

Slay THE ESSAY

Use this brainstorm sheet to activate your thinking because the best thing you can do is start off with a lot of ideas before narrowing them down. Your college essay bestie, Lisa

This week/month, what did you do well? What do you want to do differently moving forward?	
What is something people often say to you? Ask you? Talk to you about?	
What is something that people think about you that isn't true?	
List 5 things you're good at/you're proud of/you like about yourself.	
What's the best gift you've ever been given & why?	
Write about a specific memories with special	

people in your life.	
What are foods you love? Foods you detest?	
What gives you energy? What depletes your energy?	
Fast forward to 1 year in the future. What advice would your future self give you? What gift would your future self give you?	

Top 3 Tips



Here's what to pay attention to at the beginning, the middle & the end of writing your essay:

- Know exactly what is expected of you – word count, all parts of the question, spacing
- Double check the prompt at the half way point to make sure you're on the right track
- Read your essay aloud for fluency & have someone else read it for grammar & usage