



IGNITE
YOUR **VERVE**

SOCIAL MEDIA

PROFILE MAKEOVERS

BEFORE AND AFTER IMAGES OF
PROFILE MAKEOVERS I'VE
COMPLETED ON INSTAGRAM TO
SHOW HOW TO INFUSE BRANDING

evelyn@igniteyourverve.com

AFTER



EMBRACE CHANGE



NELSON MANDELA

There is no passion to be found in settling for a life that is less than the one you are capable of living.



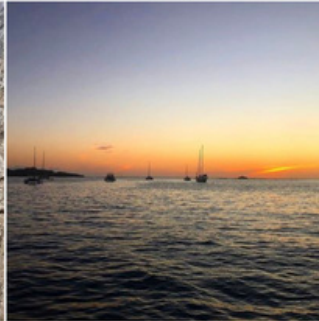
ZIG ZIGLAR

Outstanding people have one thing in common: An absolute sense of mission.

BEFORE



BUILD YOUR STORY



GARY VAYNERCHUK

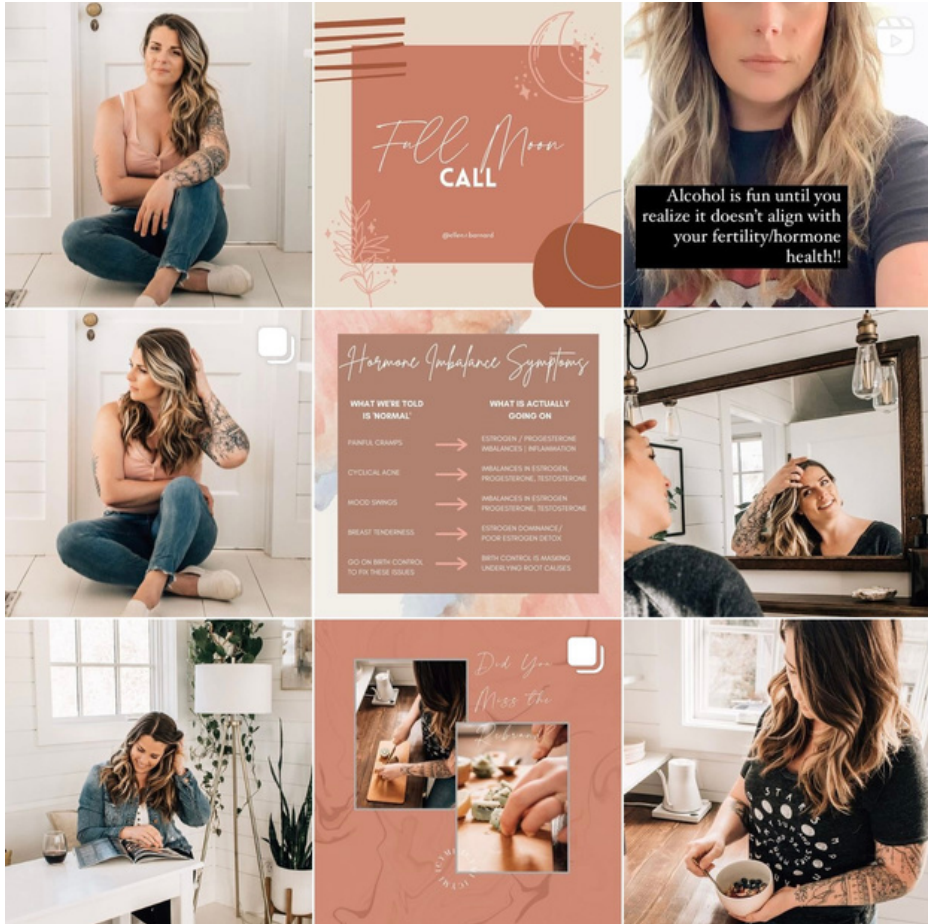
The best marketing strategy ever: CARE.



AMY PASCAL

Brands should think of themselves not as storytellers but storybuilders. We plant seeds of content and let our community build on it.

