

# CHS SENIOR SESSION

## STYLE GUIDE







YOU ARE OFFICIALLY A #GGSENIOR!



XO,

*Gloria*

I'm so excited for your senior portrait session! I want you to know that I'm honored to be your photographer and I take the responsibility of helping you create memories you'll look back on and cherish for a lifetime very seriously.

My goal is simple: for your session to be as fun and stress-free as possible! Whether you chose the complimentary session at school, or a private full-length session, I've created this guide just for you! The following pages will help you get the absolute most out of your photos. By the time you've read through it, you'll have all of your questions answered and feel ready and prepared for your session!

This guide is packed with my best tips, tricks and insider secrets for scheduling and styling your portrait session -- and everything in between. Your only job is to be yourself, laugh a lot, have fun and let me do the rest! I can't wait to get you in front of my camera and I'm so excited to see you soon!

GLORIA GREENFIELD

WEDDING & PORTRAIT PHOTOGRAPHY



WHAT TO EXPECT AT

# THE SENIOR EXPERIENCE

Knowing what to expect during your senior session is the key to photos you love!

You may be a little worried about what to expect from your session, but I promise you we'll make it fun!

Most teenagers aren't overly excited to take photos for an hour or more (unless it's selfies with their friends!), mostly because they don't have an expectation of what's to come. You chose me and my style of photography because you know I'd like to achieve natural, joyful, genuine portraits of the teens I photograph, and I will do the same for you.

Bring your A-game, the disposition to be guided through the entire session and I know you will light up the camera! The most common thing I hear from teens before portrait sessions is this: because of a bad experience in the past, they don't like taking photos or don't feel like they'll be good at it.

By the time the session is over, though, most teens can't believe how fast it went and just how much fun they had!





# PLANNING YOUR TIME

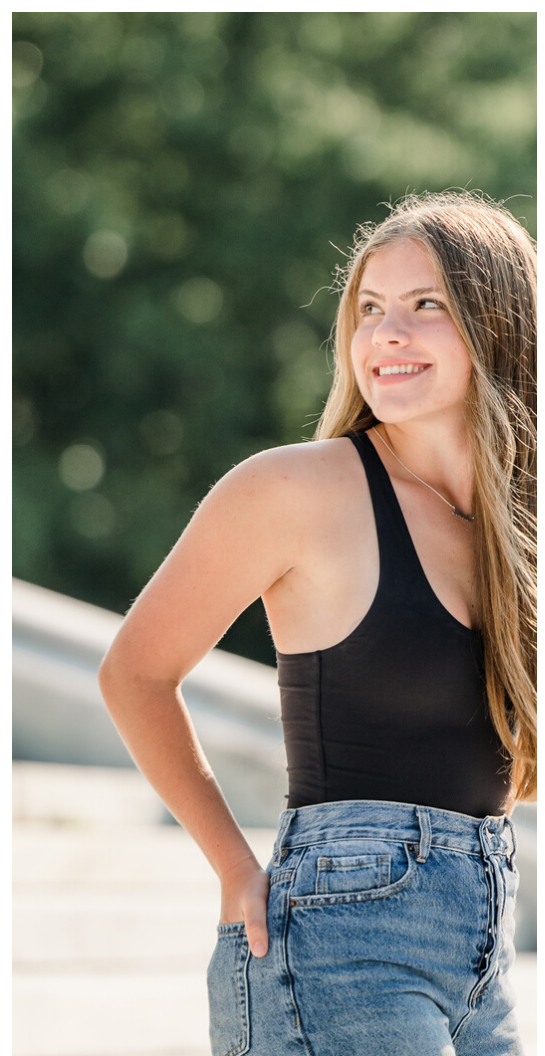
ALLOW YOURSELF MORE TIME  
THAN YOU THINK YOU'LL NEED!

When you're planning "getting ready" time before your session (scheduling your hair, makeup, etc.) please give yourself a lot more time than you think you'll need. Make sure to account for things like traffic, getting lost and parking, so you can prevent unnecessary stress, arrive a few minutes early to your session and be ready to start on time.

