

EXION FRACTIONAL RF & EMFEMME 360: REGENERATIVE THERAPY FOR LICHEN SCLEROSUS

A NOVEL MULTIMODAL REGENERATIVE APPROACH FOR LICHEN SCLEROSUS: A CASE SERIES ON EMFEMME 360, EXION FRACTIONAL RF, AND BIOLOGICS COMBINATION THERAPY

Shari Caplan, MD, CCFP, FCFP, FAARM¹, Yalda Nasir, MD¹

1. VitalityMD, Integrative Medical Center, Toronto, Canada

Highlights

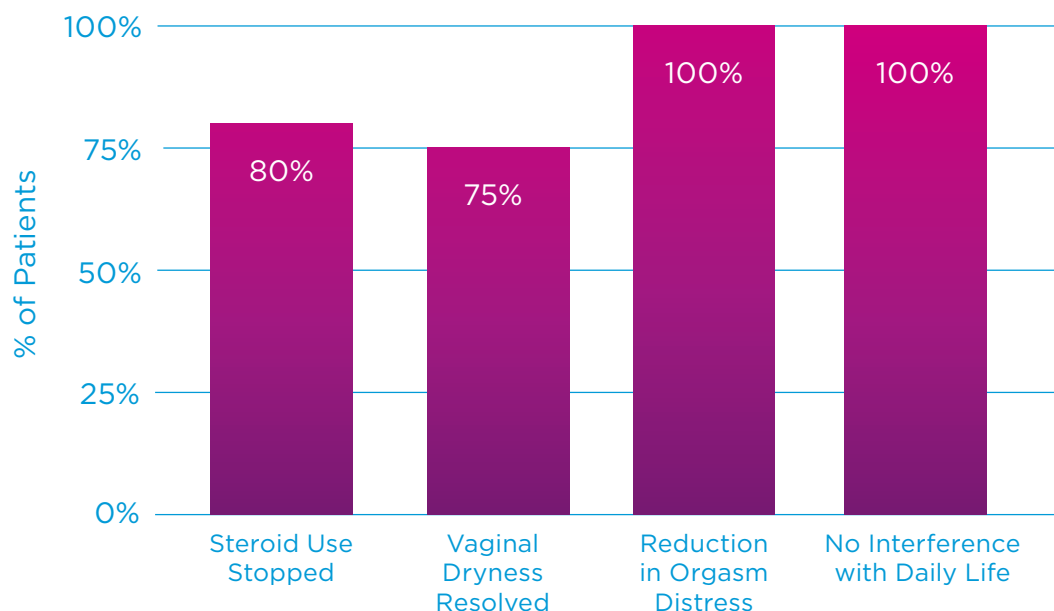
- **10** patients (28-88 years, 9 females, 1 male)
- Three EMFEMME 360 treatments combined with EXION FRF and biologics (PRP or exosomes), spaced 14 days apart
- Applied intravaginally, vulvally, or to the external genitalia, depending on individual patient needs
- Evaluation methods:
 - Female Sexual Questionnaire
 - Lichen Sclerosis Questionnaire
- Findings confirmed improvement across key symptoms, including vaginal dryness, atrophy, and itching, as well as overall sexual health

88%

Reduction in Itching and Burning

49%

Reduction in Pain



Results from the Lichen Sclerosis Questionnaire assessing patient-reported improvements across various symptoms following treatment