



Pulmonary Function Test Instructions

18300 Katy Freeway, Suite 105 Houston, TX 77094

Phone: (713) 464-8099 Fax: (713) 465-1921

Your appointment with _____

Is scheduled for _____ at _____ AM/PM

☐ **Monday** ☐ **Tuesday** ☐ **Wednesday** ☐ **Thursday** ☐ **Friday**

Please follow the instructions below in order to produce an accurate result. If these instructions are not followed, your appointment may have to be rescheduled.

Before your pulmonary Function Test please avoid the following:

- No inhalers / Nebulizers or breathing treatments for at least 6 hours prior to the test.
- No smoking for at least 6 hours prior to test.
- Do not eat for at least 1 hour prior to testing.
- No Caffeine! Includes: Coffee, Tea, Caffeinated drinks starting at midnight the night prior to your test.

Please allow 1 hour for testing

If you have any questions or do not understand the instructions, please call our office at (713)- 464-8099.