

Three Paths to Whole-Person Care

*A side-by-side look at what's included in each membership,
and how we expand our support at every level.*

Feature	Nivaan Essence	Nivaan Elevate	Nivaan Nirvana
Physician Access	Direct phone & email access Priority telemedicine	Includes all Nivaan Essence + 24/7 urgent care access	Includes all Nivaan Elevate + 30-min response time
In-Home Visits	2 extended visits annually	4 comprehensive visits annually	Unlimited + Monthly home visits
Executive Physicals	1 annually with advanced screenings	1 annually with advanced screenings	2 annually with advanced imaging
IV Wellness Infusions	2 annually	4 annually	6 annually
Advanced Diagnostics	Preventive screenings	Includes all Nivaan Essence + continuous biomarker monitoring + full-body MRI & coronary CT	Includes all Nivaan Elevate + advanced functional medicine consults
Care Coordination	Bespoke referrals	Nivaan Essence + Healthcare navigation + Elite wellness specialist network	Nivaan Elevate + Physician accompaniment to specialists and concierge-level orchestration
Therapeutic Optimization & Oversight	Comprehensive medication management	Nirvaan Essence + Nutrition & lifestyle coaching	Nivaan Elevate + Executive Precision supplement management
Global Health Support	Global travel health & physician-guided support	Global travel health & physician- guided support + option for physician accompaniment	Global travel health & physician- guided support + option for physician accompaniment
Breakthrough Therapies Access	—	—	Exclusive access to regenerative & longevity therapies

Membership details are subject to change without notice.