

# October Birthdays

## Birthday Tea

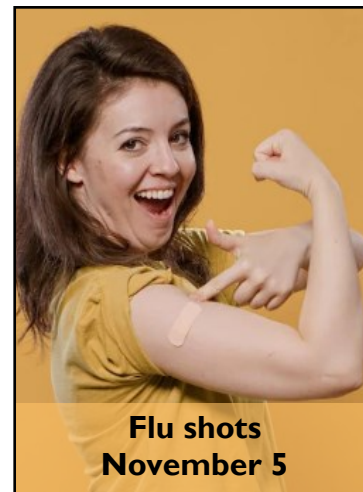
Wednesday  
October 15  
With Alastair  
Mag & Cam  
1:30 pm in Camelia



Mike M.	Oct. 01
Nancy E.	Oct. 01
Jim B.	Oct. 05
John O.	Oct. 06
Patricia G.	Oct. 14
Bettianne L.	Oct. 16
Robert B.	Oct. 17
Adeline T.	Oct. 21
John A.	Oct. 26
Nizarali M.	Oct. 31



The resident **Influenza Clinic** is booked for Wednesday, November 5. Our Senior Pharmacist, Renee, will be providing this again this year.



## Mark your Calendars for our Christmas Craft sale

**Friday | Dec. 5 | 11 am - 3:30 pm**  
**Saturday | Dec. 6 | 9 am - 3 pm**

Crafts handmade by our very own residents. There will be cookies in a jar, bath bombs, bath salts & soothing foot soaks, hand made chocolates, cozy gifts and pre-made gift baskets. There will also be a white elephant sale area in the Multipurpose Room. Make an offer on any of the goods in that room and it's yours to take home. For more information contact Trish Foley Recreation Coordinator at [patricia.foley@salvationarmy.ca](mailto:patricia.foley@salvationarmy.ca) or call 604-636-3659.

## CHRISTMAS FUNDRAISING PROJECT - OUR COZY CAFE



A team, representing Recreation, Chaplains & Leaders, are planning a new self-serve café in the corner of our reception area. The AI photo above offers a possible look, although the design and furnishings will depend on fundraising. This seating area would be a relaxing setting for family visits, with mellow music playing, and self-service specialty coffees, tea, hot chocolate and sweet treats available. We are making this our Christmas and Year-End Fundraising Project. Donations of any amount are welcome, as are your suggestions for the name and design of this exciting new addition to our Buchanan home!

### YOUR SUGGESTIONS FOR IMPROVING TEAMWORK



TOGETHER EVERYONE ACHIEVES MORE

**Appreciate the differences and diversity among our staff and residents so that we are always learning and improving.**

## BUCHANAN LODGE



### Thanksgiving Observance (Author Unknown)

**Count your blessings** instead of your crosses;  
**Count your gains** instead of your losses.  
**Count your joys** instead of your woes;  
**Count your friends** instead of your foes.  
**Count your smiles** instead of your tears;  
**Count your courage** instead of your fears.  
**Count your full years** instead of your lean;  
**Count your kind deeds** instead of your mean.  
**Count your health** instead of your wealth;  
**Count on God** instead of yourself.

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# Buchanan Buzz

NEWS FROM 409 BLAIR AVE.

OCTOBER 2025

## Precious Memories



Vi & Nala discuss who gets the chair



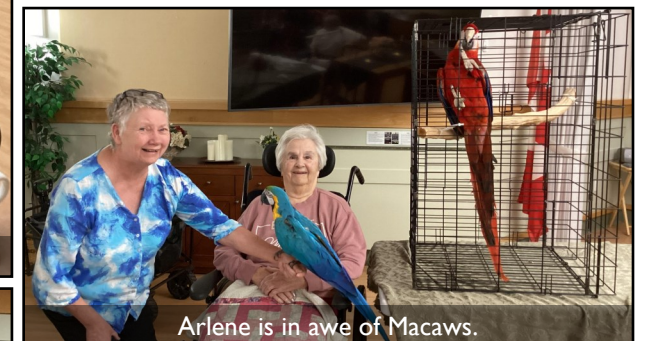
Kim & Juat know how to mix it up!



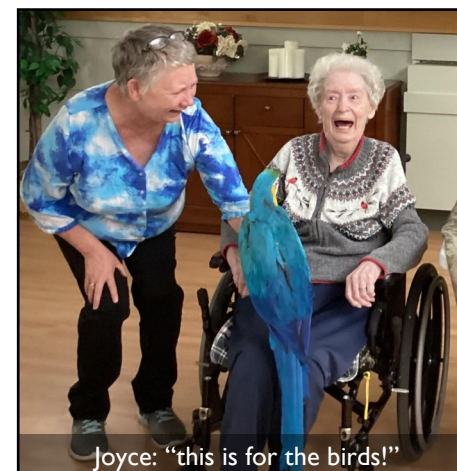
Paul gives a thumbs up for Men's Breaky



In Magnolia you can't have too many chefs!



Arlene is in awe of Macaws.



Joyce: "this is for the birds!"