AFTER



BEFORE



AFTER

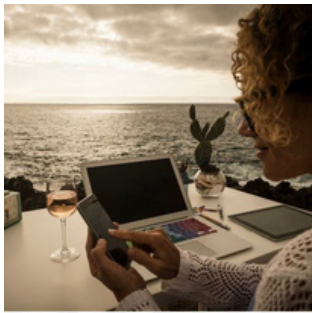


BEFORE



AFTER

BEFORE



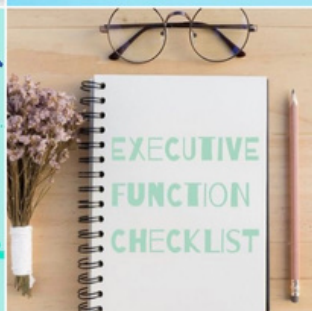
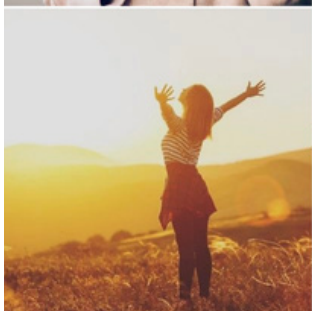
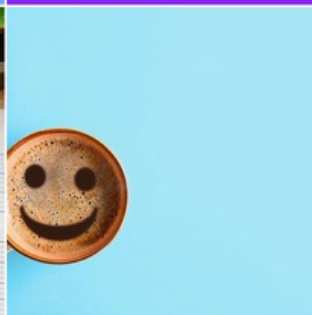
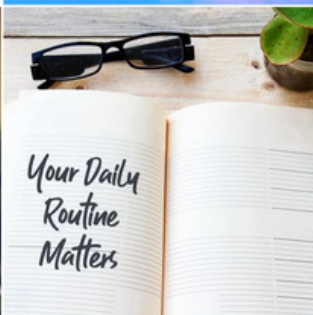
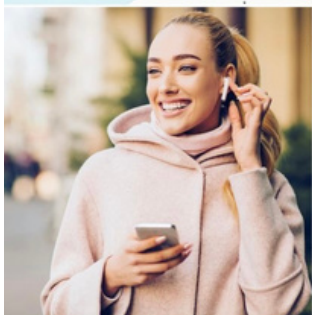
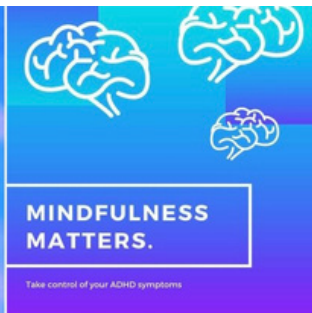
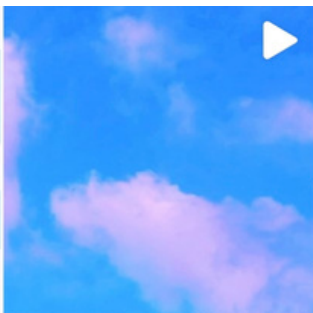
THE TIME
to begin
IS NOW



A MOMENT
to shift your
PERSPECTIVE



THE LIFE
is possible
YOU WANT



A F T E R
B E F O R E



“
EVEN THE SMALLEST
shift in perspective
CAN BRING ABOUT
the greatest healing.

- JOSHUA KAI



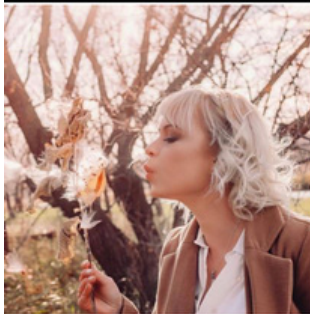
“
HONOR YOUR DESIRE FOR
A NEW LIFE. **Say yes** TO
THE SMALL INKLINGS OF
INTEREST AND CURIOSITY
that present
themselves each day.

- LYN ROBINSON



“
AS LONG AS WE REMAIN VIGILANT AT
BUILDING OUR INTERNAL
ABUNDANCE—AN **abundance of**
integrity, AN abundance of
forgiveness, AN abundance of
service, AN abundance of
love—THEN EXTERNAL LACK IS BOUND
TO BE TEMPORARY.

- MARIANNE WILLIAMS



“
IF YOU BEGIN TO
understand what you are
WITHOUT TRYING TO
CHANGE IT, THEN WHAT YOU
ARE **undergoes a**
transformation.

- JUDU KISHINABREI

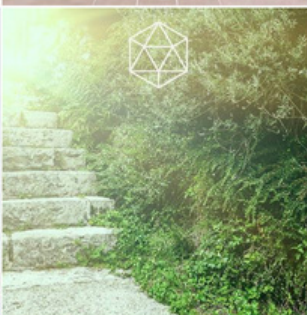


SOUL RETRIEVAL
48 Hour
FLASH SALE!!



I'm not here to
teach you to follow
in my foot steps.
I'm here to show
you how make
your own.

@mysticrebelarts



My
pendulum
determined...
that
was a LIE.

Mystic Rebel Arts

Sage
Advice

Mystic Rebel Arts



It has come to our attention that some of the pre-
release marketing for Mystic Rebel Arts Magazine was
not credited properly.

