



WELCOME TO 20 QUESTIONS &

## THE MINDFUL MUSICPRENEUR

ANSWER 20 QUESTIONS  
& DISCOVER YOUR  
INNER ICONIC ARTIST  
ARCHETYPE...

Discover Which Icon's Inner  
Glimmers & Shadows Align With  
You...



# THIS IS NOT YOUR GRANDMA'S 20 QUESTIONS

## DIRECTIONS:

1. It's Easy, It's Fun. It's Artsy. It's Multiple Choice & Like A Music Career- You Track Your Progress.
2. Grab Your Phone Notes- Or Go Analog & Grab A Pen & Piece of Paper
3. Take a Minute. Answer Each Question. Flow With It... Take It One Questions At A Time
4. Reflect. Write Down The Answer's Which Most Instantly Resonate With You
5. Don't Ruin The Surprise... No Peeking. No Stressing
6. Find The Inner Female Icon You Share Your Glimmer & Shadow Alchemy With



INNER ICON QUIZ

START

**1. WHEN FACED WITH A NEW CREATIVE CHALLENGE, MY FIRST THOUGHT IS:**

- A. "I want to let my genuine warmth shine—even if it means showing vulnerability."
- B. "I prefer to keep a bit of mystery; I'm cautious about opening up too much."
- C. "I'm excited to break the mold, but I don't want to lose my true self in the process."
- D. "I feel a rush of self-doubt about whether my unconventional ideas are too raw."
- E. "I'm eager to innovate, yet I sometimes hold back for fear of stepping too far out of line."





## QUESTIONS 2 & 3

### 2. YOUR IDEAL CREATIVE SPACE IS BEST DESCRIBED AS:

- A. A cozy, welcoming environment that feels like home.
- B. A mystical retreat that nurtures introspection and soulful exploration.
- C. A dynamic, ever-changing space where reinvention is the norm.
- D. A minimal, raw studio that challenges you to be unapologetically real.
- E. A futuristic lab where bold, avant-garde ideas take shape.

### 3. WHEN YOU RECEIVE FEEDBACK ON YOUR WORK, YOU TEND TO:

- A. Embrace compliments wholeheartedly, yet worry if you're too soft.
- B. Value the insights but sometimes retreat into your own mystic bubble.
- C. Welcome the challenge, though you're haunted by the fear of losing your identity.
- D. Overthink every word, questioning if your true self is being misread.
- E. Analyze it critically, yet fear that too much conformity might stifle your innovation.





#### 4. WHAT'S YOUR MANTRA WHEN YOU'RE FACING INNER TURMOIL ABOUT YOUR CREATIVITY?

- A. "Let me show my true heart, even if it feels risky."
- B. "I'll protect my inner mystery and only share what feels right."
- C. "I'm continuously evolving—finding courage to acknowledge my feelings."
- D. "I must silence that harsh inner critic and be unapologetically me."
- E. "I dare to defy expectations and embrace my revolutionary spirit."

#### 5. HOW DO YOU APPROACH SETTING GOALS FOR YOUR NEXT PROJECT

- A. With genuine warmth and a desire to connect deeply with others.
- B. With a careful balance of intuition and the need for personal space.
- C. With bold ambition, even if part of you fears losing who you are.
- D. With intense self-reflection, battling the urge to be overly critical.
- E. With innovative zeal, despite the pressure to fit into established norms.

QUESTIONS 4 & 5

## 6. IN A BRAINSTORMING SESSION, YOU'RE MOST LIKELY TO:

- A. Share ideas that feel heartfelt and down-to-earth.
- B. Contribute dreamy, soulful concepts that hint at hidden depths.
- C. Propose bold, trend-shifting ideas that challenge the status quo.
- D. Suggest edgy, raw ideas that might push boundaries a bit too far.
- E. Offer visionary, offbeat concepts that push creative boundaries.

## 7. WHEN YOU PERFORM OR PRESENT YOUR WORK, YOUR BIGGEST WORRY IS:

- A. That showing too much of my heart will expose my vulnerabilities.
- B. That my inner mystique might come off as aloof or distant.
- C. That constant reinvention might make me lose the core of who I am.
- D. That my honest, raw expression might be misunderstood or judged harshly.
- E. That daring too far might force me into a box of expected conformity.

