October Birthdays

Oct. 5 Jim B. Ruth E. Oct. 10 Oct. 10 Mary S. Helga H. Oct. 11 Oct. 11 Josef E. Oct. 14 Patricia G. Oct. 16 Ken Z. Robert B. Oct. 17

Birthday Tea Tuesday October 24 in MPR at 1:45 pm Camelia & Magnolia with Bruce Coughlan



Develop relationships with family members and remember details about their lives for further conversations.

SPIRITUAL HEALTH

FALL 2023

Mondays

SPIRITUAL REFLECTIONS Rose at 10 am | Willow at 11 am

Tuesdays

SPIRITUAL REFLECTIONS Camelia at 10 am | Magnolia at 11 am

Wednesdays

MASS - 1st Wednesday at 11 am COMMUNION - 3rd Wednesday at 11 am

Thursdays

CHAPELS

Rose at 10 am | Willow at 11 am

Sundays

Camelia at 10 am | Magnolia at 11 am



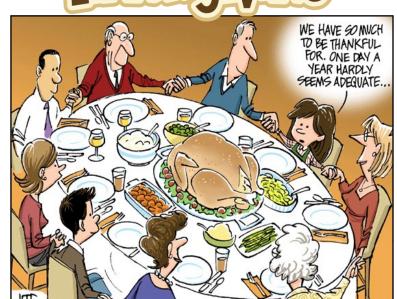
New Staff to our Buchanan Team

Genevieve Macarandang (Support Worker) – April 4 lamaica Dela Pena (Care Aide) - Aug 23 Stacey Marie Aquino (Care Aide) - Aug 28 Mary Glades Lyn Galdonez (Care Aide) - Sep I Manpreet Kaur Jawanda (LPN) – Sep 8 Elsha Stewart (Social Worker) - Sep 20

Pia Agojito (Support Worker) – Sep 25







BUCHANAN LODGE



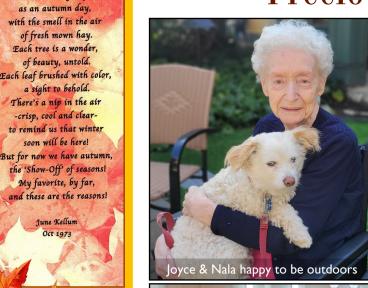
Autumn

Buchanan Buzz

NEWS FROM 409 BLAIR AVE

O C T O B E R 2 0 2 3

Precious Memories There's nothing as fine















October **Devotional**

Events & **Updates**

Birthdays 4 & News

Memorial Insert

Martin Luther

once wrote,

"the greater

God's gifts

and works,

the less

they are

regarded."

Thought for October thanksgiving

The title of this devotional, "Happy Thanksgiving," is more than just an

appropriate greeting for October 9. It contains a well-kept secret to happiness. This secret may have been more well-known a generation or two ago, but the world we live in today can be a little thankless at times. We are big on human rights, entitlement, assertiveness, and complaining, but we can often go through a whole day without appreciating the little things of life, or the big things for that matter.

We are often too busy to smell the roses, listen to the birds chirping, or say grace together at the dinner table. In our public schools, our children seldom sing an anthem of appreciation for living in Canada anymore, and they are no longer allowed to thank God for His goodness through public prayer. Having come so far from the challenges of the Great Depression and World War eras, we now expect a lot and seem to be chronically unhappy our expectations aren't being met.

Martin Luther once wrote, "the greater God's gifts and works, the less they are regarded." In other words, the more we have, the less we seem to be thankful. Paul the apostle, while he was imprisoned and awaiting execution, encouraged the Church of Philippi, and all of us, with these words,

Rejoice in the Lord always. I will say it again: Rejoice!... Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

HAPPY THANKSGIVING DAY

There you have it! We can't be anxious and grateful, or unhappy and grateful, at the same time. If we want a happy Thanksgiving, or a happy October for that matter, let's choose an attitude of gratitude every day this month. It could change our lives and possibly those we live and work with.

Happy Thanksgiving!

~ Chaplain Rob Buzza



Coming Soon Subject to Provincial Health Orders



OCTOBER LIVE MUSIC

Oct 7 - Sat. 1:30 pm, Camelia - Dave

Oct. 12 - Thurs. 2 pm, all Houses, MPR - Dogwood

Oct. 21 - Sat. I:30 pm, Willow/Rose - Alastair

Oct. 24 - Tues. 1:45 pm, Magnolia/Camelia, MPR - Bruce

Oct. 27 - Fri. 1:30 pm, all Houses, MPR - Prickly Pair Band





MPR with all Houses

& Prickly Pair Band

HALLOWEEN PARTY

Friday, October 27 1:30 pm



TATTOO DAY Fri. Oct. 6

10 am Rose Fri. Oct. 13 10 am Camelia Fri. Oct. 20 10 am Magnolia Fri. Oct. 27 10 am Willow



PUMPKIN CARVING

Oct. 6 Fri. 2 pm. MPR Rose/Magnolia Oct. 20 Fri. 2 pm MPR Willow/Camelia





Travel to "Great" Britain with Chaplain Rob Monday, Oct. 16, 2 pm MPR