These posts have been deleted, and we want to
apologize to all of our contributors for this oversight.

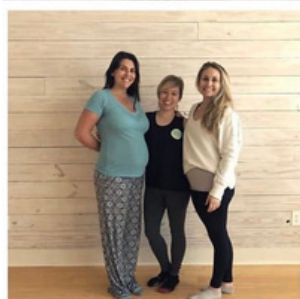
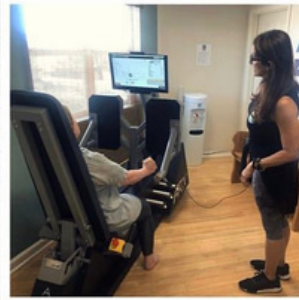
Our intention for this magazine is to collaborate with
likeminded individuals, and this omission was
completely unintentional.

Thank you all for your support, and we're so excited to
watch this magazine change lives.

Blessed be,
Lola

A F T E R

B E F O R E



CEC'S
 The Standard in Classical Pilates Education

Good teachers never stop learning! Earn your credits at an upcoming Continuing Education Conference or take workshops online at Leaders in Fitness with top Power Pilates Teacher Trainers. You can also audit any program you have already passed for CEC's and immerse yourself in the material from a new perspective.

Not yet Power Pilates certified? What are you waiting for? Join Core Mat 1 TODAY!

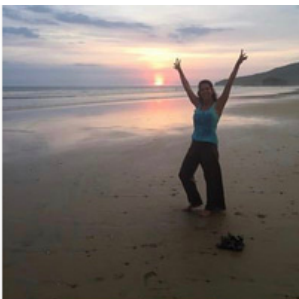
CORE MAT 1
 June 26-27 in Orlando

Learn to teach the 18 beginner level mat exercises and be introduced to Power Pilates teaching tools, philosophy and business formula.

14.4 ACE CEC's

Already Core Mat 1 trained? Audit for \$275 and earn 8 Power Pilates CEC's!

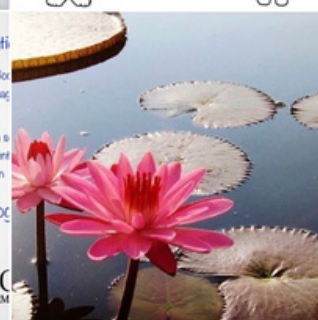
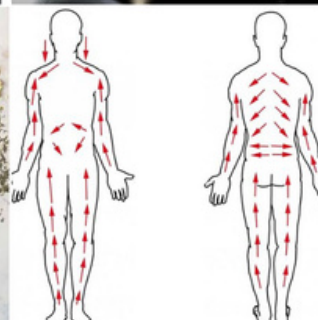
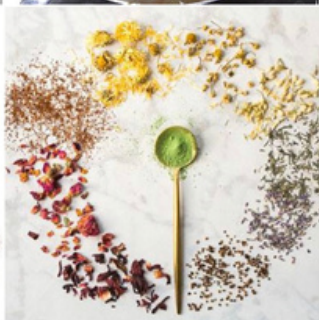
SIGN UP TODAY!



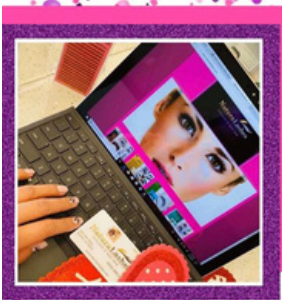
Physical fitness can neither be achieved by wishful thinking nor outright purchase.. "Joseph Pilates"



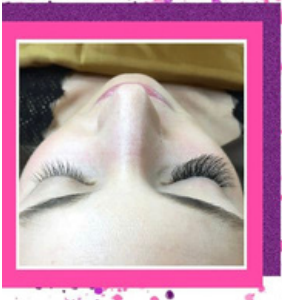
AFTER



A F T E R
B E F O R E



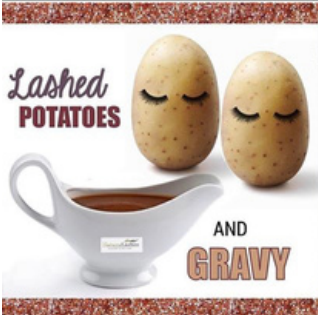
Lashes
SPEAK
LOUDER THAN
WORDS



WHEN LIFE
GIVES YOU
LEMONS SELL
THEM FOR
Lashes



SCHEDULE
your
LASH
appointments
NOW!!



M N D A Y



Perfect lashes

Easy morning

Lash Models Needed

Text 504-990-7797

Date: December 4th
Cost: \$40
Time: 12 & 2pm