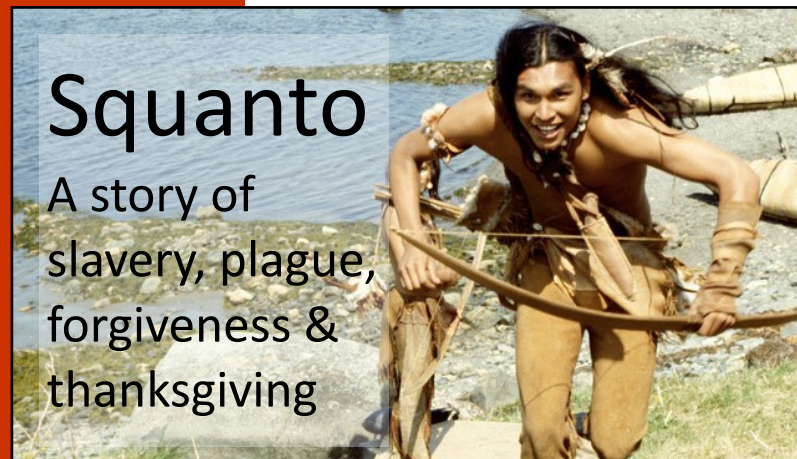
Amrit looks too young for National Senior's Day!



# Thought for October



We may know the Pilgrim's version of the story, but how many have heard the story from the perspective of a first nation native named Squanto?



**Squanto**  
A story of slavery, plague, forgiveness & thanksgiving

It certainly is true here at Buchanan. As we live and work together through the month of October let's take time to hear about the miracles that have led each one of our residents, staff and volunteers to this place. Have a blessed Thanksgiving!

Chaplain Rob



As we consider how to give thanks within a year marked by political and global divisions, maybe we can learn a lesson from the very first Thanksgiving celebration. We may know the Pilgrim's version of the story, but how many have heard the story from the perspective of a first nation native named Squanto? More than a decade before the Pilgrims landed in the New World, a group of traders (more like "human traffickers") landed in what is now Plymouth, Massachusetts. Instead of extending a hand in friendship, they forcibly captured some of the trusting Wampanoag natives, transporting them to Spain to be sold into slavery.

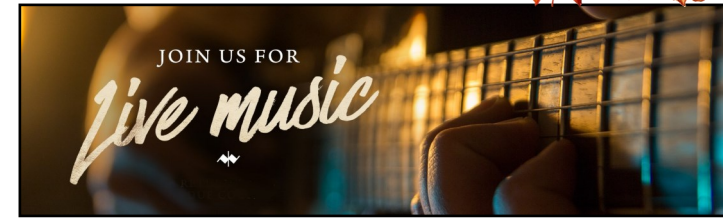
One of the kidnapped natives, a young man named Squanto, was bought by a well-meaning Spanish monk, who treated him well and taught him the Christian faith. Squanto eventually made his way to England and worked in the stable of a man named John Slaney. Slaney sympathized with Squanto's desire to return home, and promised to help him get back to America.

It took 10 years but when Squanto finally voyaged home he discovered that an epidemic had wiped out most of his village. As Squanto questioned God's purpose in bringing him back, a year later his answer came. A shipload of English families arrived and settled on the very land once occupied by Squanto's people. It was Squanto who first went out to meet them and instead of retaliating in anger, he warmly welcomed the startled Pilgrims in English.

According to the diary of Pilgrim Governor, William Bradford, Squanto became a special instrument sent by God for our good... He showed us how to plant our corn, where to take fish and how to procure other commodities... and was also our pilot to bring us to unknown places for our profit, and never left until he died. Who but God could so miraculously weave together the lives of a lonely native and a struggling band of Englishmen, and forever influence the values of our western nations?

When we sit down to enjoy the abundant blessings God has provided for us here in North America, let's first be grateful for the family and friends gathered around our table. And then let us turn to God and thank Him for the miraculous way He has brought us together!

## Coming Soon



### Entertainment October Lineup

- 4 Saturday, **Roy & Patsy** - MPR at 1:30 pm
- 6 Monday, **Dean Smith** - Rose at 1:30 pm
- 15 Wed., **B'Day Tea, Alastair** - Mag & Cam 1:30
- 16 Thursday, **Beauty Shop Dolls** - MPR 5 pm
- 24 Friday, **Elvis** - MPR at 1:30 pm
- 25 Saturday, **Alastair** - Rose at 1:30 pm
- 27 Monday, **Steve Marriot** - Mag at 1:30 pm
- 30 Thursday, **Greg Alcock** - Mag at 10:30

Skowek Elementary School

Tuesday | October 7 | 1:30 pm

The kids will be here to help us out with bingo in Rose, Willow and Magnolia

The **BEAUTY SHOP DOLLS** will take us back to the 50s  
Thurs. | Oct. 16  
MPR | at 5 pm



Hamburgers, fries, coke, coffee or tea & dessert: Homemade Milkshakes: Vanilla, Chocolate, Espresso Chocolate Flake or Black Raspberry Cheesecake! Mm!! **\$25 - Presign-up required**



**MEN'S BREAKFAST CLUB**  
Friday | Oct. 3  
8 am | MPR



**Roy Orbison & Patsy Cline here!**



Saturday, Oct. 4  
1:30 in the MPR

You'd be **CRAZY** to miss the show!



**DOG SHOW**

**DOG SHOW**  
October 8  
at 10 am.  
Let Trish know if your pet wants to join in.

**Elvis is in the building!**  
Friday | Oct. 24 | 1:30 pm | MPR

Please don't step on his blue suede shoes!

