

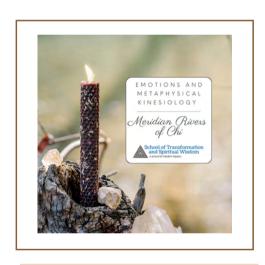
EMOTIONS & METAPHYSICAL PROGRAM TRAINING CLASSES



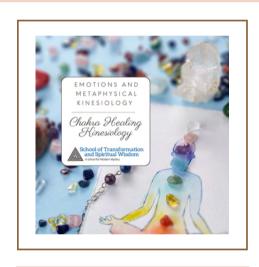
Introduction to Kinesiology



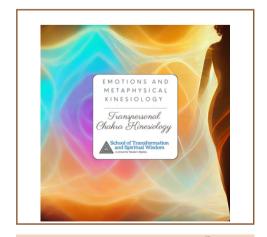
Mastery Of The Five Elements Core Essence & Character



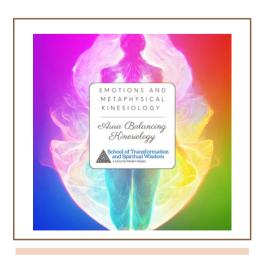
Meridian Rivers of Chi



Chakra Healing



Transpersonal Chakras

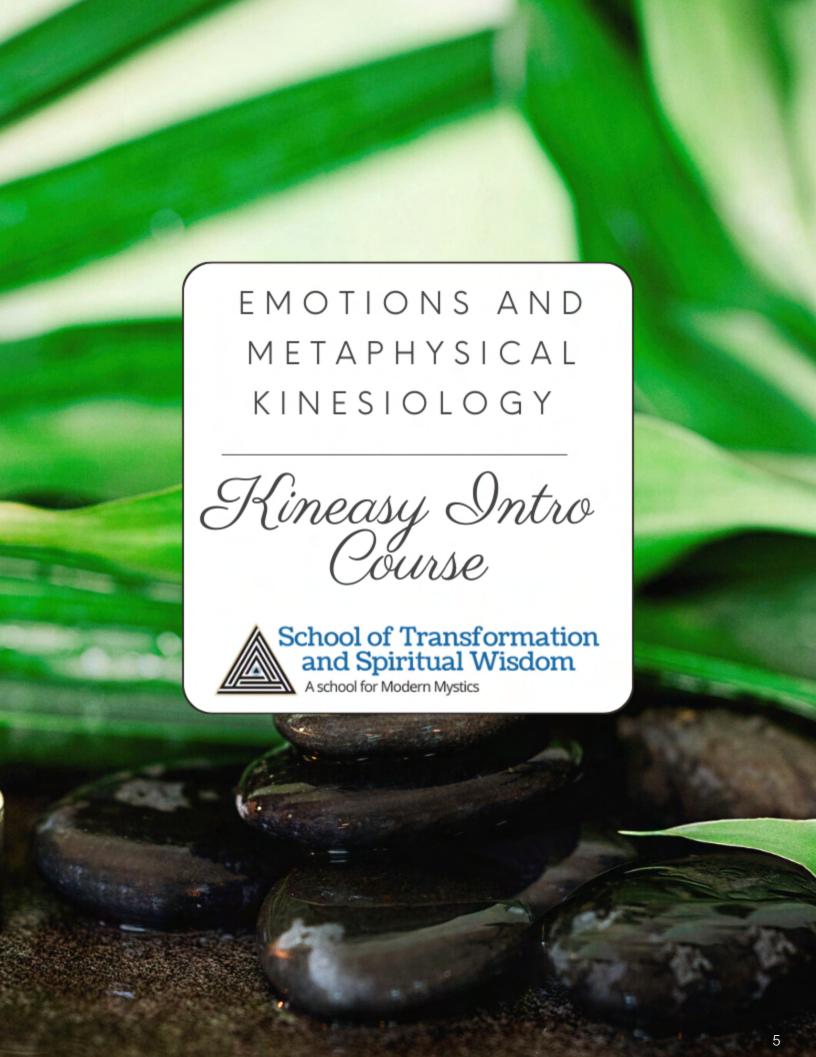


Aura Balancing



LEARN A PROVEN SYSTEM THAT IS LIKE NO OTHER

- Emotions and Metaphysical Kinesiology Certification™
 is an independent, Trademarked, and Copyrighted
 program from "By The Bay Kinesiology"
- By studying this modality of Kinesiology you'll learn to tap into the emotions and metaphysical connections in the Mind, Heart, Body & Soul
- Kinesiology training is a transformative, healing journey on a personal level as well as a professional level
- This detailed training is hands-on and includes accompanying material and manuals to have a successful practice



Introduction to Kinesiology (Kineasy)

Learn the foundations of Kinesiology and be part of a group of like-minded souls.

This unique course is conducted in a hands-on supportive group environment, and instructed in a simple and easy way to understand kinesiology setup and muscle reflex testing.

This class is open for all levels.

By the end of this course, you will be able to confidently, comfortably, and accurately muscle test on another person.

You will facilitate your first mini kinesiology balance with lots of metaphysical and natural healing remedies.

