

CLEANING WITH ESSENTIAL OILS



ALL-PURPOSE CLEANSING SPRAY

Ingredients

1 cup warm water
1 cup white vinegar
20–25 drops essential oil



Instructions

Add vinegar, water, and essential oil(s) to spray bottle and shake. Use on counters, wood, glass, stainless steel, porcelain and wipe clean with a microfiber cloth or paper towel.

GLASS CLEANER

Ingredients

16-ounce spray bottle
1 ½ cup white vinegar ½ cup
distilled water
8 drops citrus oil of choice



Instructions

Add vinegar, water, and essential oil(s) to spray bottle and shake. Spray the mixture on glass surfaces and wipe clean.

ESSENTIAL CARPET REFRESHER

Ingredients

2 cups baking soda
10 drops essential oils
(recommended: Lavender,
Lemon, Cypress, or Eucalyptus)



Instructions

Add essential oil to baking soda and stir until well combined. Sprinkle mixture over carpet. Let rest one to two hours. Vacuum.

DISH SOAP

Ingredients

2 cups unscented castile soap
20 drops Lime oil
8 drops Lemon oil
6 drops Grapefruit or Wild
Orange oil



Instructions

Fill a large, clean bottle with castile soap (Note: Dilute according to instructions if using a concentrate)
Add essential oils, shake & add 1-2 tablespoons to dish water

FURNISHINGS & LINEN SPRAY

Ingredients

2 cups of distilled water
2 tablespoons of rubbing alcohol
15 drops of Lavender



Instructions

Combine in a spray bottle. Shake well and mist over furniture, bedding, or in the linen closet for a refreshing scent.

LEMON OIL FOR STICKY MESSSES

Instructions

- Put a few drops of Lemon on a rag to help remove sticky residue off surfaces.
- Wash hands with Lemon essential oil to remove grease after changing the oil in the car.
- When you can't get tree sap or other sticky residue off of your hands, place a drop of Lemon oil in the palms and wash using warm water.