

A romantic couple is shown from the waist down, holding hands on a sandy beach. The woman on the left is wearing a mustard-colored dress with a white floral pattern. The man on the right is wearing a blue short-sleeved shirt with a white floral pattern and khaki pants. The background is a soft-focus view of the ocean and a bright, low sun creating a warm, golden glow. A semi-transparent white rectangular box is centered over the couple's hands, containing the title text.

# TIPS TO PLANNING THE PERFECT SESSION



Lets make some  
memories you can hold  
onto forever

If you've found your way to this guide, you're probably looking to book a session, or you already have, and you want to be prepared.


AND THATS FREAKING AWESOME

Although this guide may be more towards a couples session, the tips can be used for any session!

Go ahead and keep reading for some great tips to get yourself ready!





A photograph of a young couple lying on their backs in a field of tall green grass. The woman, on the left, has dark curly hair and is wearing a white long-sleeved shirt with a tie-front detail. She is looking up towards the sky. The man, on the right, has a beard and curly hair, and is wearing a light-colored shirt. He is also looking up with his eyes closed. The background is a soft-focus field of grass.

# Make sure you've found the right photographer

This is one of the most important parts of the process. There are SO many photographers out there, but not all will be the best match for you, and that's okay.

Here are some things you should ask yourself when deciding:

Do you love their work?

Do you see yourself in their work?

Can you connect and vibe with this person?

Are you willing to invest in this person?

These are some of the main questions to ask yourself, because this is an investment, and you want to make sure you are going to be happy with the whole experience!





# Lets think of this as a date with a third-wheel holding a camera

no big deal.

When planning your own date night, you might go  
through a series of thoughts right?

Where are we going to go?

What are we going to wear?

What are we going to do?

When planning a session, it's basically the same idea.

everything kind of, just goes together, ya know?

The outfit, the location, and vibes.

So let's look into these with some more detail.





## Location

Location is important, its got a huge impact on the whole vibe and feel. Once you pick a location, you can start minimizing your outfit options. Before you even book something you might already have an idea of exactly where you want to go. Maybe it's somewhere special that holds significance to you and your loved one. If that's not the case though, thats cool, talk to your photographer. Most of the time they have tons of options they can send you depending on what you'd like.

## Outfits

MY FAV PART! Getting outfits ready can be super overwhelming, but it doesn't have to be! I always advise my clients to be themselves. Whatever you choose, make sure its something that makes you feel comfortable and confident. Usually during my sessions there's a lot of moving around, and you want to make sure you aren't going to be wearing something that you are constantly having to fix, or that you may feel uncomfortable in. Also, have options. Dressy and cute and maybe comfy and chic. That way, you get the best of both worlds.

## Adding some color/patterns

Don't be afraid of patterns and colors. Just be aware of the colors and patterns that compliment each other. I always advise to coordinate, never try to match. It looks much more natural. Neutrals always seem to work best in just about any setting, you can never go wrong with neutrals, but adding a complimentary pattern or texture to a neutral outfit can really make your outfits pop. Ask your photographer if they have a styling guide, this can really help you figure out what patterns and colors go well together.





# Other things that are kind of important.

## Getting ready the day of

For my ladies, if you want to get all glammed up for your session, DO IT. If you don't, THAT'S FINE. Don't let whatever everyone else is doing dictate what you want to do. Be you, glow how ever you feel most confident!

## Bringing anything with you

Before your session, make sure to have an idea of how you want things to go and if you need to bring anything to make that vision come to life.

Example: Blankets, drinks, food, cars, pets.

Just make sure your photographer knows in advance!

## Shoes

Okay, so this one isn't talked about often, but it should be. BRING EXTRA SHOES. I can't tell you how many times I have clients bring shoes just for their session that are not comfortable. Again, theres lots of movement, whether thats walking to and from the location, or during the session. You're going to want to make sure you have some some comfy shoes with you.

## Communication

THIS ONE is so very important. Communicate with everyone involved in your session. Not just your photographer, but your partner and/or family. Make sure they are also in the loop and are aware of all the details. They might even have some input to consider!



So now that you have all these tips, the main thing to remember is to have lots of communication with your photographer. Let them know your expectations and your vision. The more they know, the better they can serve you!

And most importantly, have fun, don't stress too much. Take the day to relax if you can. Give yourself enough time to get ready so you don't have to rush and when you get to your session, you're ready to have a good time!

*I hope these tips are helpful!*

XOXO  
*Laura Camila*

