

THE BIBLE DOESN'T SAY THAT

“God Won’t
Give Me
More Than I
Can Handle”

📍 New Life Christian Center
October 08, 2023
Pastor David Larson | Turlock
Pastor Jeremy Moore | Patterson

Key Verse:

And God is faithful. He will not allow the temptation to be more than you can stand. When you are tempted, he will show you a way out so that you can endure.

1 Corinthians 10:12-13 (NLT)

My guilt overwhelms me - it is a burden too heavy to bear. I am exhausted and completely crushed. My groans come from an anguished heart. Psalms 38:4;8 (NLT)

...he became deeply troubled and distressed. He told them, “My soul is crushed with grief to the point of death.”

Mark 14:33b-34a (NLT)

1. I will depend on his _____.

We think you ought to know, dear brothers and sisters, about the trouble we went through in the province of Asia. We were crushed and overwhelmed beyond our ability to endure, and we thought we would never live through it. In fact, we expected to die. But as a result, we stopped relying on ourselves and learned to rely only on God, who raises the dead. And he did rescue us from mortal danger, and he will rescue us again. We have placed our confidence in him, and he will continue to rescue us.

2 Corinthians 1:8-10 (NLT)

The Lord is close to all who call on him, yes, to all who call on him in truth. Psalm 145:18

Come close to God, and God will come close to you. James 4:8a (NLT)

2. I will trust Him in the _____.

He must become greater and greater, and I must become less and less. John 3:30 (NLT)

3. I will experience His _____.

Three different times I begged the Lord to take it away. Each time he said, “My grace is all you need. My power works best in weakness.” So now I am glad to boast about my weaknesses, so that the power of Christ can work through me. That’s why I take pleasure in my weaknesses, and in the insults, hardships, persecutions, and troubles that I suffer for Christ. For when I am weak, then I am strong. 2 Corinthians 12:8-10 (NLT)

“Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you’ll recover your life. I’ll show you how to take a real rest. Walk with me and work with me - watch how I do it. Learn the unforced rhythms of grace. I won’t lay anything heavy or ill-fitting on you. Keep company with me and you’ll learn to live freely and lightly.” Matthew 11:28-30 (MSG)

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1. I will depend on his PRESENCE.

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2. I will trust Him in the PROCESS.

He must become greater and greater, and I must become less and less. John 3:30 (NLT)

3. I will experience His POWER.

Three different times I begged the Lord to take it away. Each time he said, “My grace is all you need. My power works best in weakness.” So now I am glad to boast about my weaknesses, so that the power of Christ can work through me. That’s why I take pleasure in my weaknesses, and in the insults, hardships, persecutions, and troubles that I suffer for Christ. For when I am weak, then I am strong. 2 Corinthians 12:8-10 (NLT)

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DISCUSSION QUESTIONS

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WEEK 6

“GOD WON'T
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[CONNECT]

Talk about a season in your life when you went through more than you could handle.

[ENGAGE]

What stood out to you from this weekend's message?

[GROW]

The scripture where we believe God not giving us more than we can handle is from 1 Corinthians 10:12-13. However, it's not talking about life in general. Read the scripture and discuss what Paul was actually saying.

Who are some Bible characters that endured much more than anyone should handle?

The fact is, God WILL allow us to go through more than we can handle so that we will:

- Depend on His PRESENCE
- Trust Him in the PROCESS
- Experience HIS POWER

Describe a time(s) in your life when each of the above have been true for you in the middle of a life "storm".

Read 2 Corinthians 12 and discuss Paul's "thorn" he had to endure. What 'thorn' have you had to wrestle with in your life that you need to surrender to God?

[LEAD (YOURSELF)]

This week:

Give a name to your 'weight'? Addiction. Career. Kids. Marriage. Cancer. Depression. Bitterness. Unforgiveness. Family Conflict.

What is it in your life...you can admit is more than you can handle? Because it may be light for a while, or maybe it started out as light...but now – it's more than you can handle. It's more than you can handle because you weren't meant to carry it, or go through it... by yourself.

Stop relying on yourself...and start relying ONLY on God. Say, "God, I can't hold this on my own. It's too much. It's too heavy. It's more than I can handle. I need your presence. I need your process...and I need your power."