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**CONTACT  
INFORMATION**

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**EDUCATION**

**Bryn Mawr College**, Bryn Mawr, PA  
Master's of Social Services (MSS), May 2007  
Master's of Law and Social Policy, May 2007  
*Capstone project*: Right to Fight: The Exclusion of Women from Combat  
Positions in the United States Military.

**La Salle University**, Philadelphia, PA.  
Bachelor's of Social Work, *Magna Cum Laude*, May 2005

**POSTGRADUATE  
EDUCATION**

Beck Institute for Cognitive Behavioral Therapy, Bala Cynwood, PA  
Cognitive Behavioral Therapy Training, March 2014

Training Institute for Child and Adolescent Eating Disorders, Teaneck, NJ  
Family Based Treatment for Adolescents with Anorexia Nervosa, June 2015

PCIT International, Parent-Child Interaction Therapy Certification Training,  
2016

Behavioral Tech, Dialectical Behavior Therapy Intensive Training, NY, NY,  
Summer 2019-Winter 2020

**LEADERSHIP  
POSITIONS**

Children's Hospital of King's Daughters, Norfolk, VA.  
**Clinical Programming and Operations Manager**, Mental Health Service Line  
(March 2019-Present)  
*Manager, Behavioral Health Program (October 2014-March 2019)*  
*Certified PCIT Therapist*  
*Lead Behavioral Health Social Worker (October 2011-October 2014)*

- Leads program development efforts of \$200 million dollar pediatric mental health expansion.
- Established CHKD Behavioral Health program, procedures and clinical practices.
- Provides clinical and managerial oversight to clinical staff.
- Educates the public and hospital staff on behavioral health techniques and matters.
- Developed integration process for Behavioral Health program, in coordination with CHKD and community providers.
- Provides evidence based treatment to children and families.

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	<p><b>Department of Veterans Affairs</b>, Philadelphia VA Medical Center  <b>Director, Safe Haven Program</b> (January 2011-August 2011)  <i>Licensed Clinical Social Worker, Inpatient Psychiatry</i> (May 2007-January 2011)</p>
	<ul style="list-style-type: none"> <li>• Managed budget for veteran homelessness programs.</li> <li>• Worked with homeless veterans to facilitate services and secure housing.</li> <li>• Completed compensation and pension exams.</li> <li>• Utilized positive psychology techniques while facilitating inpatient psychotherapy groups.</li> <li>• Participated in treatment teams, including hospital medical staff.</li> <li>• Acted as clinical supervisor to MSW interns.</li> </ul>
PROGRAM DEVELOPMENT	<p>Laurel House Domestic Violence Shelter Montgomery County, PA.  <i>Counselor</i> (January 2006-August 2011)</p> <ul style="list-style-type: none"> <li>• Assisted families transitioning out of domestic violence situations.</li> <li>• Provide individual, group and crisis counseling.</li> <li>• Organized activities for the shelter's children's program.</li> <li>• Trained new employees on the duties of staff in this setting.</li> </ul> <p>Villanova School of Law, <i>Clinic for Asylum, Refugee, and Emigrant Services Case Manager and Legal Aid, unpaid</i> (Summer 2005-Winter 2006)</p> <ul style="list-style-type: none"> <li>• Created a social work role for future interns working in the Villanova clinical programs.</li> <li>• Attended and observed immigration hearings.</li> <li>• Provided therapeutic support to refugees and asylum seekers during legal procedures.</li> </ul> <p>St. Paul's Senior Day Program Philadelphia, PA. <i>Activities Coordinator</i>, (Fall 2004- Spring 2005)</p>
FAMILY SERVICES	<p>Lutheran Children and Family Services Philadelphia, PA.  Foster Care Case Worker (Fall 2004 – Spring 2005)</p> <ul style="list-style-type: none"> <li>• Engaged in bi-weekly visitation with families in the program.</li> <li>• Testified to safety and health of children in the foster care system, in front of Philadelphia Family Court.</li> </ul> <p>Building Blocks Daycare Philadelphia, PA.  <i>Teacher's Aide, unpaid</i> (Fall 2003-Fall 2004)</p>
COMMITTEES/ FACULTY	<p><b>Community Faculty</b>, Eastern Virginia Medical School (2013-Present)  CHKD Behavioral Health Committee (2013-Present)  Schwartz Center Planning Committee, Member (2014-Present)CHKD Wellness Committee, Member (2014-Cessation)</p>

