

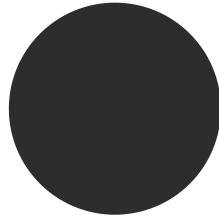
Transformation Fast 2.0

JOURNEY TO A DEEPLY
TRANSFORMED LIFE



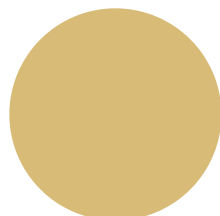
A 20-DAY PLAN WITH THE
REQUIRED INNER WORK TO
DEEPEN YOUR WALK AND
INTIMACY WITH CHRIST.

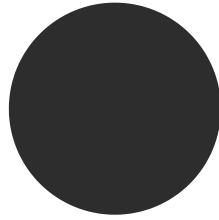
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And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.

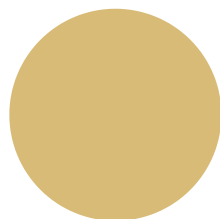
- Romans 12:2 (NKJV)

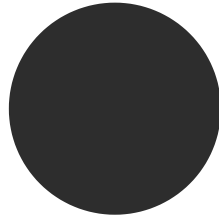




Transformation 2.0 is a higher dimension fast. This fast is for those who want to manifest a 100 fold breakthrough. It's for you if you are sick and tired of staying at a particular level - in your finances, relationships, career, business or health. This fast is for you if you strongly believe there is more in this year for you. It's for those who are willing to PUSH: (Pray Until Something Happens).

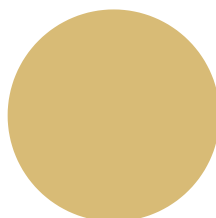
Are you are ready to possess your destiny? This fast will pull your blessing into physical manifestation.

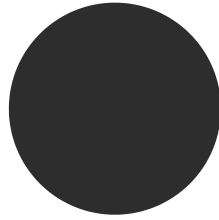




THE GOAL OF FASTING

The goal of fasting is to draw nearer to God. Biblical fasting always has to do with eliminating distractions for a spiritual purpose; it hits the reset button of our soul and renews us from the inside out. It enables us to celebrate the goodness and mercy of God while preparing our hearts for all the good things God desires to bring into our lives.





WHY DO WE FAST?

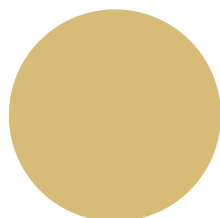
We fast to hear from God.

We fast to deepen our relationship with
God.

We fast to spend more time in His Word
and in His Presence.

We fast to break chains and to unleash the
power of God.

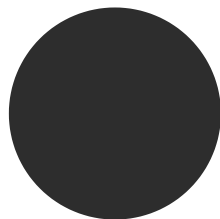
We listen better when we are not focused
on food, but on Him.



RULES OF TRANSFORMATION 2.0

DO THE WORK!

"Faith without works is DEAD !"



Bible Study **PLAN**

20 BOOKS IN 20 DAYS!

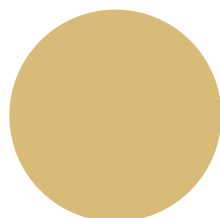
1 John	Philippians
2 John	Colossians
3 John	Galatians
Jude	Ephesians
James	Philemon
1 Peter	Obadiah
2 Peter	Haggai
1 Thessalonians	Nahum
2 Thessalonians	Jonah
Malachi	Titus

Read a book a day.



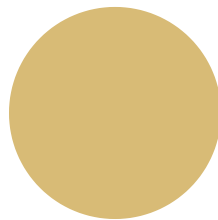
DAILY PROCLAMATION

- 1) I pledge to read this statement aloud each morning and night.
- 2) I pledge that I will tithe 10% of my day to God - to pray, study the word, praise and worship God.
- 3) I pledge that I will give someone something material each day. The size does not matter, whether it's a dollar or a donut, I must give someone other than my own family something each day.
- 4) I pledge that I will not get angry, curse or complain about ANYTHING.
- 5) I pledge that I will compliment someone each day and say nothing negative about anyone.



Transformation Day 1

LIVE BY THE SPIRIT.



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STUDY GUIDE

Bible Reading: Galatians 5:25

Bible Meditation: Romans 8:14

Confession: I live by the Spirit, not by the world.

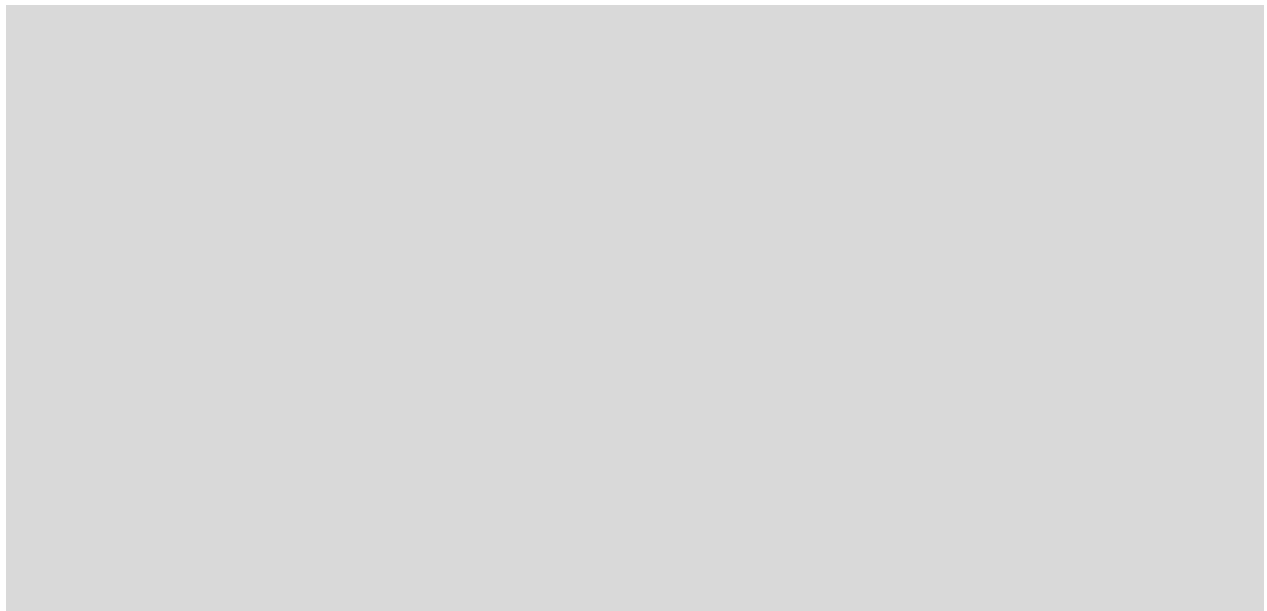
Prayer: Holy Spirit please direct every area of my life. Teach me to live and walk by you. Teach me to follow your leading. Open my eyes to a realm where impossibilities do not exist so that I might fully trust in the depth of your power.

Summary: Do everything by the Spirit. You are a higher being now. Starve your flesh and let everything - your beliefs, actions, words, thoughts be led by what God tells you, not what the world says.

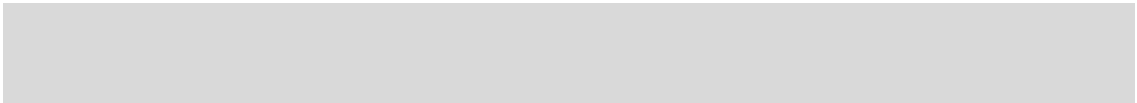

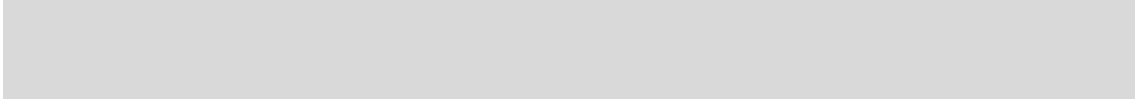

Lesson 1:

LIVE BY THE SPIRIT

PAY CLOSE ATTENTION TO EVERY PROMPTING OF YOUR HEART TODAY. ARE YOUR WORDS, THOUGHTS AND ACTIONS LED BY THE SPIRIT?



LIST ANY MINDSET OR BELIEF THAT YOU NEED TO ADJUST TO ALIGN WITH GOD'S WORD.

- 1 
- 2 
- 3 
- 4 

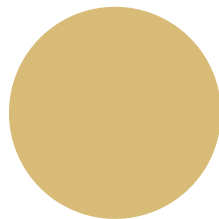
DAY 1: JOURNAL

WRITE TODAY'S PRAYER POINTS, REVELATIONS, DREAMS, GOD'S PROMISES AND/OR WHAT YOU ARE THANKFUL FOR HERE:



Transformation Day 2

LOVE



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STUDY GUIDE

Bible Reading: Galatians 6:7

Bible Meditation: Mark 12:30-31

Confession: I love God. I love myself. I love others. I give love effortlessly and I receive love effortlessly .

