

A hand holding a lit sparkler over water at dusk. The sparkler is lit, creating a burst of sparks that reflect on the water. The background is a dark, blue sky with some clouds. The text "re:Spark Outline Group Calls" is overlaid on the image in a white, serif font.

# re:Spark Outline Group Calls



# Module 1

THEME: Building your strong foundation for sustainable success

LIVE GROUP SESSION: 3RD MAY

ELEMENT: EARTH    MOON: NEW    DIRECTION: NORTH

## VISIONING:

A daily meditation to help you tune into your purpose, unique gifts and allowing time for this to come through.

## PSYCHOLOGY / ASTROLOGY / HUMAN DESIGN

- Looking at your House one – who do you show up as, journaling for your star sign
- North Node – What is your direction?
- Human Design- what is your personal strategy for sustainable success?

## MINDSET

- Trusting yourself and your decisions
- Overcoming imposter syndrome

## SHOWING UP FOR YOUR BUSINESS

- Creating a weekly / daily cycle that works for you
- Setting up / running / planning your content & systems

# Module 2

THEME: Communicating with ease

LIVE GROUP SESSION: 17TH MAY

ELEMENT: AIR    MOON: FULL    DIRECTION: EAST

## VISIONING:

A daily meditation based on owning your uniqueness and attracting clients at a soul level.

## PSYCHOLOGY / ASTROLOGY / HUMAN DESIGN

- Understanding your niche via Human Design & energy
- House 5- joy and creativity
- Your Midheaven and North Node

## MINDSET

- How to move beyond a to-do list & feel more productive
- How to get out of your head and feel less stressed

## SHOWING UP FOR YOUR BUSINESS

- Writing and sharing your message
- How you ensure your messaging attracts your ideal clients /customers
- Practising your 'pitch' in a way that feels good for you - written and spoken



# Module 3

THEME: Connecting with your people

LIVE GROUP SESSION: 7TH JUNE

ELEMENT: FIRE MOON: FIRST QUARTER DIRECTION: SOUTH

VISIONING:

A daily meditation based on being visible

PSYCHOLOGY / ASTROLOGY / HUMAN DESIGN

- Developing your marketing plan so it aligns with your gifts
- Are collaborations for you?
- Finding where your people are

MINDSET

- Your beliefs around 'success' - creating the lifestyle you truly want
- Your beliefs ARE your business- and how you can reset for success

SHOWING UP FOR YOUR BUSINESS

- Connecting with your ideal clients/ customers without relying on social media
- Creating great emails
- Applying your insights from Human Design into how you show up

# Module 4

THEME: Moving past the old way of doing things

LIVE GROUP SESSION: 21ST JUNE

ELEMENT: WATER MOON: LAST QUARTER DIRECTION: WEST

VISIONING:

A daily meditation based on releasing anything not serving you

PSYCHOLOGY / ASTROLOGY / HUMAN DESIGN

- How you naturally bring in money - Human Design insights
- The 'shadow' side of your chart & seeing it as a gift

MINDSET

- What to do on those days when you feel like giving up
- Embracing 'failure' as another step along the journey

SHOWING UP FOR YOUR BUSINESS

- Your CEO report: how to keep track of the essentials each month
- Planning a sales campaign or launching a new course or offering - the parts most people forget



# Module 5

THEME: Bringing it all together and feeling into your purpose

LIVE GROUP SESSION: 5TH JULY

ELEMENT: SPIRIT

MOON: WAXING

DIRECTION: CENTRE OF THE COMPASS

VISIONING:

A daily meditation based on being aligned and purposeful and what it means in terms of the actions you take each day.

PSYCHOLOGY / ASTROLOGY / HUMAN DESIGN

- Looking at your incarnation cross and profiles
- Using the energy of your chart effectively (like Myers-Briggs but at an energetic level)
- Your key transits and being aware of your cycles

MINDSET

- Becoming a Business Owner instead of a Business Operator
- Your 3 year plan

SHOWING UP FOR YOUR BUSINESS

- Developing your 90 day planning process
- PR for your business and word-of-mouth

# Module 6

THEME: Mapping out your path for success

LIVE GROUP SESSION: 19TH JULY

ELEMENT: EARTH MOON: WANING

DIRECTION: NORTH

VISIONING:

A daily meditation based on meeting the future you

PSYCHOLOGY / ASTROLOGY / HUMAN DESIGN

- Mapping out the rest of the year looking at key transits
- Further personalised insights based on your chart

MINDSET

- Removing any remaining blockers
- A masterclass on Abundance
- The concept of time and what to do when progress feels 'slow'

SHOWING UP FOR YOUR BUSINESS

- Completing your A3 wall poster of your intuitive business journey
- Mapping out your newsletters / social media content
- Celebrating all you have achieved!



If you have any questions, please email  
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If there are spaces left, you can join  
here:

