

# DETHRONE 2 (Kings Canyon & Peach)

## STAND UP

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>9:00 AM</b>	<b>10:00-12:00</b>	<b>9:00-10:00</b>	<b>10:00-12:00</b>	<b>9:00-10:00</b>	<b>10:00-12:00</b>	<b>9:00-10:00</b>
<b>9:30 AM</b>	Open	Muay Thai/	Open	Muay Thai/	Open	Boxing
<b>10:00 AM</b>	Gym	Kickboxing	Gym	Kickboxing	Gym	
<b>6:00 PM</b>	<b>6:00-7:00</b>	<b>6:00-7:00</b>	<b>6:00-7:00</b>	<b>6:00-7:00</b>		
<b>6:30 PM</b>	Cardio MMA	Cardio MMA	Cardio MMA	Cardio MMA		
<b>7:00 PM</b>	<b>7:00-8:00</b>	<b>7:00-8:00</b>	<b>7:00-8:00</b>	<b>7:00-8:00</b>		
	Muay Thai	Muay Thai	Muay Thai	Muay Thai		
<b>7:30 PM</b>						
<b>8:00 PM</b>	<b>8:00-9:00</b>	<b>8:00-9:00</b>	<b>8:00-9:00</b>	<b>8:00-9:00</b>		
<b>8:30 PM</b>	Boxing	Boxing	Boxing	Boxing		
<b>9:00 PM</b>						