Prayer: Dear Lord, teach me how to love like you. Teach me how to love myself and know that I am created in the image of a perfect God. Teach me to see others like you see them. Make me a representative of God's love to everyone I meet.

Summary: God is love and for us to understand love, it starts from a close relationship with God. To love ourselves, we must love God and to love others, we must love ourselves.

Lesson 2:

LOVE

IN WHAT PRACTICAL WAYS CAN YOU EXPRESS YOUR LOVE FOR GOD MORE?

HOW CAN YOU ACCEPT AND LOVE YOURSELF MORE?

LIST PRACTICAL HABITS YOU CAN PRACTICE TO SHOW MORE LOVE TO OTHERS:

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2

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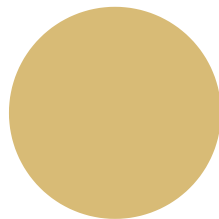
DAY 2: JOURNAL

WRITE TODAY'S PRAYER POINTS, REVELATIONS, DREAMS, GOD'S PROMISES AND/OR WHAT YOU ARE THANKFUL FOR HERE:



Transformation Day 3

FORGIVE



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STUDY GUIDE

Bible Reading: Matthew 6:12-15

Bible Meditation: Matthew 6:15

Confession: I am merciful. I forgive easily. Forgiveness comes effortlessly to me.

Prayer: Dear God, teach me to forgive others the way you forgive me. Teach me the gift of mercy that I may pay it forward to everyone I meet. Teach me to forgive myself. Rid me of every offense, grudge, malice, anger, strife, unforgiveness and bitterness. Create in me a clean heart that is focused on solely pleasing you. Transform me oh Lord in the area of forgiveness that I may master this principle and live it out effortlessly.

Summary: For us to be able to receive the full blessings God has for us, we have to forgive those who have wronged us and form a habit of constant and immediate forgiveness so that the enemy doesn't find an open door to steal our blessings and portion.

Lesson 3:

FORGIVE

WRITE DOWN EVERYONE WHO HAS WRONGED YOU BUT YOU ARE YET TO FORGIVE



SETTLE FORGIVENESS WITH THEM IN YOUR HEART AND THEN CONFESS OUT LOUD BY SAYING "I FORGIVE _____ FOR EVERYTHING HE/SHE HAS EVER DONE TO ME AND I COMPLETELY RELEASE IT TODAY AND LEAVE IT TO GOD."

NOW PRAY FOR THEM. SEND THEM ONE GENUINE GOOD WISH.

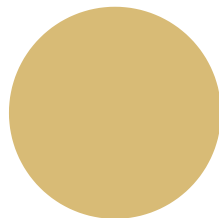
DAY 3: JOURNAL

WRITE TODAY'S PRAYER POINTS, REVELATIONS, DREAMS, GOD'S PROMISES AND/OR WHAT YOU ARE THANKFUL FOR HERE:



Transformation Day 4

USE YOUR WORDS



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STUDY GUIDE

Bible Reading: Matthew 12:36-37

Bible Meditation: Proverbs 18:21

Confession: I speak life. My words are aligned with God's words. My words match God's will. My words yield positive fruits.

Prayer: God teach me how to use my words to speak life. Teach me how to use my words to manifest your will in my life. Help me to master the proper use of my words for your glory. Help me not to use my words to kill the good things in my life and in the life of others. God please align my words to your word.

Summary: Be conscious on every word that comes out from your mouth. Every word you speak sows a seed. Speak what you want to see.

Lesson 4:

USE YOUR WORDS

**WRITE DOWN 10 THINGS YOU WANT TO
MANIFEST IN YOUR LIFE OVER THE NEXT 20
DAYS. THEN SPEAK THEM INTO EXISTENCE.**

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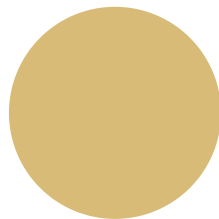
DAY 4: JOURNAL

WRITE TODAY'S PRAYER POINTS, REVELATIONS, DREAMS, GOD'S PROMISES AND/OR WHAT YOU ARE THANKFUL FOR HERE:



Transformation Day 5

BELIEVE IN YOURSELF



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STUDY GUIDE

Bible Reading: Proverbs 3:26

Bible Meditation: Philippians 4:13

Confession: I believe in myself, I believe in myself, I believe in myself. I believe in my _____ (marriage, business, ministry, career, dream, future etc.).

Prayer: God please teach me to believe in myself. Teach me to trust that I am fearfully and wonderfully made by You. Help me overcome every doubt, fear and insecurity that causes me to shrink who I am. Let me trust in exactly who you have created me to be.

Summary: You are beautiful and uniquely made. God loves you. God created you wonderfully so stop hating yourself. Stop doubting yourself. Stop hiding your greatness and let your light shine!

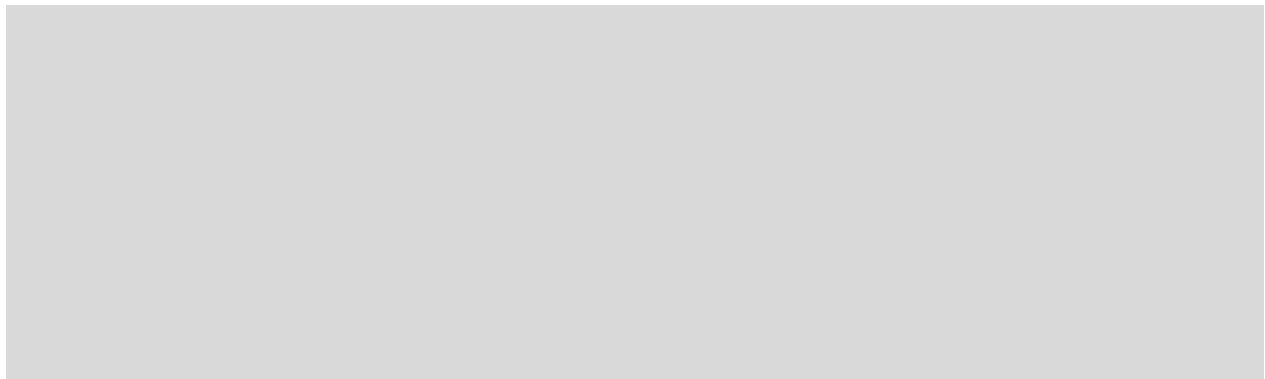
Lesson 5:

BELIEVE IN YOURSELF

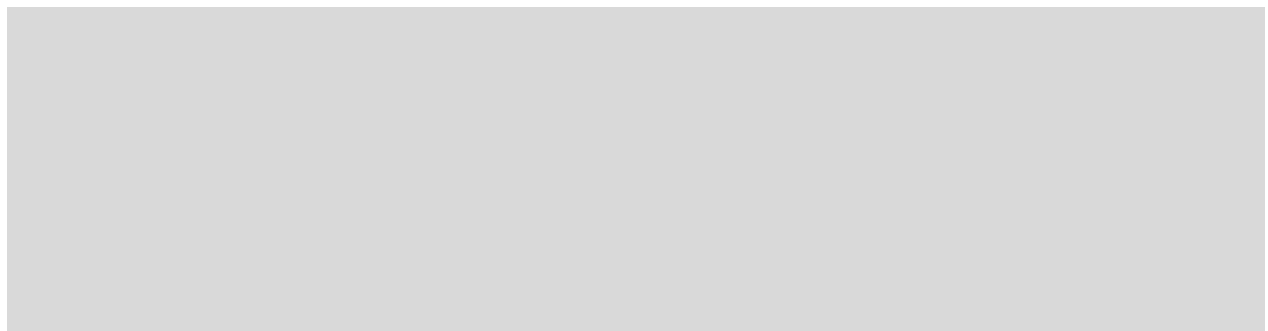
WRITE 3 THINGS YOU'RE INSECURE ABOUT.



SEARCH OUT SCRIPTURES ABOUT THOSE THINGS AND WRITE THEM OUT HERE:



**CROSS OUT THOSE 3 THINGS AND CIRCLE THEM AS "LIES"
NOW WRITE THE TRUTH ABOUT WHAT GOD REALLY SAYS YOU
ARE.**



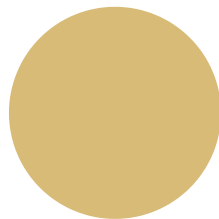
DAY 5: JOURNAL

WRITE TODAY'S PRAYER POINTS, REVELATIONS, DREAMS, GOD'S PROMISES AND/OR WHAT YOU ARE THANKFUL FOR HERE:



Transformation Day 6

GIVE



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STUDY GUIDE

Bible Reading: Proverbs 28:27

Bible Meditation: Proverbs 21:26

Confession: I am a giver. I have no lack. I live in abundance. I am a blessing to others.