Coventry sessions are scheduled back-to-back, so arriving on time is important not only to get all the images we want, but I will start the next session on time and we won't be able to make it up.







## NUMBER OF OUTFITS:

Changing outfits during a session always takes more time than my clients expect, so in order to maximize shooting time and give you the highest number of photos possible, I recommend the number of outfits (as follows) to keep stress low and the number of photos in your final gallery high:

FULL-LENGTH PRIVATE SESSION (60-90 MIN):  
3-4 OUTFITS

REGULAR SESSION (30 MIN):  
1-2 OUTFIT

SHORT SESSION (15 MIN):  
1 OUTFIT (you can bring a jacket or  
sports jersey for a couple of quick shots)

COMPLIMENTARY 5-MIN SESSION AT SCHOOL:  
1 OUTFIT

# STYLING YOUR SESSION

**IF YOU WANT YOUR PORTRAIT SESSION  
TO LOOK A LITTLE MORE EDITORIAL,  
THEN PLAN YOUR OUTFIT CHOICES!**

The most important thing to remember is that you want your senior session to feel like you! However, there's no such thing as "too dressed up" when it comes to your senior session, so don't be afraid to have some fun!

You don't have to spend a lot to feel like a million bucks. There are websites like Lulus, Venus, and Shein that sell beautiful dresses and outfits at amazing prices. But you can also shop in your own closet and find something that speaks to you and that reflects your personality. Unsure? Bring them all! I can help you choose and I always carry my pop-up tent so there's no need to change in your car.

## **SKIP THE SPRAY TAN!**

Although it might seem counter-intuitive, I recommend that you do not get a spray tan before your session (or even a few days prior) because it tends to photograph orange even when it's applied subtly and by a professional. Your actual skin tone will photograph most beautifully.







## GO PRO!

### HAIR AND MAKE-UP

It looks amazing on camera and removes the stress of getting ready on your own. You'll have these photos forever, so this is the time to pamper yourself!

Whether it's lash extensions or blown out hair, professional hair and makeup will give you an extra boost of confidence in front of the camera, and it always photographs like a dream. If you're working with a makeup artist, have her apply your makeup in natural light (if possible) so that it looks fresh and not too heavy. Plus, that's the type of light we'll be shooting in, so it'll give you the best expectation of how it will translate on camera.

Most of my clients feel like their makeup is "too much" at first, since it's more than they would wear on a normal day, so if you feel that way at the beginning, don't worry! Good makeup artists know how to get it just right for the camera — and my clients always love the final result.



## GO TEAM!

### DO YOU PLAY SPORTS?

If your session is at least 30-min long, bring your things! Whether is your jersey, your ball, your pom-poms, or your hockey stick, incorporate them in your session! They are always fun props and it will add more variety to your gallery.



# WHAT TO WEAR

## CHOOSING COLORS:

### The camera loves sophisticated colors!

When choosing colors for your outfits, I recommend selecting lighter, neutral tones, pastels, jewel tones and more muted shades. Bright, bold or neon colors are distracting and take the focus away from where it should be: YOU! And if we get a sunny day, those bright colors (like red) will cast on your skin and I won't photoshop that.

You can never go wrong with light neutral colors like cream, pastels, taupe, camel or light gray. The camera loves shades of soft pinks and muted blues, mixed with sophisticated light-colored neutrals.

That softer, more pastel-leaning color palette fits beautifully into almost all natural outdoor environments, and especially complements our beautiful ocean state!

If you are changing outfits, my recommendation is to include an outfit that screams sophistication! A hat, statement jewelry, cocktail dress, jumpsuit or maxi dress are always great choices.

Love jeans? You can always achieve a gorgeous look with a pair of jeans, a flowy blouse or a jacket, and a cute pair of sandals or boots!

## LAYERED LOOKS:

The next time you walk by a store like J. Crew or Banana Republic, you'll notice the mannequins and models are always wearing several layers at once. Layers look great on camera, so even when it's hot outside, it's worth an hour of discomfort for photos that will last you a lifetime.





