

# Sleep tight kids

**SUN FEB 25<sup>TH</sup>**

**11AM-2PM**

**SIP, STRETCH,  
SLEEP TIGHT**



## **SIP, STRETCH, SLEEP TIGHT**

Join us at Four Points Asheville on Sunday February 25<sup>th</sup> 11am-2pm for a relaxing yoga session and cold local brews. 100% profits will go to Sleep Tight Kids, serving the neglected and abused youth of Western North Carolina. \$20 ticket includes an hour of yoga session and a pint of beer. Sip, Stretch and Sleep Tight knowing you bettered yourself and the community. Four Points Asheville is at 22 Woodfin St. Asheville NC 28801, next to the Downtown YMCA. See you there!

**Featuring:**

**An Hour of Yoga  
with teacher**

**Mary Kinsey Hyché**

\*\*\*

**Beer and Swag  
from Upcountry  
Brewing**

\*\*\*

**A Variety of Other  
Local Brews in  
Chop House  
Restaurant**

\*\*\*\*

**100% profits go to**

Sleep tight kids

**FOUR  
POINTS**  
BY SHERATON  
Asheville Downtown