Prayer: God please teach me to love giving. Teach me to help the needy and give to the poor. Teach me to master and be comfortable with giving. Lead me to sow on good ground. Let all my giving and sowing yield a bountiful harvest.

Summary: Form a habit of giving. Give your time, advice, money and encouragement to those who need it.

Lesson 6:

GIVE

- 1 BUY SOMEONE LUNCH TODAY.**
- 2 GIVE 3 GENUINE COMPLIMENTS TODAY.**
- 3 SMILE AT A STRANGER TODAY.**

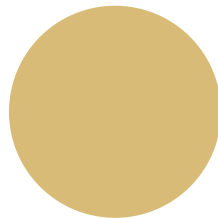
DAY 6: JOURNAL

WRITE TODAY'S PRAYER POINTS, REVELATIONS, DREAMS, GOD'S PROMISES AND/OR WHAT YOU ARE THANKFUL FOR HERE:



Transformation Day 7

YOUR BODY, GOD'S TEMPLE



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STUDY GUIDE

Bible Reading: 1 Cor 3:16-17, Romans 12:1

Bible Meditation: 1 Cor 6:19&20

Confession: I love my body. God resides in me. The Holy Spirit lives in me. My body is a beautiful, clean and holy habitation for the Lord. My body cannot be polluted or defiled because it is God's temple. Foreigners can't stay in my body because it is God's temple. Sicknes cant dwell in my body because it is God's temple. God's kingdom is on the inside of me.

Prayer: God please teach me to preserve my body as a holy temple unto you. Teach me to eat clean and take care of my health inside and out. Teach me to cut off all immoral relationships and associations that are making me not live fully for you. Empower me to pursue complete purity in my words, thoughts and actions. Teach me to love myself, to love my body and see your temple as beautiful.

Summary: The Holy Spirit lives in you. God has a home inside of you and you ought to respect that enough to keep it clean and healthy in every respect.

Lesson 7:

YOUR BODY, GOD'S TEMPLE

MAKE A HEALTHY DIET PLAN TODAY.

WRITE OUT SINS THAT YOU HAVE BEEN COMMITTING AGAINST GOD'S TEMPLE E.G PORNOGRAPHY, FORNICATION, ADULTERY, LUST OF THE HEART, OVEREATING, GLUTTONY, LAZINESS, SUBSTANCE ABUSE ETC.

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NOW CONFESS OUT LOUD " I AM HEALED FROM _____ . TO NO LONGER RETURN. I AM TAKING CARE OF GOD'S TEMPLE FROM NOW WHICH IS MY BODY."

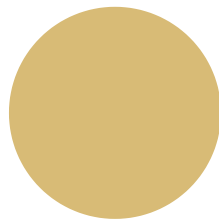
DAY 7: JOURNAL

WRITE TODAY'S PRAYER POINTS, REVELATIONS, DREAMS, GOD'S PROMISES AND/OR WHAT YOU ARE THANKFUL FOR HERE:



Transformation Day 8

GRATITUDE



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STUDY GUIDE

Bible Reading: Psalm 118:29, Phil 4:6

Bible Meditation: 1 Thea 5:18

Confession: I am grateful. Thank you God for everything. Truly, thank you.

Prayer: God please forgive me for every ungratefulness. Please teach me to see the good in everything. Teach me to see your hand in everything. Teach me to understand that you're always with me and that everything is working out for my good. I thank you, I thank you, I thank you, I thank you, I thank you, just for who you are.

Conclusion: Stay in gratitude, it's the best attitude for an overflow of blessings.

Lesson 8:

GRATITUDE

COUNT YOUR BLESSINGS. WRITE 10 THINGS YOU'RE THANKFUL FOR TODAY AND WHY YOU ARE THANKFUL FOR THEM.

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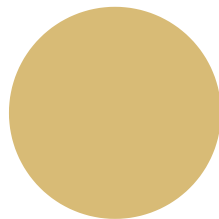
DAY 8: JOURNAL

WRITE TODAY'S PRAYER POINTS, REVELATIONS, DREAMS, GOD'S PROMISES AND/OR WHAT YOU ARE THANKFUL FOR HERE:

A large, empty gray rectangular area intended for journaling, occupying the central portion of the page below the instructions.

Transformation Day 9

FIGHT YOUR BATTLES IN SPIRIT



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STUDY GUIDE

Bible Reading: Eph 5:12-18

Confession: I do not fight in the physical. I let God fight for me. I fight on my knees and I am victorious.

Prayer: Dear God please teach me to always fight my battles in prayer. Teach me to deeply pursue the fruits of the spirit. Teach me to be strong in my character. I leave it all up to you to fight for me.

Summary: Let God fight for you. Take everything to your prayer closet. Remember that the spiritual controls the physical.

Lesson 9:

NEVER FIGHT IN THE PHYSICAL

**WRITE DOWN 5 THINGS THAT GET YOU UPSET
AND MAKE A PROMISE TODAY TO TAKE IT TO
GOD FROM NOW ON.**

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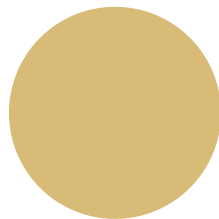
DAY 9: JOURNAL

WRITE TODAY'S PRAYER POINTS, REVELATIONS, DREAMS, GOD'S PROMISES AND/OR WHAT YOU ARE THANKFUL FOR HERE:



Transformation Day 10

GO WITH GOD'S FLOW



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STUDY GUIDE

Bible Reading: Proverbs 4:18

Bible Meditation: Psalm 16:11

Confession: God is for me. His plans are to prosper me. He will bless me beyond my wildest dreams.

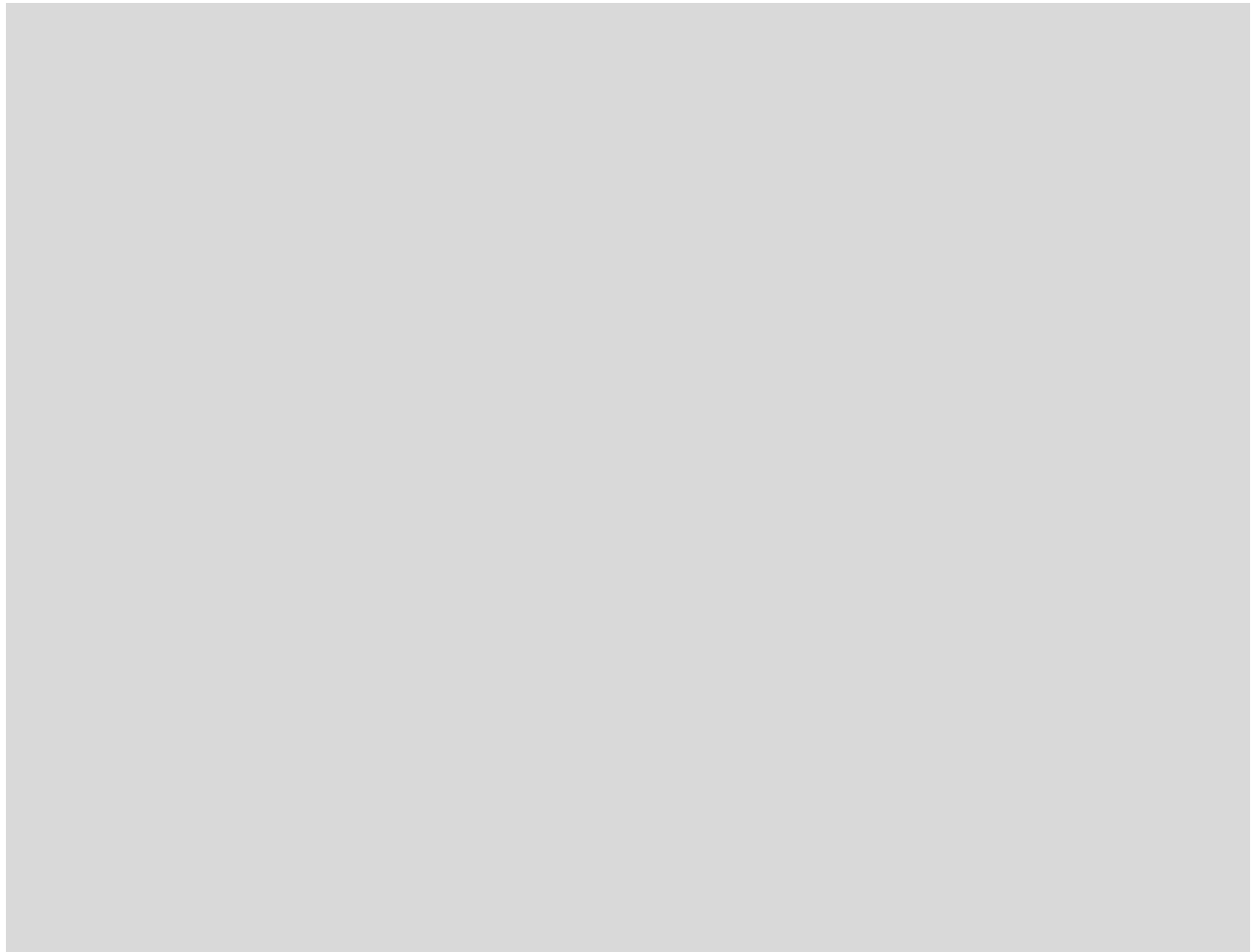
Prayer: God teach me to trust you fully. Help me to walk in full surrender to your will. Teach me to go according to your timing for my life. Let me be ready when you say go, let me rest when you say rest. Be my GPS and direct me. I release all control to you, take the wheel.