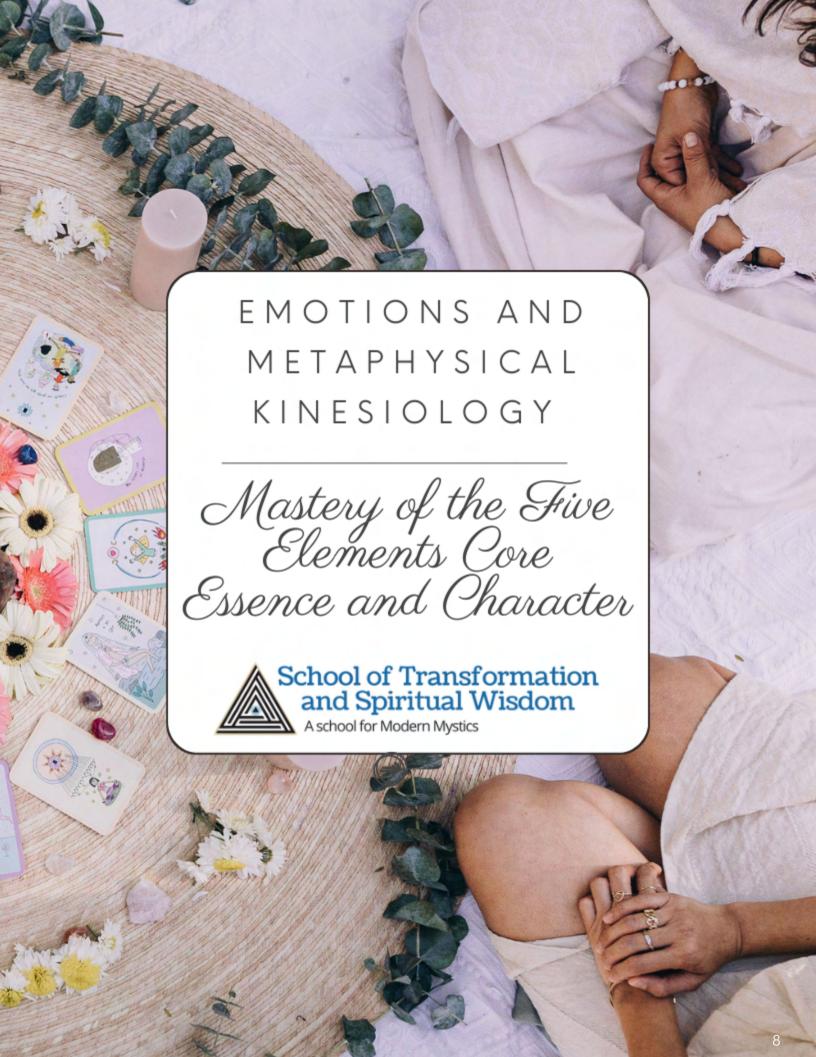


rootcausehealthsolutions.com/intro-kineasy

Intro to Kinesiology Overview



- Learn to muscle reflex test for standing, sitting, and lying down
- Balance the nervous system via the vagus nerve
- Learn the connection points to spirit, mind, body-heart, and earth
- Learn to test for involvement of self, parents, circumstance, thing, place, and spirit
- Learn an easy way to circuit stack imbalances on a physical, emotional, mental, and spiritual level
- Use a variety of metaphysical remedies to clear and balance the body
- Learn self-testing

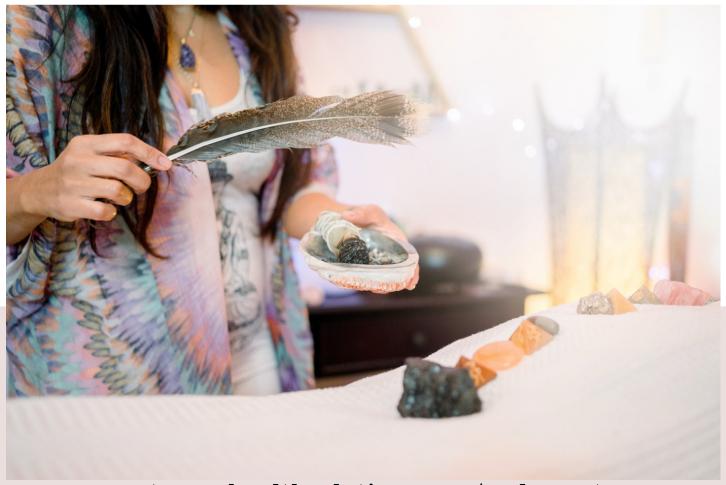


Mastery Of The Five Elements Core Essence & Character

Deepen your skills at balancing the body through The Five Elements and experience the body's *Hara* - the Physical & Spiritual center of the body!

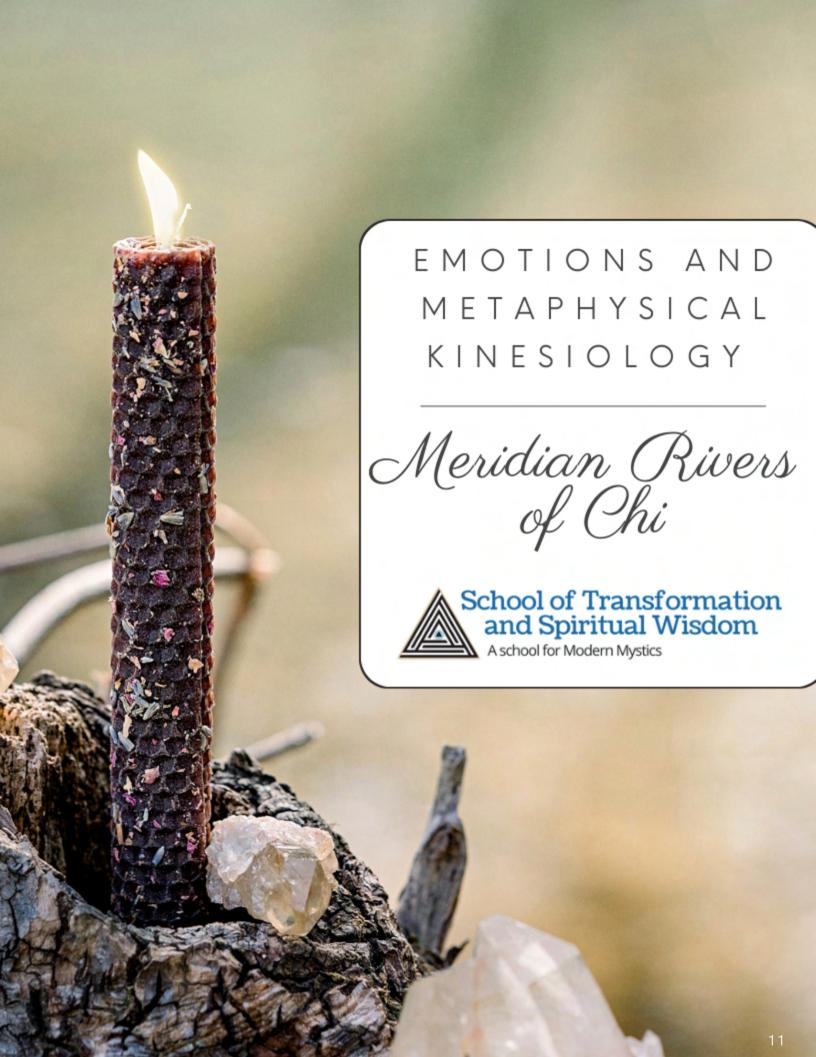
Pre-requisite: Kinesiology Intro Course

Receive an in-depth understanding of The Five Elements (Fire, Earth, Metal, Water, Wood). Learn acupressure points and the many natural remedies to balance the body. Learn the laws and interactions of The Five Elements.



Mastery Of The Five Elements Core Essence & Character Overview

- Cover the Traditional Five Elements of Chinese medicine and the basic forms of energy that they represent
- Learn the Hara and how to balance the Hara Element points
- Work with the physical, emotional, mental, and spiritual indicators of the Elements
- Learn to locate the acupressure points of the Elements and how to balance
- Learn the wisdom of the 5 Element Body
 Constitutions
- Use a variety of metaphysical remedies to clear and balance the body including Nature's Chi



Meridian Rivers of Chi

Deepen your skills at understanding how the physical and energetic body are connected and balance the body through the Meridian River of Chi. Learn the 14 Meridians and the Eight Extraordinary Meridians.

Pre-requisite: Mastery of the Five Elements Core Essence and Character course

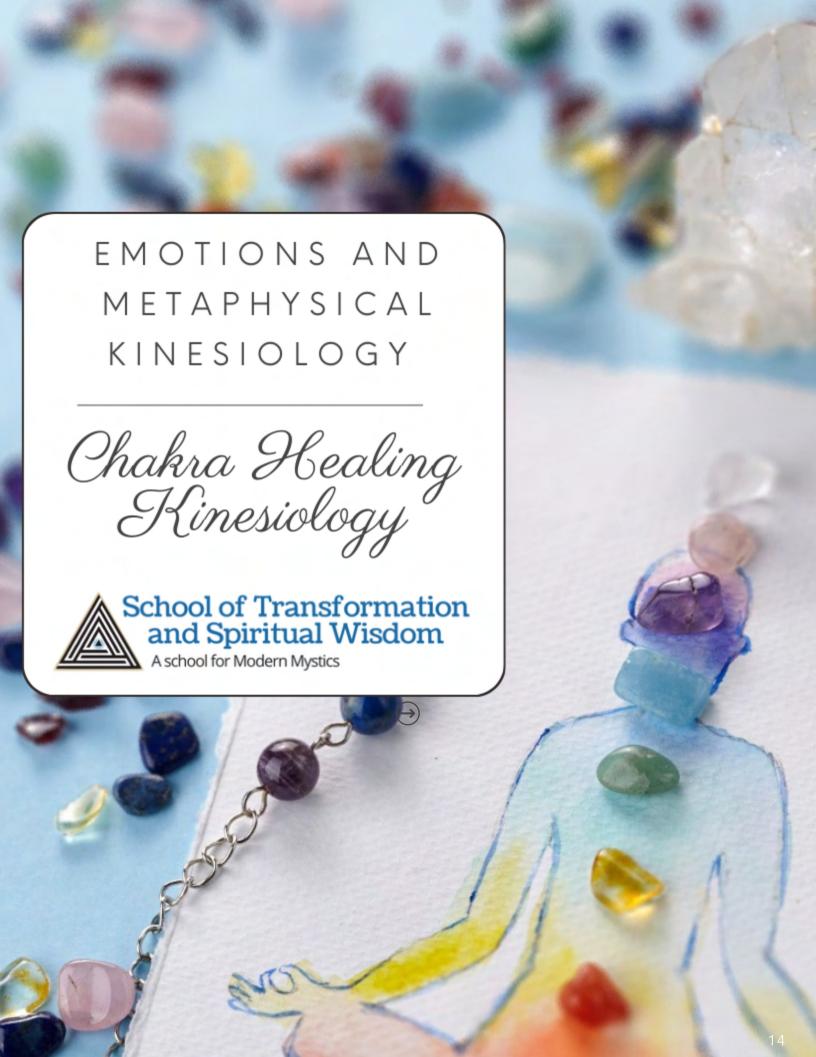
Receive an in-depth understanding of the 14 Meridians (12 bilateral and 2 midline). Learn the Meridian Alarm Points, the Meridian Organ Locations, and the many natural remedies to balance the body.



rootcausehealthsolutions.com/meridians



- This class provides deep knowledge of Meridians, including their function and relationship with the organs, emotional attributes, physical relevance, and metaphors.
- You will feel Chi move through your fingers as you learn many different ways to work with acupressure points on the body.
- Learn the 14 meridian lines in the body Central, Governing, Stomach, Spleen, Heart, Small Intestine, Bladder, Kidney, Pericardium, Triple Warmer, Gall Bladder, Liver, Lung, and Large Intestine.
- The additional eight extraordinary meridians form a significant part of experiencing Chi.
- Use a variety of metaphysical remedies to clear and balance the body including the Neuro Emotional points

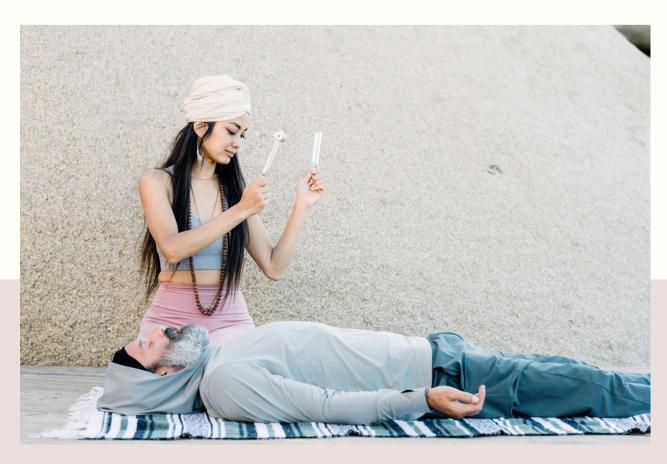


CHAKRA HEALING

Deepen your skills at understanding how the subtle energy body influences our physical body, and balance the subtle body through the Chakra Healing and learning the 7 major Chakras and functions for well-being.

Pre-requisite: Kinesiology Intro Course

Receive an in-depth understanding of the physical, emotional and spiritual properties of the entire Chakra energy system, including the minor Chakras and the many natural remedies to balance the body.





- Covers in depth the seven major Chakras with their related minor Chakras including what each Chakra governs, their primary purpose, and their connections to the physical body.
- Learn to test for the Chakra type of energy imbalance, the qualities, the life issues, and the tie to emotions and indicators of the imbalance.
- Work with the physical, emotional, mental, and spiritual indicators of the Chakras.
- Learn to locate the Acupressure points of each Chakra and how to balance.
- Use a variety of metaphysical remedies to clear and balance the body including Spiritual Practices.

EMOTIONS AND METAPHYSICAL KINESIOLOGY

Transpersonal Chakra Kinesiology



School of Transformation and Spiritual Wisdom

A school for Modern Mystics

TRANSPERSONAL CHAKRAS

Deepen your skills at understanding how the subtle energy body influences our physical body and balance the subtle body through the six Transpersonal Chakras – Earth Star, Causal, Soul Star, Stellar Gateway, Universal, and Divine Gateway.

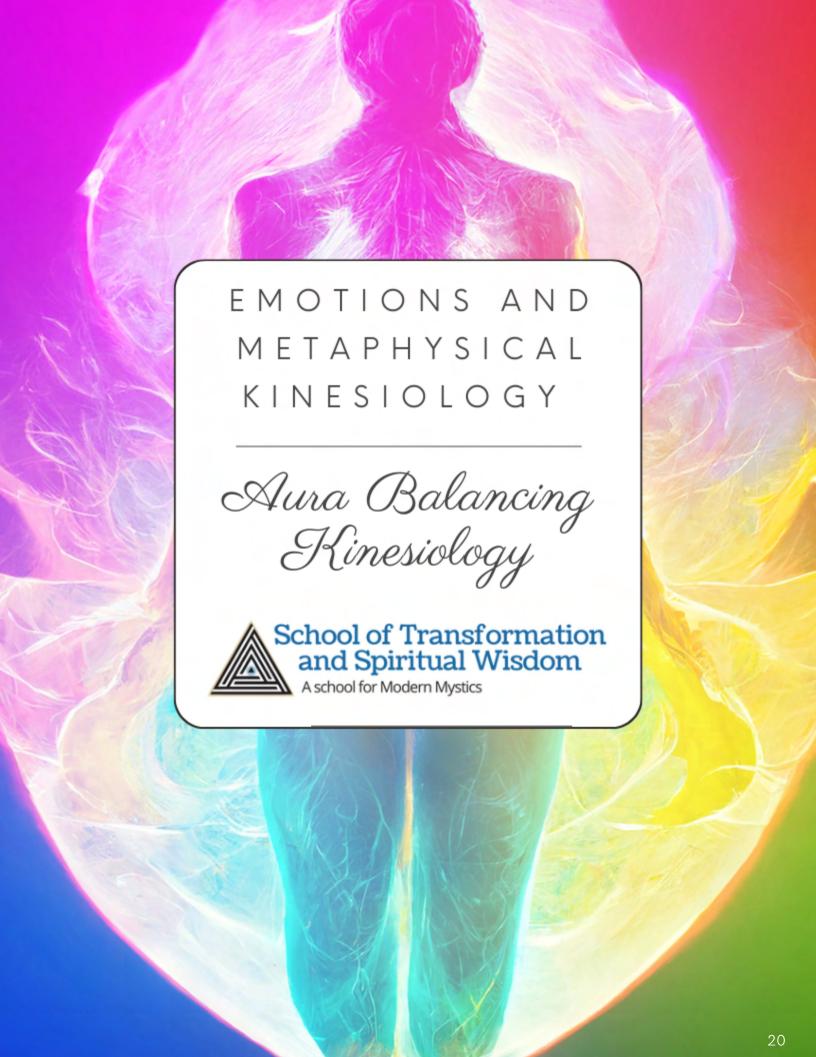
Pre-requisite: Chakra Healing

Receive an in-depth understanding of the physical, emotional and spiritual properties of the Transpersonal Chakra system, including the activation of these 6 Chakras that lie above and below the physical body and the many natural remedies to balance the body.



Transpersonal Chapras Overview

- Learn the qualities and emotions, location,
 Chakra mode testing position, color, energy, prana,
 aura, purpose, embrace, spiritual lesson,
 activation, and connection of the 6 Transpersonal
 Chakras.
- Connect you to the deepest roots and core of the Earth, your genetics, DNA, and ancestry line through your Soul energy, blueprint, universal connection, and the highest Divine source.
- Learn the spiritual lessons of each Transpersonal Chakra and how to balance.
- Use a variety of metaphysical remedies to clear and balance the body including energy healing through Sacred Symbols.

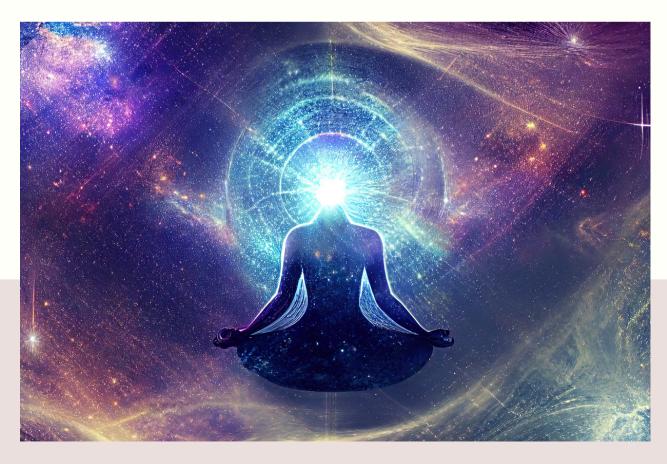


AURA BALANCING

Deepen your skills at understanding the Lightbody and the 7 Aura layers – Etheric Body, Emotional Body, Mental Body, Astral Body, Etheric Template, Celestial Body, and Ketheric Template.

Pre-requisite: Transpersonal Chakras

Receive an in-depth understanding of the distinctive way to work with the Lightbody energies of the Auras and the many natural remedies to balance the body.



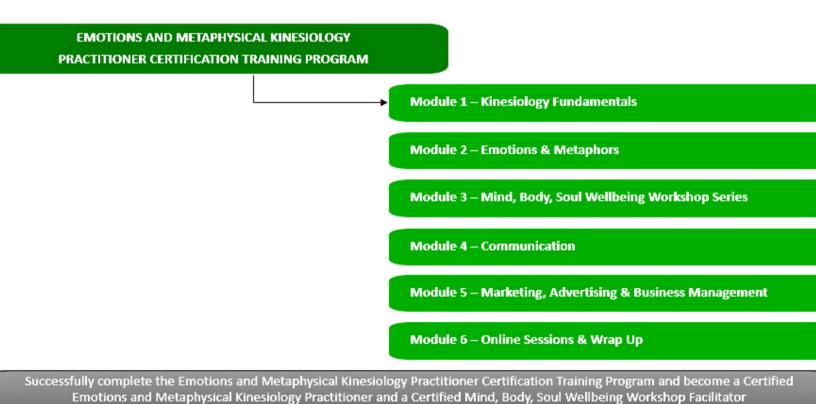
Aura Balancing Overview

- Learn about each Aura's unique characteristics, i.e., the location, aura span, color, appearance, related Chakra, expression and statement of consciousness, purpose, connection, type of energy, element, attributes, qualities, and emotions.
- Work with the Lightbody energies of the Auras and learn how these external energies that interact with us unconsciously can interfere with our energy flow.
- Learn how to identify negative energy attachments and how to balance.
- Use a variety of metaphysical remedies to clear and balance the body including Aura Color Healing.



Kinesiology Pathway to Practitioner Certification

Starts August 16, 2023 Limited Seats



Eligible to APPLY to be part of the Emotions and Metaphysical Kinesiology Instructor Training Program

<u>bythebaykinesiology.com.au/emotions-and-metaphysical-kinesiology-practitioner-certification-training-program/</u>



Cyndi Stewart Ph.D., Functional Nutrition and Lifestyle Practitioner (FNLP), Health Coach & Akashic Records Practitioner

Cyndi integrates Functional Nutrition, Health
Coaching, Intuitive Eating, and Kinesiology.
She is trained in Bio-chemical Kinesiology and is a
Certified Emotions and Metaphysical Kinesiology
Practitioner. She works with clients on their
unresolved health challenges to get to the root
causes of their physical health and nutritional health
through Kinesiology.

Not only does Kinesiology identify the Root Causes, it also brings the body back into balance with Emotions and Metaphysical Kinesiology.