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Doodle Your Dream Job – A different kind of career-help book

Available in Paperback

Nashville, TN— April 21, 2022 — COVID-19 has revealed opportunities and needed workforce changes for every level of professional. Although this abrupt transition has elevated job uncertainty for many workers, it has also created opportunities for them to make a positive career change, helping them achieve the much-needed happiness they have long deserved.

Sara Hutchison, an experienced career coach and CEO of Get Your Best Resume, has helped professionals from all levels and industries land their dream jobs. For more than a decade, she has provided her clients with the tools necessary to achieve their career goals, leading to more fulfilling lives.

There is already a considerable amount of career development books in traditional formats. What makes *Doodle Your Dream Job* unique is its immersive, interactive coloring experience packed full of mini-lessons that improve retention of Sara's career counseling frameworks. Hutchison's most-

asked career advice is presented in a fun and engaging manner, making the content incredibly easy to understand, retain, and use.

Some of the critical themes center around:

- Identifying barriers and mitigating them
- Defining your core values and how they align with your work
- Finding free and low-cost resources to begin a job hunt today
- Practicing gratitude and being of service to others
- Finding the ideal workplace that meets your preferences and skills
- Doodling about your personality, goals, and your best traits

Readers of the book are encouraged to build and maintain a community around their career journeys through the hashtag **#doodleyourdreamjob**. Posting their progress online grants others unique and specific insight into navigating this contemporary marketplace. The hashtag also creates a space for readers to ask questions and relate experiences to the book's information.

In *Doodle your Dream Job*, Sara Hutchison guides her readers through the overwhelming feelings and barriers job seekers often encounter, helping them identify root causes keeping them from effectively making positive career changes. For example, Hutchison offers alternatives to the "Positive Feedback Loop of Negativity," a phrase she coined to describe the source of debilitating feelings of low self-worth created within job seekers by receiving serial rejection letters.

This one-of-a-kind book is a must-have for recent graduates, workforce returnees, career changers, and anyone feeling apprehensive about getting into a new career. Through her unique perspective, Sara has created a helpful guide full of enjoyable exercises to help usher readers through the unfamiliar territory of the modern job market.

Doodle Your Dream Job

By Sara Hutchison

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About the author

Since receiving her Master's in Career Counseling, Sara Hutchison has worked with more than 1200 clients. Her career advice has been quoted by Forbes, Fast Company, The Muse, Yahoo News, CIO Magazine, and Authority Magazine. Hutchison specializes in helping parents return to the workforce after taking a career pause and mid-career professionals seeking to break into the IT field. She is the CEO of **Get Your Best Resume**, a professional career branding and resume writing business. Contact her at getyourbestresume.com/contact-sara.

Early Praise for *Doodle Your Dream Job*

A job search should be so much more than sending out applications, and I believe that Sara has found a fun and unique way to spread this message. Her methods focus not just on resumes, cover letters, etc. but on the spiritual side of taking a deeper look into ourselves and what makes us tick as individuals. Attitude is one thing that we all have complete control over, and by taking a good look inside our hearts and minds, we can learn to be grateful and not bogged down by the daily grind. Our outlook and attitude have everything to do with conducting ourselves, and a job search is no different. Socrates said; A life without self-examination is not worth living. Doodle Your Dream Job will help you take a look inside yourself and make the sometimes arduous task of managing your career a heck of a lot easier to digest.

- Rob Coble - Career Coach

This book is precisely what every career seeker needs in finding their dream job. Sara has addressed every pain point, trigger, concern, and fear

out there relating to career development. She has organized it to be user-friendly, fun, and helpful. It breaks everything down into bite-size chunks that the reader can do at their own pace and level.

- Lori Williams, Certified Career Coach & Professional Resume Writer