Summary: God has better in store for you than you have for yourself. God is wiser than you. God knows the end from the beginning so trust him and go with his divine flow.

Lesson 10:

GO WITH GOD'S FLOW

WHAT AREAS OF YOUR LIFE HAVE YOU BEEN STRUGGLING WITH GOD FOR CONTROL BECAUSE OF WHAT HAS BEEN OR MIGHT BE?



RELEASE!

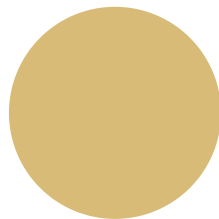
DAY 10: JOURNAL

WRITE TODAY'S PRAYER POINTS, REVELATIONS, DREAMS, GOD'S PROMISES AND/OR WHAT YOU ARE THANKFUL FOR HERE:



Transformation Day 11

CHERISH YOUR RELATIONSHIPS



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STUDY GUIDE

Bible Reading: Ecc 4:8-12

Bible Meditation: Proverbs 27:17

Confession: I am surrounded by great people. I have great relationships. I cherish these relationships. I permit the work God wants to do in and through all of these relationships.

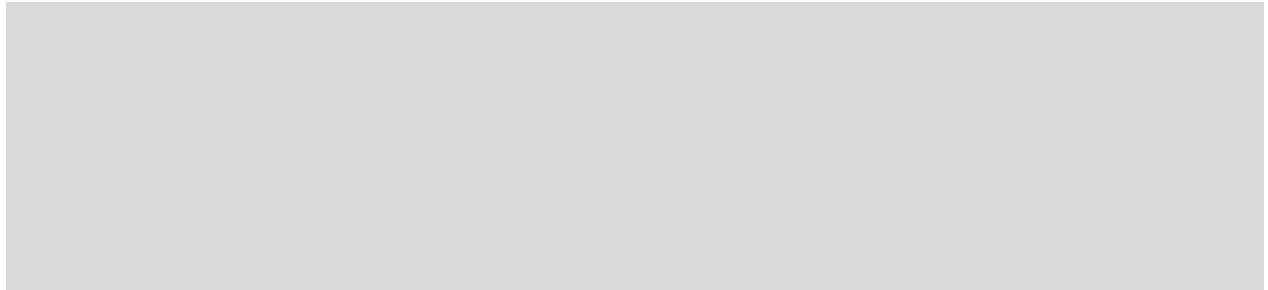
Prayer: God please send me great relationships in this season. Teach me to nurture and cherish them. Give me discernment on who to keep close. Let the Holy Spirit do His work in me through these relationships.

Summary: Relationships are where God does His best work in us. Allow God shape you into the best version of yourself your relationships.

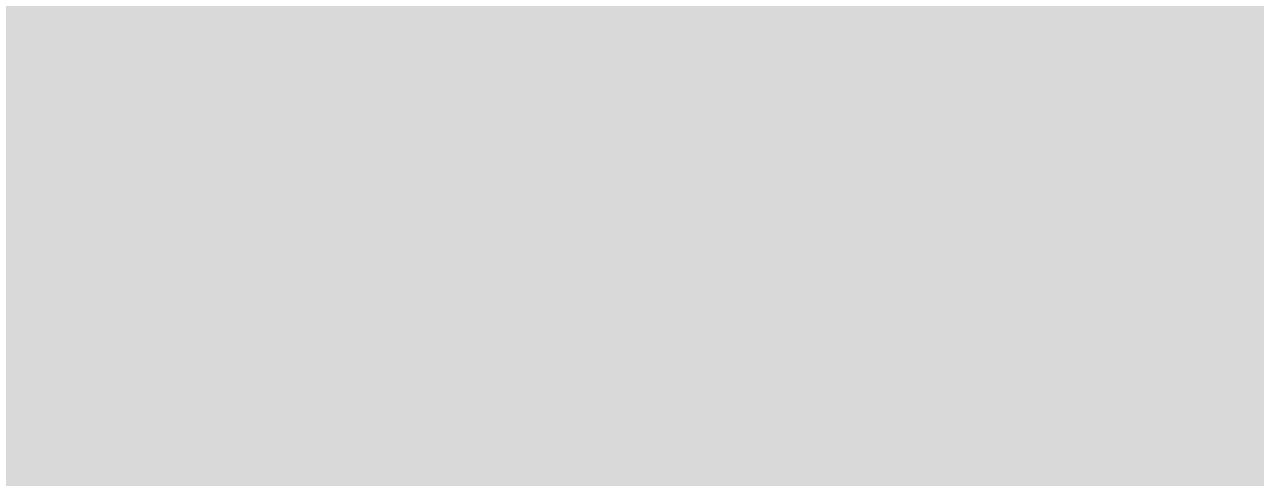
Lesson 11:

CHERISH YOUR RELATIONSHIPS

**WHICH OF YOUR RELATIONSHIPS HAVE YOU
NEGLECTED?**



**WRITE DOWN PRACTICAL STEPS ON HOW TO BE
BETTER WITH THESE RELATIONSHIPS.**



PRAY FOR YOUR FRIENDS (JOB 42:10)

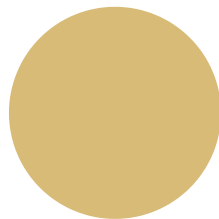
DAY 11: JOURNAL

WRITE TODAY'S PRAYER POINTS, REVELATIONS, DREAMS, GOD'S PROMISES AND/OR WHAT YOU ARE THANKFUL FOR HERE:



Transformation Day 12

LET IT GO



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STUDY GUIDE

Bible Reading: Ph 3:13-14

Bible Meditation: Col. 3:2

Confession: I am empty before you Lord. I just want you. I want what you want for me. Every other thing is a distraction. Please focus my eyes and heart on you today Lord where nothing else matters and where Heaven is the only goal.

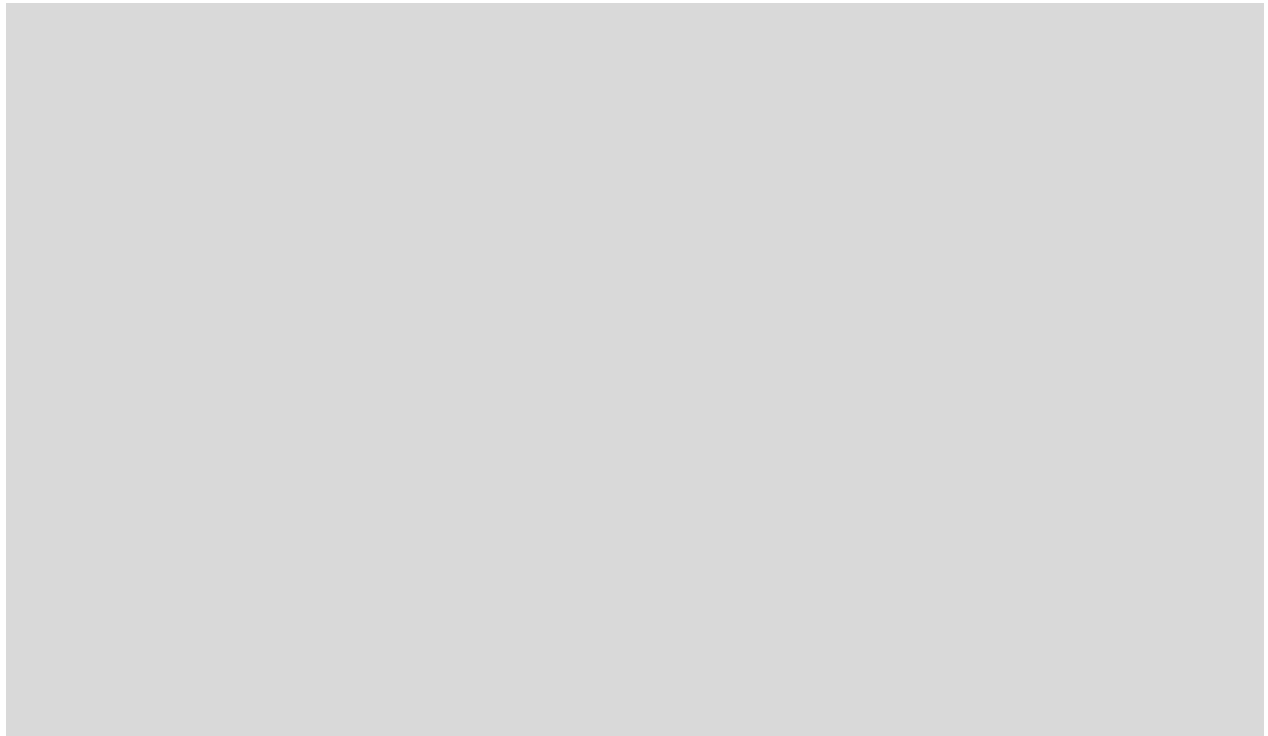
Prayer: God, please teach me to let things go and to realize that the only thing I have to hold on to is you because my ultimate goal is to make heaven. Teach me to be able to release everything and not dwell or focus on the past but instead on what you are doing now.