QUESTIONS 6 & 7



## QUESTIONS 8 & 9

### 8. WHICH PHRASE BEST DESCRIBES YOUR CREATIVE STYLE?

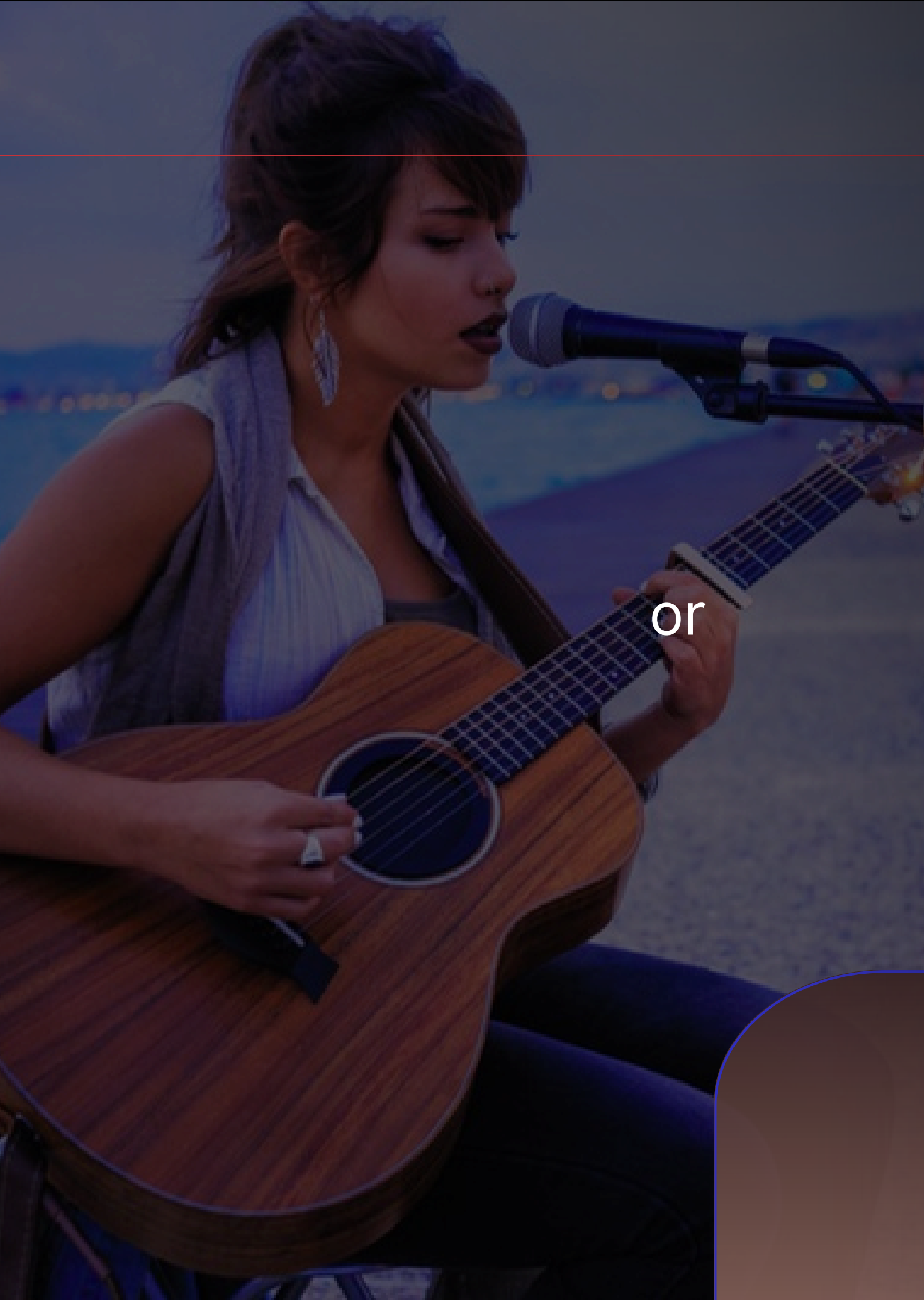
- A. Genuine and heartfelt.
- B. Enigmatic and soulful.
- C. Fearlessly experimental yet searching for authenticity.
- D. Unfiltered and raw.
- E. Boldly innovative and unapologetic.

