

January Birthdays

Joyce J.	Jan. 01	Reginald C.	Jan. 11
Lucy C.	Jan. 02	Lynda P.	Jan. 12
Roxanne M.	Jan. 02	Sit Ying T.	Jan. 16
Sylvia W.	Jan. 02	Victoria G.	Jan. 21
Jean H.	Jan. 05	Doreen M.	Jan. 22
Megan B.	Jan. 08	Gerry A.	Jan. 24
Teresa B.	Jan. 09	Mary B.	Jan. 25
Janet T.	Jan. 10	Art H.	Jan. 30
Norma E.	Jan. 11	Andre N.	Jan. 31

Birthday Tea

Thursday @ 2 pm
Jan 25 in the MPR
Music with Alastair
For all Houses



RESPECT

Find out what it means to us

Be the first to improve the look of our home (e.g. picking up litter, straightening pictures, wiping up small spills, etc.)

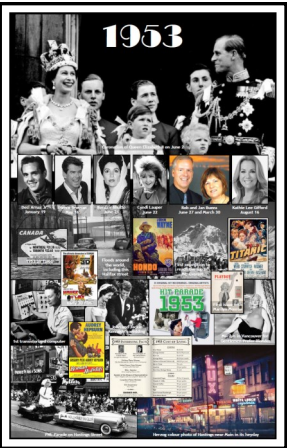
Birth Year Posters

We hope the residents who moved in last year enjoyed opening their Christmas present and reminiscing about the events of their birth year. We will replace the resident’s photo if a family member wants to email a better one in jpeg form to Rob.Buzza@buchanan-lodge.com.

Available for Orders

We now have birth year poster templates from 1908 -1965 so if you would like to have an individualized one for yourself, friends or family members, they can now be ordered through the Chaplains. The cost is \$20, including the 11X17 frame, and the proceeds will be used to enhance the Spiritual Health Programs for the residents.

It’s the perfect birthday gift idea!



A NEW BEGINNING

Helen Steiner Rice

How often we wish for another chance
to have a fresh beginning.
A chance to blot out our mistakes
and change failure into winning.
It does not take a new year
to make a brand new start.
It only takes the deep desire
to try with all your heart.
To live a little better
and always be forgiving, to add a little sunshine
to the world in which we are living.
So, never give up in despair
and think that you are through,
For there’s always a tomorrow
and a chance to start anew.

Blessings to You in the New Year
May peace fill your world,
May love fill your home
With contentment and happiness, too—
In wonderful ways
May this year of new days
Be filled with sweet blessings for you.
Happy New Year

BUCHANAN LODGE



Buchanan Buzz

NEWS FROM 409 BLAIR AVE.

JANUARY 2024

Precious Memories

Buchanan’s Chaplains sparkle after the Candlelight Service

Magnolia won for most colourful Christmas decorating

Willow became a Winter Wonderland

O Christmas Tree - really?

Chaplain Ed is really jolly St. Nick

Mila shows Chaplain Rob her gift

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Thought for January

All Season Christmas

We often wonder why the Christmas spirit doesn't seem to last past Boxing Day! Maybe the songs we sing and the movies we watch before Christmas should carry over. The message of "peace on earth and good will toward men" must not be confined to one season of the year! Like our tires, where the rubber meets the road, these values should be "all season," good for every day of every year!

One of my all-time favourite Christmas movies is Dickens' Christmas Carol, especially the Alastair Sim version. There are so many poignant moments, but one scene for me stands out above the rest. Scrooge is being transported ahead in time by the hooded ghost of his future when he overhears his maid, Mrs. Dilber. She is speaking disparagingly about a man who has just passed away, alone, as she turns in some of his things to a local pawnbroker. After asking who this man was, Scrooge is taken to a foreboding cemetery. When he sees in the eerie shadows his own name on a headstone, Scrooge asks the spirit: "are these the shadows of the things that Will be, or are they shadows of things that May be, only?"

Fortunately, Scrooge was given a second chance - an opportunity to rewrite his epitaph. While it makes for a great story, and a classic Christmas movie moment, the truth is we only get one chance to live our lives on this earth. Hebrews 9:27 says: *It is in the plan that all men die once. After that, they will stand before God and be judged.* It is a good idea to start each new year by writing our own epitaph ahead of time and then focusing on living every day the way we want to be remembered.

Scrooge realized he was wasting his life by taking and not giving back, thinking that the accumulation of wealth would bring him happiness. Happiness will always elude the one who selfishly pursues it. Real happiness is a by-product of loving others. Jesus said that if we learn to love others as He loves us, our joy will be full (John 15:9-12)! Throughout the year ahead, we might want to learn from Scrooge. Let's exchange our "bah humbug" attitudes for joy, peace, love and good will toward others.

While it makes for a great story, and a classic Christmas movie moment, the truth is we only get one chance to live our lives on this earth.



We may even want to repeat the words Scrooge uttered to the ghost of his future:

Assure me that I yet may change these shadows you have shown me, by an altered life! I will honour Christmas in my heart, and try to keep it all the year!

~ Chaplain Rob Buzzza

Heartfelt Thanks to

Delview Leos Club & Centennial Writers Society

We want to take a moment to express our deepest gratitude to each and every one of you for your heart-warming initiative in writing Christmas cards to seniors living in Buchanan Lodge.

Your thoughtfulness and compassion have undoubtedly brightened the holiday season for these seniors, many of whom may be feeling isolated or lonely during this time of year. Your beautifully crafted messages, filled with warmth and festive spirit, have brought immeasurable joy and comfort to their hearts.

It is truly heartening to see young people like yourselves reaching out and making a positive impact in the lives of others. Your act of kindness has not only uplifted the spirits of the seniors but has also demonstrated the power of empathy and generosity within our community.

Your gesture embodies the true essence of the holiday season - spreading love, joy, and goodwill to those in need. Your willingness to share your creativity and extend a hand of friendship to the seniors is a testament to your remarkable character and the values you hold dear.

On behalf of the seniors, their families, and our entire community, I want to convey our sincerest appreciation for your invaluable contribution. Your Christmas cards have undoubtedly brought smiles and warmth to the faces of the seniors, reminding them that they are cherished and remembered during this special time of year.

Thank you for your compassion, your empathy, and your unwavering commitment to making a difference in the lives of others. Your actions have left an indelible mark of kindness, and we are deeply grateful for your selfless dedication to spreading holiday cheer.



Delview
Leos Club

Centennial
Writers
Society



Coming Soon



**We are welcoming 2024
on Thursday Jan. 4
@ 2 pm
Sparkling Toasts, Trivia,
Treats and special music
with Bruce!**

HOUSE MUSIC FOR JANUARY

Jan 04, Thurs. 2 pm - New Year's with Bruce, MPR
Jan 06, Sat. 1:30 pm - Music with Dave, Camelia
Jan 13, Sat. 1:30 pm - Music with Alastair, RG & WC
Jan 25, Thurs. 2 pm - Birthday Tea with Alastair, MPR
Jan 27, Sat. 1:30 pm - Music with Dave, Camelia
Jan 27, Sat. 1:30 pm - Music with Alastair, Willow
Jan 30, Tues. 1:45 pm - Music with Alastair, Magnolia

MOVIE DAY

**Thursday, January 18
at 2 pm in the MPR
For all Houses**