Summary: Jesus is our hope. "Christ in me, the hope of glory". You have a hope of glory no matter what it is that you went through.

Lesson 12:

LET GO, LET GOD

WRITE 3 THINGS THAT YOU ARE HOLDING ON TO FROM YOUR PAST AND CAN'T SEEM TO LET GO OF. E.G HURT, FAILURE, SUCCESS.



NOW SPEAK OVER THEM AND SAY " I LET YOU GO, GOD HAS BETTER FOR ME!"

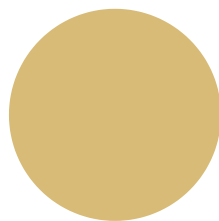
DAY 12: JOURNAL

WRITE TODAY'S PRAYER POINTS, REVELATIONS, DREAMS, GOD'S PROMISES AND/OR WHAT YOU ARE THANKFUL FOR HERE:



Transformation Day 13

WALK IN YOUR DIVINE ASSIGNMENT



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STUDY GUIDE

Bible Reading: Ecc 3:22

Bible Meditation: Jeremiah 1:5

Confession: I know my purpose. I have found my purpose. I am living my purpose. I have clear direction. I have clarity in my goals. I am fulfilling my destiny.

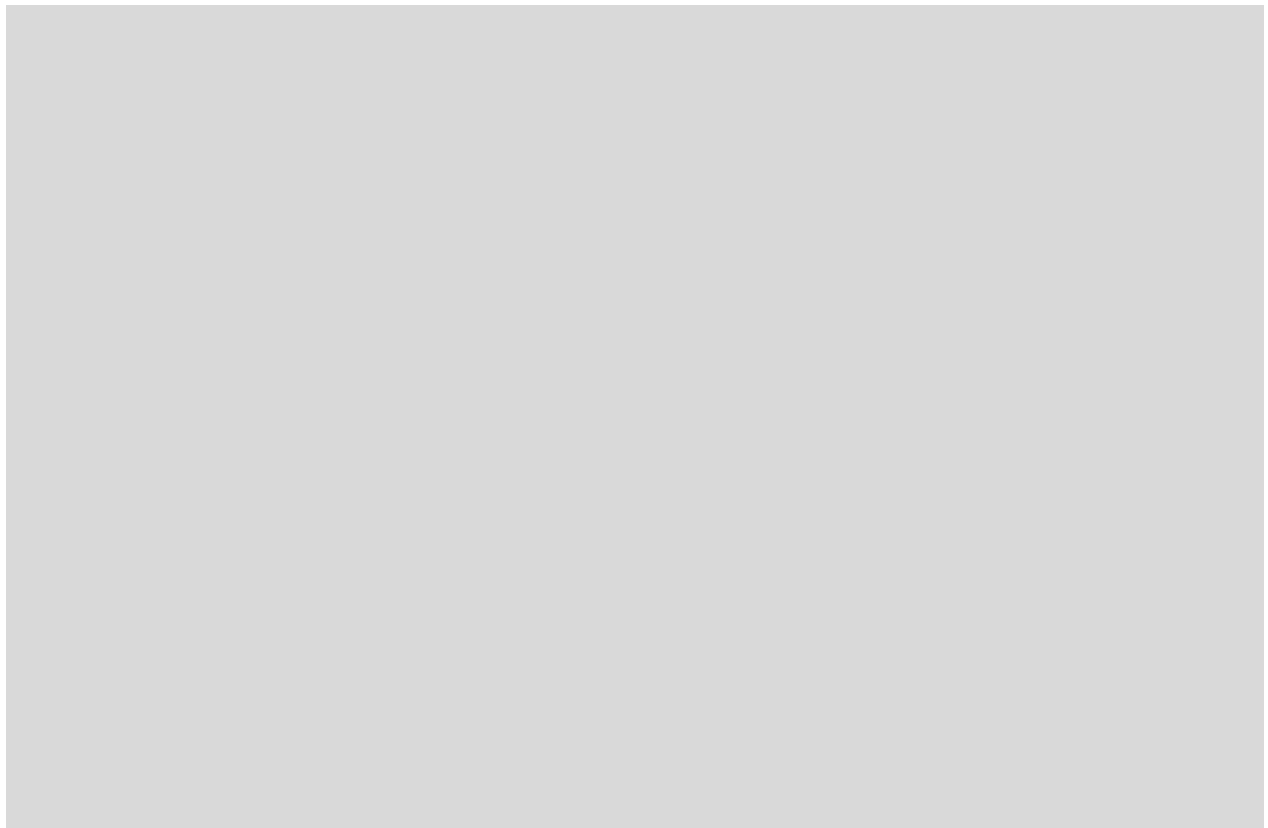
Prayer: God please reveal my divine purpose to me. Please give me clarity and clear direction as to what you'd have me do. Please lead me into my divine assignment and what you have called me to do in Jesus name.

Summary: There's such a unique and special gift placed on the inside of you, set to bring glory to God throughout the ends of the earth. Find it and walk in it. It is your ticket to abundance.

Lesson 13:

WALK IN YOUR DIVINE ASSIGNMENT

**LIST THE THINGS THAT GOD HAS BEEN TUGGING
ON YOUR HEART TO LEARN, DO OR PURSUE:**



**ASK THE HOLY SPIRIT FOR CLEAR DIRECTION
AND BOLDNESS TO STEP INTO THEM.**

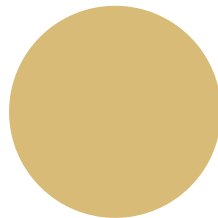
DAY 13: JOURNAL

WRITE TODAY'S PRAYER POINTS, REVELATIONS, DREAMS, GOD'S PROMISES AND/OR WHAT YOU ARE THANKFUL FOR HERE:



Transformation Day 14

AS A MAN THINKETH



ANINAKING.COM

STUDY GUIDE

Bible Reading: Proverbs 23:7

Bible Meditation: Matthew 21:22

Confession: I am a positive thinker. I am a positive thinker. I am a positive thinker. I am a positive thinker.

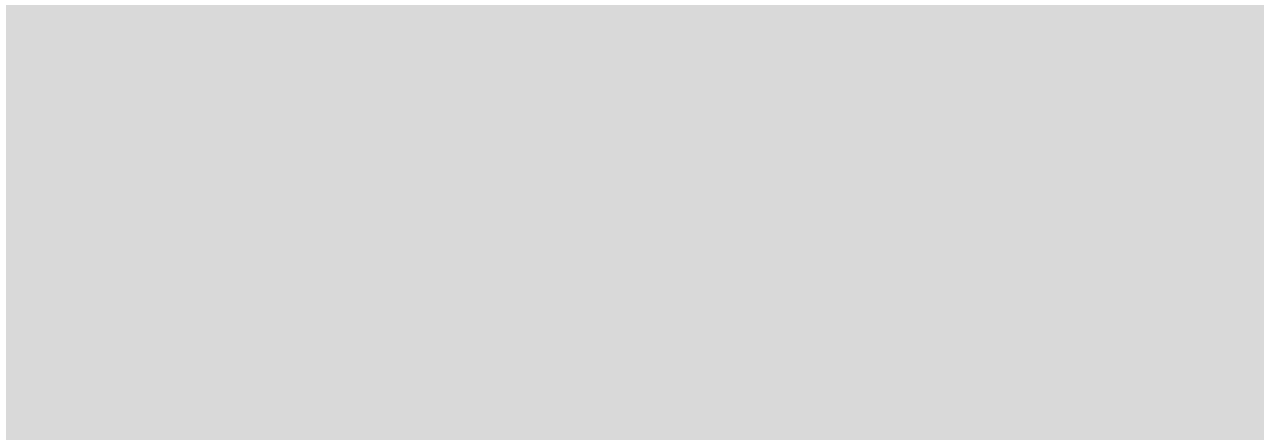
Prayer: God thank you for winning every battle of my mind. Thank you for giving me power and a sound mind to think good thoughts. Please teach me to focus my thoughts on the right things. Teach me to shape my thoughts according to your word and will. Please uproot every wrong pattern of thinking from my life.

Conclusion: Control your thoughts so they don't control you. Think only what you want to see. Master positive thinking in every circumstance and area of your life.