### 9. IN A MOMENT OF SELF-DOUBT, YOU FIND YOURSELF THINKING:

- A. "What if my vulnerability is seen as a weakness?"
- B. "Maybe I should keep my true feelings hidden a bit longer."
- C. "Am I losing myself in the pursuit of being edgy and different?"
- D. "Is my uniqueness too intense for others to handle?"
- E. "Will daring to be so different force me to conform in unexpected ways?"







**10. YOUR CREATIVE BREAKTHROUGH USUALLY HAPPENS WHEN YOU:**

- A. Open up and let your sincere self-guide you.
- B. Embrace your inner mystic and tap into deep introspection.
- C. Take risks and reinvent your approach, despite uncertainties.
- D. Face your inner critic head-on and let raw emotion flow.
- E. Challenge societal expectations and experiment with bold ideas.

or

**11. HOW DO YOU RECHARGE YOUR CREATIVE ENERGY?**

- A. Spending time in a comforting, familiar space.
- B. Escaping into nature or a reflective retreat.
- C. Embracing spontaneous adventures and unexpected experiences.
- D. Diving deep into introspection, even if it's emotionally challenging.
- E. Exploring unconventional art or futuristic concepts that break the norm.

YOU'RE OVER HALF-WAY THERE.... STAY CURIOUS

**QUESTIONS 10 & 11**







## QUESTIONS 12 & 13

ONLY 7 MORE TO GO...

### 12. WHAT DRIVES YOU TO CREATE?

- A. A desire to share genuine warmth and connect on a human level.
- B. The need to explore and express my inner, mystical world.
- C. The thrill of constantly reinventing myself and pushing limits.
- D. The urge to express raw, unfiltered truths—even if they're hard to hear.
- E. A passion for innovation and defying traditional boundaries.

### 13. WHEN YOU'RE PLANNING A PROJECT, YOU'RE MOST EXCITED ABOUT:

- A. Infusing it with heartfelt authenticity and realness.
- B. Creating an atmosphere of mystery and soulful storytelling.
- C. The opportunity to redefine yourself and break new ground.
- D. Unleashing a torrent of raw, honest emotion.
- E. Pioneering unique ideas that challenge the ordinary.





## QUESTIONS 14 & 15

14. DURING A CREATIVE SLUMP, YOU FIND THAT YOUR BIGGEST OBSTACLE IS:

- A. Worrying that my openness might leave me too exposed.
- B. Retreating too far into my own thoughts and missing out on connection.
- C. The fear that my constant changes will blur who I truly am.
- D. The overwhelming self-doubt that holds back my true expression.
- E. Feeling pressured to stick to norms instead of exploring boldly.

15. WHEN COLLABORATING WITH OTHERS, YOU'RE MOST MINDFUL OF:

- A. Maintaining a space where I can share my authentic, caring ideas.
- B. Keeping the balance between sharing and preserving my inner mystery.
- C. Ensuring that my evolving identity isn't compromised.
- D. Protecting my raw vision from being diluted or misinterpreted.
- E. Staying true to my innovative spirit without succumbing to groupthink.





## QUESTIONS 16 & 17

### 16. HOW DO YOU HANDLE SETBACKS IN YOUR CREATIVE PROCESS?

- A. By reminding myself that vulnerability is a strength.
- B. By retreating briefly to nurture my inner mystique before bouncing back.
- C. By reasserting my individuality, even when the pressure to conform is strong.
- D. By confronting my self-doubt and channeling it into honest expression.
- E. By daring to break the mold further, even if it feels risky.

### 17. WHAT'S THE KEY INGREDIENT IN YOUR ARTISTIC EXPRESSION?

- A. Genuine warmth and heartfelt authenticity.
- B. A mystical blend of introspection and soulful allure.
- C. The courage to reinvent and express a dynamic self.
- D. Uncompromised raw emotion and truth.
- E. An innovative spirit that challenges the conventional.





## QUESTIONS 18 & 19

### 18. WHEN YOU'RE IN THE ZONE, YOU FEEL:

- A. Comfortably open and connected to others.
- B. Deeply in tune with your inner world, even if it's a bit private.
- C. Excited by the possibility of a bold, new persona emerging.
- D. Intensely honest with yourself, unafraid of raw expression.
- E. Liberated to explore uncharted creative territory.

