

WOMANS HORSE & HEALING RETREAT



TOP 10 BENEFITS OF THE RETREAT

1. Emotional Healing
2. Inner Clarity
3. Calm & Relaxation
4. Mindfulness in Nature
5. Stronger Boundaries
6. Meaningful Community
7. Spiritual Renewal
8. Boosted Confidence
9. Freedom from Perfectionism
10. Creative Inspiration



October 11-12, 2025 Saturday-Sunday
The Big Red Barn, Highlands, NC \$599 per person

Registration: <https://forms.gle/9FwYdRo4hLjiqoLTA>



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Call for questions and to register 828 507 3131