Lesson 14:

AS A MAN THINKETH

**WRITE DOWN 3 NEGATIVE THOUGHTS THAT
KEEP COMING TO YOUR MIND ABOUT YOUR LIFE
(HEALTH, CAREER, RELATIONSHIPS, FUTURE...)**



**NOW CROSS THOSE OUT AND WRITE THE COMPLETE
OPPOSITE HERE**



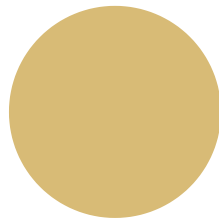
DAY 14: JOURNAL

WRITE TODAY'S PRAYER POINTS, REVELATIONS, DREAMS, GOD'S PROMISES AND/OR WHAT YOU ARE THANKFUL FOR HERE:



Transformation Day 15

AND SUDDENLY!



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STUDY GUIDE

Bible Reading: Acts 16:25-26, 2 Chronicles 29:36

Bible Meditation: Isaiah 48:3

Confession: I walk suddenly into my miracle. I walk suddenly into my breakthrough. I walk suddenly into my next level. I walk suddenly into abundance. I walk suddenly into favor. I walk suddenly into my transformation.

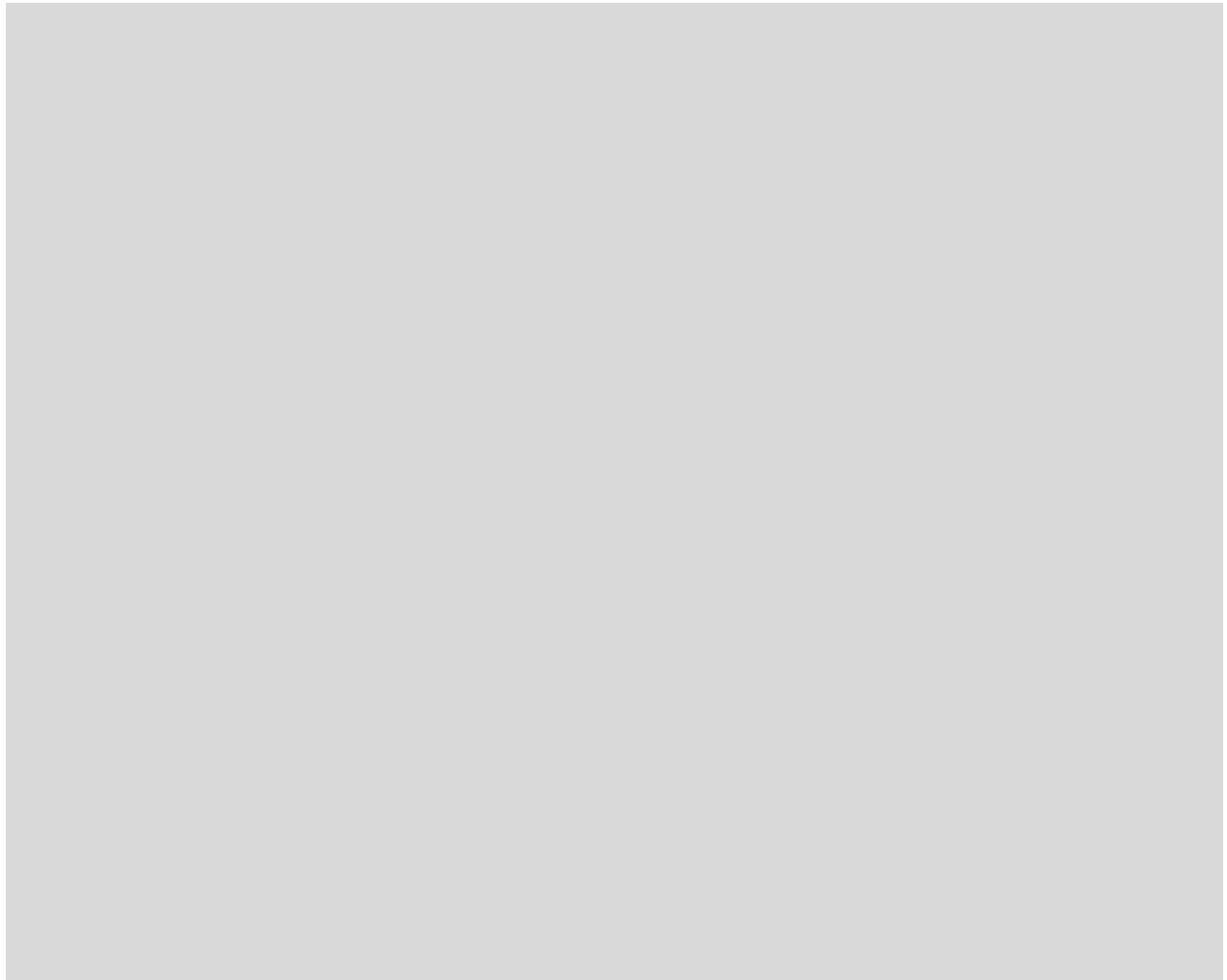
Prayer: God of suddenly! Do a new and sudden thing in my life that'll shock my friends and surprise my enemies. Let my testimony be the first of it's kind in my bloodline, in my city, even in my nation.

Conclusion: God works in mysterious ways. Don't ever box Him because He is all powerful and He can do ALL things. Rest and trust Him.

Lesson 15:

AND SUDDENLY!

WRITE ONE THING THAT WILL CHANGE YOUR LIFE COMPLETELY IF IT MANIFESTS DURING THIS FAST.



NOW SPEAK - "I HAVE _____" THE GOD OF SUDDENLY HAS DONE IT."

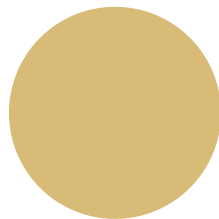
DAY 15: JOURNAL

WRITE TODAY'S PRAYER POINTS, REVELATIONS, DREAMS, GOD'S PROMISES AND/OR WHAT YOU ARE THANKFUL FOR HERE:



Transformation Day 16

TIMING: THE FAVOR OF ESTHER



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STUDY GUIDE

Bible Reading: Ecc 3:1, 2 Peter 3:8

Bible Meditation: Habakkuk 2:3, Esther 4:14

Confession: I am highly favored. This is my time to shine. I am anointed for such a time as this.

Prayer: God please teach me to understand and know your timing. Equip me with the boldness and wisdom I need to connect with my time of favor. Single me out for divine favor above all of my peers.

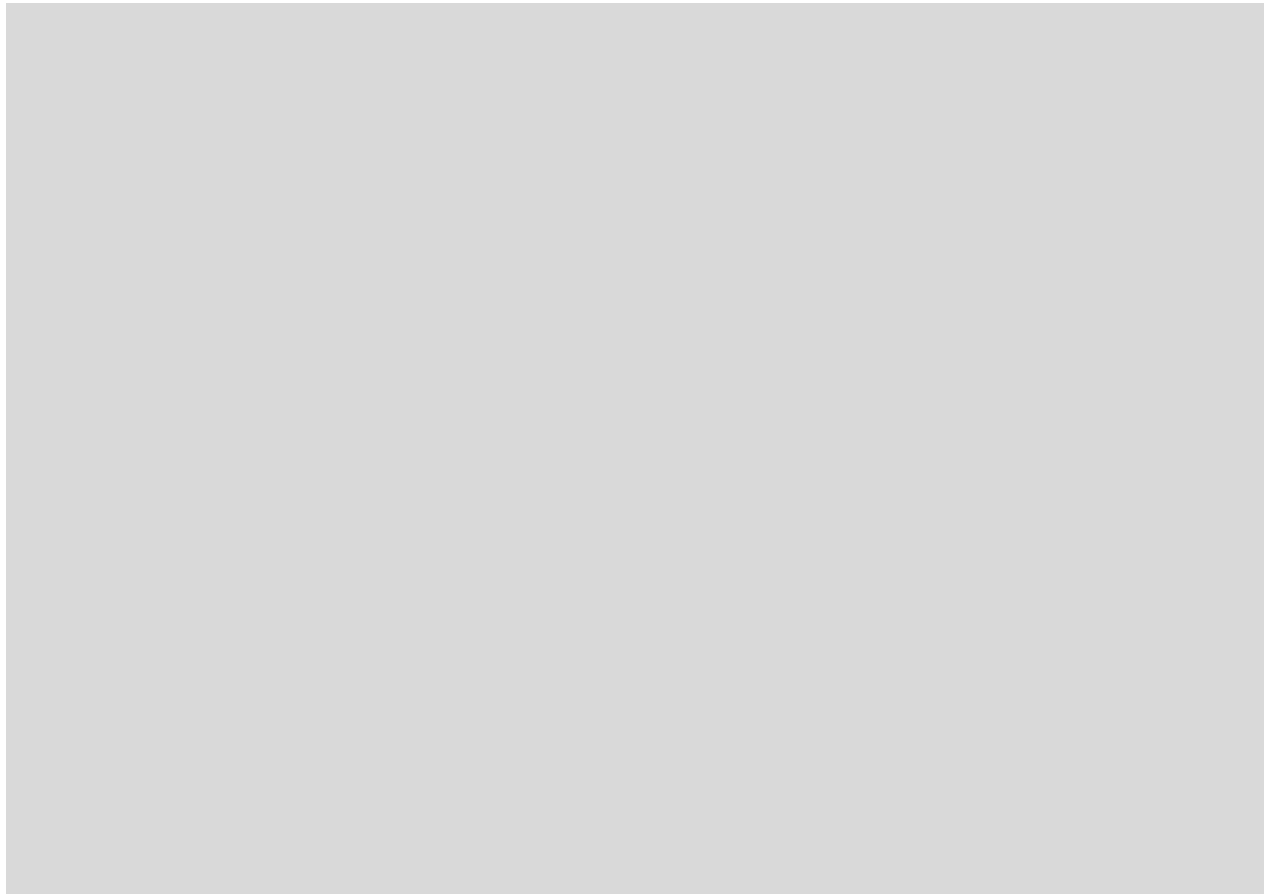
Summary: You have been chosen and anointed for a certain time for a special assignment. Let your ears stay glued to God's mouth so you don't miss it.