### 19. WHEN YOU RECEIVE FEEDBACK ON YOUR WORK, YOU TEND TO:

- A. Embrace compliments wholeheartedly, yet worry if you're too soft.
- B. Value the insights but sometimes retreat into your own mystic bubble.
- C. Welcome the challenge, though you're haunted by the fear of losing your identity.
- D. Overthink every word, questioning if your true self is being misread.
- E. Analyze it critically, yet fear that too much conformity might stifle your innovation.



## 20. WHAT'S THE ONE INNER BELIEF YOU'RE DETERMINED TO TRANSFORM?

- A. "I'm too vulnerable to be fully seen."
- B. "I must keep my true self hidden to protect myself."
- C. "Changing constantly could lead to feeling I'll never be enough."
- D. "My raw ideas are too risky for others to accept."
- E. "I must fit in to be understood, even if it dims my creativity."

## NOW WHAT?

### SCORING THE QUIZ

1. TALLY UP YOUR ANSWERS: COUNT HOW MANY TIMES YOU CHOSE A, B, C, D & E.
2. IDENTIFY YOUR DOMINANT LETTER: THE LETTER YOU SELECTED MOST INDICATES WHICH ICONIC ENERGY YOU CURRENTLY EMBODY AND REVEALS THE SHADOW YOU'RE READY TO OVERCOME.



QUESTION 20

ICON REVEAL



or

# YOUR INNER ICON REVEAL:

## MOSTLY A: DOLLY PARTON

**Iconic Energy:** Warm, down-to-earth authenticity with a heart of gold.

**Current Shadow to Overcome:** The fear of revealing your tender, vulnerable side—holding you back from forming truly deep connections.

## MOSTLY B: STEVIE NICKS

**Iconic Energy:** Mystical, soulful, and enchantingly introspective.

**Current Shadow to Overcome:** The tendency toward emotional isolation—keeping you from opening up to creative and personal risk.

## MOSTLY C: MYLEY CIRUS

**Iconic Energy:** Bold, ever-evolving, and refreshingly rebellious.

**Current Shadow to Overcome:** The fear of losing yourself amid constant reinvention—preventing full self-acceptance and stability.

## MOSTLY D: BILLIE ELISH

**Iconic Energy:** Raw, introspective, and daringly unconventional.

**Current Shadow to Overcome:** The self-critical voice that whispers you're "too much"—stifling your ability to express your true creative self.

## MOSTLY E: JANELLE MONAE

**Iconic Energy:** Visionary, boundary-breaking, and unapologetically innovative.

**Current Shadow to Overcome:** The pressure to conform and the fear of stepping too far outside the norm—limiting your full creative brilliance.

Remember, each shadow is simply an invitation to grow and evolve on your creative journey.

Embrace your result as a steppingstone toward even greater artistic freedom.

Hope you enjoyed the Mindful Version of 20 Questions- and here's to breaking through your barriers & shining.



IF YOU FOUND VALUE IN  
THIS , IF THIS HAS STOKED  
YOUR CURIOSITY . . .

## YOU'VE JUST SCRATCHED THE SURFACE . . .

The Glimmers & Shadows revealed here are just the beginning.

**Some are your teachers. Some are your protectors in disguise. . . And some?**

They're still hiding behind your greatest strengths, quietly shaping your path.

**To rise in the music industry- with clarity, confidence, power & integrity- you'll need more than talent.**

You need self-awareness sharp enough to alchemize sabotage into sovereignty.

**Knowing how to recognize the dominant shadows of your own inner icon are subconsciously dulling your shine is not only career freeing.. it's personally freeing.**

Your artistry is sacred. Your alchemy is your rudder guiding you through an industry that offers both immeasurable potential & challenges.

**Mindfulness & inner clarity help you to gain the trust in yourself, your intuition, your creativity, navigate through the challenging waters by finding & turn off your own inner gaslighter to avoid industry gaslighters & chart a path to reach your full potential.**

And if you're ready to go deeper.... Join Us At

# THE MINDFUL MUSICPRENEUR

Your Spotlight Is Waiting



I'M BEYOND  
READY