

Nat Theo Club

FIELD NOTES

ISSUE 01



Mountain Goat | UNGULATE

HABITAT:

Rugged mountain ranges in Northwest America.

DIET:

Herbivore (plant eater). Leafy and pine trees. Moss. Lichen. Grasses. Ferns. Shrubs.

FUN FACTS:

One of the least studied large mammals in North America.

Excellent jumpers. Can leap across 12 feet.

Have fantastic beards!

Shed and regrow wool each year.



HAVE YOU EVER WANTED AN ANIMAL FOR YOUR BIRTHDAY?

When I was thirteen, I received a tortoise for my birthday! He was a great tortoise, and I had him for many years. What if you could see an animal for your birthday? Last year, my son chose to go to the zoo for his birthday, and we enjoyed seeing many creatures!

One year, my husband wanted to see a mountain goat on his birthday. Fortunately, we know where they can sometimes be found. We drove a few hours up into the mountains, and you know what? We found a mountain goat! At first, I thought he was sick. His fluffy white wool was all tangled and falling off. The mountain goats we had seen before had clean, sleek, white coats of hair and wool. However, the one we had found was not exactly...pretty. As I learned more about mountain goats and how they shed and regrow their coats, I realized that this process is necessary. They have to put off what is old to put on what is new. I like to think that the goat, old enough to have gone through this process before, knew he would soon grow a new, beautiful coat. It was only a matter of time.

2 Corinthians 5:17 says: “If anyone belongs to Christ, there is a new creation. The old things have gone; everything is made new!”

When we believe in and follow Jesus, we are made new! He gives us new thoughts, desires, and a new identity as God’s beloved and forgiven child.

What is one of God’s creatures you would most like to see?

Eryn Lynam
Master Naturalist, Bible Teacher,
Host of the Nat Theo Podcast
erynlynum.com

February 12, 2024