Lesson 16:

TIMING: THE FAVOR OF ESTHER

IS GOD CALLING YOU TO SOMETHING RIGHT NOW? COULD IT BE THAT YOU'RE RUNNING AWAY FROM THE PLACE, OR ASSIGNMENT GOD HAS FOR YOU IN THIS SEASON? IS GOD WAITING ON YOU? IF YOUR ANSWER TO ANY OF THOSE QUESTIONS IS YES,

WRITE THESE THINGS DOWN AND PLEDGE OBEDIENCE NOW. GO GET YOUR BLESSING! SUBMIT TO GOD'S WILL. IT'S YOUR TIME TO SHINE.



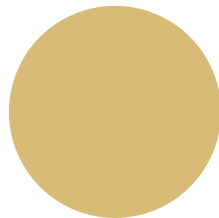
DAY 16: JOURNAL

WRITE TODAY'S PRAYER POINTS, REVELATIONS, DREAMS, GOD'S PROMISES AND/OR WHAT YOU ARE THANKFUL FOR HERE:



Transformation Day 17

OBEDIENCE



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STUDY GUIDE

Bible Reading: John 14:15, John 15:14

Bible Meditation: Exodus 22:23, Isaiah 1:19, 1 Samuel 15:22

Confession: I obey God because I love Him and He blesses me because He loves me.

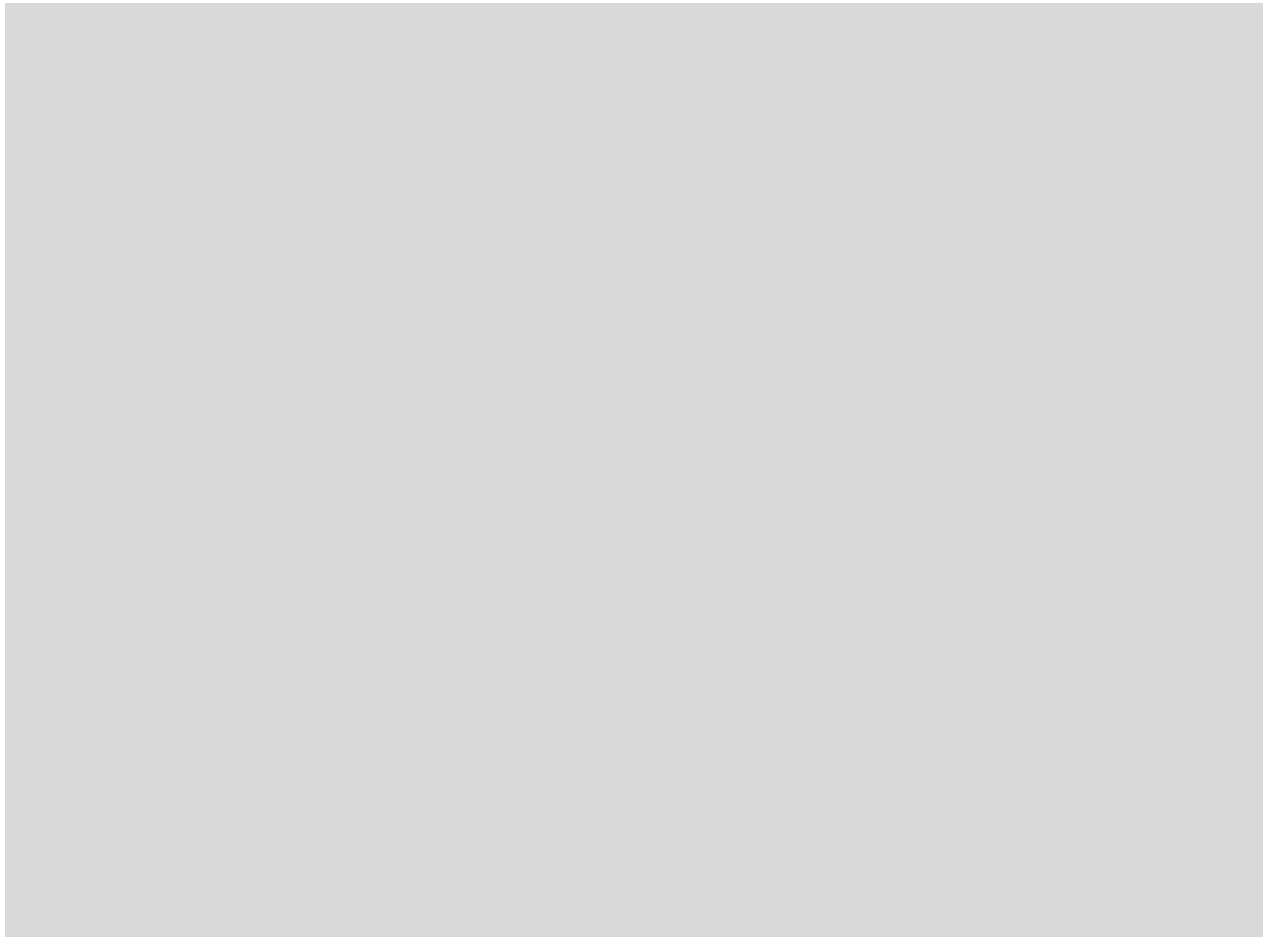
Prayer: God please forgive me for every disobedience. Teach me to obey you. I know that you're wiser than me. Help me fully surrender to all that you want me to be and do.

Summary: Obey God. Obedience brings effortless miracles. Obedience makes us a friend of God.

Lesson 17:

OBEDIENCE

**IN WHAT AREAS DO YOU STRUGGLE TO OBEY
GOD?**



**CONFESS OUT LOUD: "I PLEDGE TO STOP _____ (EACH
OF THE THINGS LISTED ON TOP) SO THAT I CAN ENTER
INTO ALL THAT GOD HAS FOR ME."**

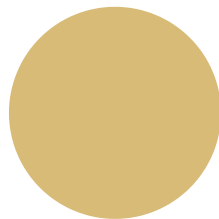
DAY 17: JOURNAL

WRITE TODAY'S PRAYER POINTS, REVELATIONS, DREAMS, GOD'S PROMISES AND/OR WHAT YOU ARE THANKFUL FOR HERE:



Transformation Day 18

DIVINE COMPENSATION



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STUDY GUIDE

Bible Reading: 1 Peter 5:10

Bible Meditation: Isaiah 61:7

Confession: All things work together for my good. There is a turnaround with my name on it. God is rewarding me. I am being heavily compensated for everything that I have been through.

Prayer: Dear God please teach me to trust that all things are working out for my good. Teach me to rest in your promises. God please turn my situation around for your glory. Use my story for your glory.

Summary: God is a rewarder. When he rewarded the children of Israel, he rewarded them BIG. God will ALWAYS reward you for your commitment to Him. No matter what you've been through, God says "concerning that matter, I'm giving you double for your trouble".

Lesson 18:

DIVINE COMPENSATION

LIST AREAS WHERE YOU FEEL LIKE LIFE MAY HAVE CHEATED YOU.

- 1
- 2
- 3
- 4
- 5

CONFESS OUT LOUD "REGARDING EACH SITUATION, GOD IS GIVING ME DOUBLE FOR MY TROUBLE" E.G "REGARDING MY RELATIONSHIPS, GOD IS GIVING ME DOUBLE FOR MY TROUBLE)

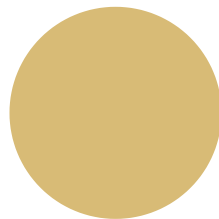
DAY 18: JOURNAL

WRITE TODAY'S PRAYER POINTS, REVELATIONS, DREAMS, GOD'S PROMISES AND/OR WHAT YOU ARE THANKFUL FOR HERE:



Transformation Day 19

THE GLORY OF THE LATTER



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STUDY GUIDE

Bible Reading: 1 Peter 1:7

Bible Meditation: Haggai 2:9

Confession: There is glory here for me. I am entering into consecutive seasons of elevation, abundance, breakthrough, miracles and testimony. May God be praised regarding my life and every situation.