# OUTFIT IDEAS

Check out some outfit ideas  
from past clients!





AFTER YOUR SESSION

# WHAT'S THE TIMELINE LIKE?



## PROOF GALLERY

I will have your proof gallery ready for viewing within 7 days of your session. Sign up with your QR code to receive the email when they are ready.



## YEARBOOK PHOTO

You are able to choose your yearbook photo from the gallery by clicking the "heart" on your favorite image



## PRINTS DELIVERY

You can choose to get your prints delivered to your home for a small fee, or to the school for free at the end of the season (in October)

# PLEASE: DO NOT SCREENSHOT IMAGES FROM YOUR GALLERY

I work really hard to give you senior portraits that you love. All the time I spend shooting, editing, and processing is hard work that I do with lots of love and dedication, and sharing watermarked screenshots of images that have not been purchased is against the contract you signed. Coventry High School seniors save over 60% of my regular prices already, and I hope this is honored by NOT screen shooting images without purchasing. Any image shared with the watermark warning will be reported as copyright infringement.

Again, do not screenshot images that you have not purchased.

Please honor my work by not violating the copyright warning on the watermark.





# FREQUENTLY ASKED QUESTIONS

## CAN I BRING SOMEONE TO MY SESSION?

Since your session is 30 minutes or less, we won't have time to add other people to your session. However, you can schedule your senior session right before or after your best friend or boyfriend/girlfriend, and I will snap a couple of photos of you together :)

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## I'M VERY SHY. WILL MY PHOTOS TURN OUT OK?

Unless you've modeled professionally, you're probably going to feel awkward in front of the camera. Heck, I take photos for a living and I even feel like a deer in the headlights when I'm in front of the camera.

You're going to feel awkward the first five minutes, but as the session goes on and I coach you from beginning to end, you'll find that being photographed can actually be fun. I will make you feel confident and I promise you you'll love your photos!

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## WHAT IF IT RAINS?

I am constantly monitoring the weather, and if the forecast calls for rain and our session is outdoors, we'll reschedule for another time without any additional fee.

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## DO YOU PHOTOSHOP MY PHOTOS?

My rule of thumb is: if it goes away in two weeks, I'll edit it out! Skin blemishes like visible pimples will be edited, but not permanent scars, moles, etc. I won't photoshop dirty or wrinkly clothes either. I will only apply additional edits to purchased images. Please ask for edits BEFORE you order prints.



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## One Last Note



I know I just gave you A LOT to think about! Don't panic :) Just take it one step at a time. I provided a Senior Session Checklist for you on the next page to help you stay organized and on top of things! But if you have any questions at any point, please know I'm here for you! If you love two locations but can't make up your mind, no worries! I can help with that, too. If you need a recommendation of any kind, I'm on it! Remember, I'm just one email away :)

At the end of the day, though, the location you choose and the outfits you wear won't matter nearly as much as the fun we have together and the memories you make. The style choices you make will definitely enhance your photos, but the most important accessory to bring with you is joyfulness -- which is the one thing that makes the biggest difference in your photos anyways. You don't need to have prior experience in front of the camera. Just show up with a smile and I'll take care of the rest :) I'm so excited! See you soon!

XO,  
Gloria



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# Senior Session

## CHECKLIST

- ☐ Choose your location and let me know
- ☐ Schedule hair and makeup appointments (totally optional!)
- ☐ Review Style Guide for outfit inspiration
- ☐ Choose your outfits (drop off at dry cleaner if needed!)
- ☐ Get your nails done (also optional)
- ☐ Let your BBF, boyfriend/girlfriend, or whoever you want with you at your session :)
- ☐ Pack a bag with:
  - ☐ Flats or flip-flops for walking between photo spots
  - ☐ Extra outfits (including shoes and accessories)
  - ☐ Touch-up makeup
  - ☐ Props, sports equipment and/or jersey
  - ☐ Water bottle
  - ☐ Coat or cover-up (for colder sessions)



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