MINUTES | \$45

Includes brow wax, and tint

EYELASH TINT 30 MINUTES | \$36

EYEBROW TINT 15 MINUTES | \$29