Prayer: Dear God please beautify my life. Bring beauty out of the ashes of my life. Let dry bones rise again. Send a sudden rain of abundance and of overflow and of peace into every area of my life. I am transformed. I know it and I believe it. God show up and show out. I am expectant.

Summary: Get ready! God is going to blow your mind. God has shown up and is going to show out completely regrading you and yours. Your healing, deliverance and transformation is permanent in Jesus name. Restoration is here. Everything you lost is coming back.

Lesson 19:

THE GLORY OF THE LATTER

CLOSE YOUR EYES AND IMAGINE THAT ALL OF YOUR PRAYERS WERE JUST ANSWERED.

NOW PRAISE GOD LIKE YOU HAVE YOUR ANSWER RIGHT NOW. PRAISE GOD LIKE NEVER BEFORE. PRAISE GOD LIKE IT'S BEEN DONE BECAUSE TRULY; IT'S ALREADY DONE.

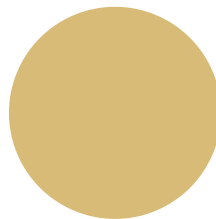
DAY 19: JOURNAL

WRITE TODAY'S PRAYER POINTS, REVELATIONS, DREAMS, GOD'S PROMISES AND/OR WHAT YOU ARE THANKFUL FOR HERE:



Transformation Day 20

DO THE WORK.



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STUDY GUIDE

Bible Reading: James 2:14-26, Titus 2:12

Bible Meditation: Ph. 4:8, Psalm 86:11

Confession: I have been transformed. I am ready and prepared for this new beginning. I am experiencing miracles, signs and wonders. My expectations are being exceeded. God is surprising me. I am a force to be reckoned with. People see the glory of God all around me. Kings compete to favor me. I am at a dimension with no limits; a place where everything is possible. God loves me. I am happy.

Prayer: Dear God, thank you for this last day of the Transformation Fast and 1st day of this new dimension, may your name be praised. I ask that every affirmation, proclamation, prayer, healing, deliverance and work done in and through this fast remain permanent in the name of Jesus. Thy Kingdom come, Thy will be done. I am transformed! I shall testify.

Summary: Do the work. Make a spiritual practice plan with daily affirmations, bible study, praise and prayer. Put everything you've learnt into practice and then, watch God work!

Lesson 20:

DO THE WORK

MAKE A SPIRITUAL PRACTICE PLAN.



DAY 20: JOURNAL

WRITE TODAY'S PRAYER POINTS, REVELATIONS, DREAMS, GOD'S PROMISES AND/OR WHAT YOU ARE THANKFUL FOR HERE:



CONGRATS ON YOUR TRANSFORMATION!

You will be rewarded for this; your hope
will not be disappointed.

- Proverbs 23:18

Stay Expectant!



IN DEPTH *Bible Study*

DATE:

STARTING MOOD / FEELINGS / THOUGHTS

STARTED WITH PRAYER?

SCRIPTURE

BASIC CONTEXT

(What's happening? Where? Who? etc)

INTERPRETATION

(What do I learn about God / Jesus / The Holy Spirit)

WHAT DO I LEARN ABOUT MYSELF / OTHER PEOPLE

WHAT DO I LEARN ABOUT RELATING TO GOD?

(Reason to praise him? Sin to repent of? Promise to claim? Command to Obey?)

APPLICATION

WHAT DOES GOD WANT ME TO:

THINK?	BELIEVE?	DESIRE?	DO?

MAIN TAKEAWAY

--

PRAYER

--

IN DEPTH *Bible Study*

DATE:

STARTING MOOD / FEELINGS / THOUGHTS

STARTED WITH PRAYER?

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APPLICATION

WHAT DOES GOD WANT ME TO:

THINK?	BELIEVE?	DESIRE?	DO?

MAIN TAKEAWAY

--

PRAYER

--

JOURNAL

**WRITE YOUR PRAYER POINTS, REVELATIONS,
DREAMS, GOD'S PROMISES AND/OR WHAT YOU
ARE THANKFUL FOR HERE:**



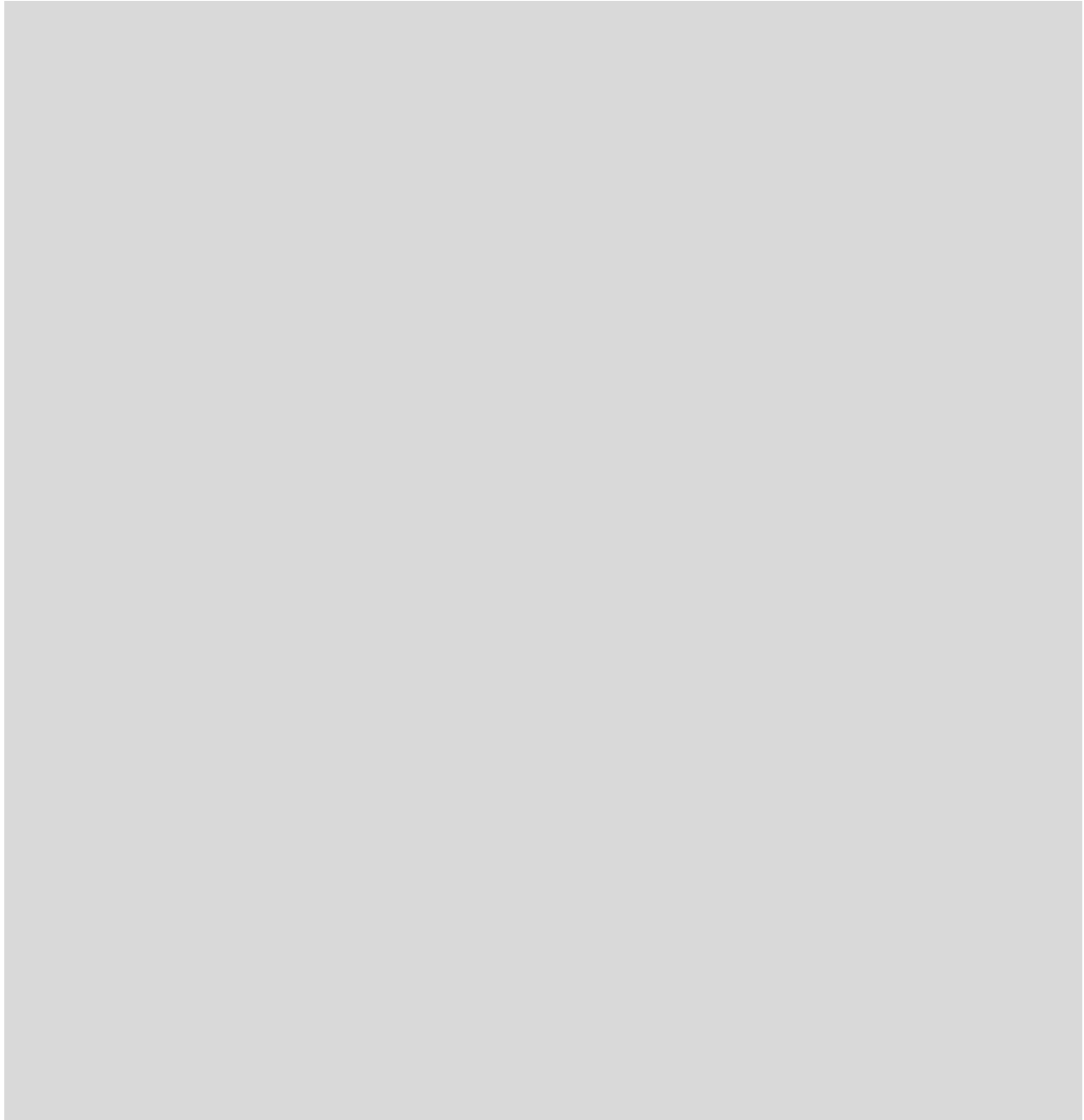
TESTIMONIES

WHAT HAS GOD DONE FOR YOU THROUGH THE TRANSFORMATION FAST? .



TESTIMONIES

WHAT HAS GOD DONE FOR YOU THROUGH THE TRANSFORMATION FAST? .



SEND IN YOUR TESTIMONIES!

Email: testify@aninaking.com

OR

Hashtag #TheTransformationFast on IG

REACH ME:

Instagram: @AninaKing

Twitter: @AninaKing

Facebook: /AninaKingOnline

YouTube: Anina King

www.AninaKing.com



*Thank you so much for being a part of
The Transformation Fast. I am beyond
excited and pumped to see what God
does in your life!*

*Don't stop here. Share this with all your
friends and family, but most importantly
- Stay burning for Christ!*

Love & Light,
Your Sister in Christ,
Anina

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