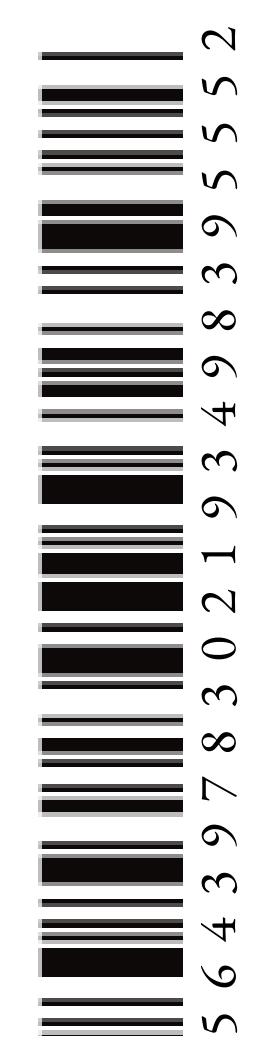




the art of UNBECOMING

2025

*Unbecome who you
are so you can step
into the version of
yourself you truly
desire to be.*



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Your soul came here with a purpose,
passion, ancient wisdom to share.

Wisdom that you've accumulated over
the many lifetimes you have lived.

Unbecome who you are so you can step
into the version of yourself you truly
desire to be.

*Listen to the whispers of your soul.
Come home to your truest self.*

Condensed Co

What do I think of when I think of "unbecoming"?

What do I think is unbecoming of myself?

What programming do I recognize that I no longer want to follow?

What does personal power mean to me?

How does personal power feel? How do I want to feel powerful?

In what ways am I not currently standing in my personal power?

In what ways am I currently standing in my personal power?

How can I take more steps in my personal power, no matter how small?

What do I desire in this lifetime? What power do my desires hold?

What boundaries do I get to set to further stand in my personal power?

How can I show myself & others compassion throughout this process?

You are a powerful being. Create your own power mantra!