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- CHKD Bioethics Day Planning Board (2016)  
Department of Veterans Affairs Mental Illness Awareness Week Planning Committee (2008)  
Social Work Education Planning Board, VA Medical Center (2007-2011)
- HONORS  
ACHIEVEMENTS Department of Veteran's Affairs On-The-Spot Recognition Award (2007-2010)  
Phi Alpha Honor Society  
Uniformed Firefighters Association- Student Excellence Award  
LaSalle University Academic Leadership Award (2005)  
*President*, Alpha Sigma Tau, Gamma Omega Chapter (2004-2005)  
LaSalle University Scholar Athlete (2001- 2003)
- PUBLICATIONS Campbell, E., Hurford, I., Esposito, A. (2013) Comorbid Addictions and Schizophrenia in *Interventions for Addiction Comprehensive Addictive Behaviors and Disorders, Volume 3* (497). San Diego, California: Academic Press.
- LECTURES Your Mental Health and How to Be Your Own Therapist, The Governor's School for the Arts (2019)  
Your Mental Health and How to Be Your Own Therapist, Bayside HS (2019)  
Our outcomes in PCIT Therapy Magic, CHKD, Resident Education (2017)  
Becoming a Behavioral Health Tech at CHKD, What do I do now? (2017)  
Behavioral Health Series for Nurses, CHKD, Co-Instructor (2015, 2016)  
Interventions for Nurses, Nursing Grand Rounds CHKD (2016)  
Mental Health Evaluation of Children Coming into Care, Norfolk DSS (2016)  
Chronic Pain-"It's all in Your Head," Nursing education series, CHKD (2015)  
Coping with Chronic Pain-"Actor or Warrior," GI ed series, CHKD (2015)  
Chronic Pain-"When Chronic Pain Meets a Therapist," Nursing Education (2015)
- PRESENTATIONS Annual Pediatric and Sport's Medicine Update: Practice Makes Perfect: Building Confidence in Talking to Athletes about Mental Health Topics and Suicide, Workshop Presenter (2018)  
Annual Pediatric and Sport's Medicine Update: There's No "I" in Team: How well-informed coaches and treatment providers impacted an athlete's recovery from Anorexia Nervosa, Plenary Session Speaker (2018)  
Annual Pediatric and Sport's Medicine Update: We Need you on the Team: Using CBT Techniques for Better Outcomes, Content Expert (2017)  
21<sup>st</sup> Annual School Healthcare Conference, Supporting Students with a Mental Health Diagnosis, Teen Panel Moderator (2017)  
Evelyn G. Keever Bioethics Day Lifting the Veil: The Stigma of Mental Illness and Barriers to Getting Help, Panel Moderator (2016)  
An Introduction to CHKD Behavioral Health Department, VB City Union (2016)

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PROFESSIONAL ORGANIZATIONS	American Psychological Association (2013-2015) Junior League of Philadelphia (2008-2010) National Association of Social Workers (2007-2012)
PROFESSIONAL DEVELOPMENT	<b><i>LCSW Supervisor Certification (2019)</i></b> Using CBT for ADHD with J. Russell Ramsay, PhD (2015) Accessing Optimal Performance States with Courtney Armstrong (2015) Play Therapy: The Art of the Relationship with Garry Landreth (2013) Understand the DSM V (2013) Skills in Cognitive Behavioral Therapy (2013) Acceptance and Commitment Therapy (2012) Executive and Life Coaching (2012) Contracting Officers Technical Representative Training (2011) Creative Art's Therapy with Trauma Survivors (2010) Prevention and Management of Disruptive Behavior (2010) Suicide Risk Management Training (2009) Cognitive-Behavioral Therapy for PTSD (2009) Traumatic Brain Injury (2007)
VOLUNTEER EXPERIENCE	Grace Bible Church Children's Ministry Volunteer (2017-2019) My Chic's Consignment Volunteer (2013-2015) Ronald McDonald House (2013) MANNA (Metropolitan Area Neighborhood Nutrition Alliance) (2009,2010,2011) Standdown ( <i>Health care to homeless veterans</i> ) worker (2007-2010) Post Deployment Health Reassessment worker (2010) Fernhill Park Mural Arts Project (2009) Uniformed Firefighters Association Widows and Orphans Fund (2007) Habitat for Humanity (2004-2005) Thomas Crieghton Elementary School, Tutor (2004-2005) <b>World Trade Center Site</b> New York, NY. <i>9/11 Disaster Relief volunteer</i> (2001)