

BALI TIME CHAMBER

# MENU

OPENING HOURS

7.30 am - 9pm

## CREATE YOUR OWN PLATE

### RED MEAT & SEAFOOD (Max 3 per day)

Australian beef patty (200g)	100k
Rib-eye steak (200g)	125k
Tenderloin steak (200g)	145k
Striploin steak (200g)	135k
Mahi-mahi fillet (200g)	115k
Barramundi fillet (200g)	135k
Prawns (6pcs)	115k

### EGGS & CHICKEN (Max 3 per day)

Organic eggs any style (2 pcs)	40k
Shredded chicken (250g)	75k

### SUPERFOODS (Max 2 per day)

Bone marrow (1pc)	55k
Sauteed beef liver (60g)	50k

### CARBS (Max 3 per day)

Roasted baby potatoes	20k
Sweet potatoes fries	25k
Mashed potatoes	25k
White rice	20k
Red rice	25k
Roasted pumpkin	15k

### VEGGIES (Max 3 per day)

Oven-roasted tomatoes	30k
Mushrooms	35k
Sautéed spinach	30k
Grilled zucchini	35k
Broccoli	35k
Green beans	20k
Carrots	20k

## DESSERTS (Max. 3 per day)

### TROPICAL FRUIT SALAD

With seasonal fruits of the day.....60k

### PALEO CARROT CAKE

A healthy dessert topped with coconut cream frosting.....60k

### DARK CHOC BROWNIE (GF)

A warm, chewy and decadent dessert for chocolate lovers.....60k

### SMOOTHIE BOWLS

#### CHUNKY MONKEY

Cacao powder, banana, peanut butter, topped with strawberry, granola and choc chips.....60k

#### DRAGON BOWL Z

A blend of dragon fruit, papaya and coconut water topped with coconut flakes and granola.....60k

## DRINKS (Max. 3 per day)

\*Optional milk: cow / coconut

### COFFEE

Espresso single shot.....15k

Espresso double shot.....20k

Americano.....30k

Cappuccino.....35k

Latte.....35k

### JUICE

(Choose 1 or mix up to 3)

Orange .....30k

Watermelon                      Papaya

Pinneapple                      Lime

**BEEF BONE BROTH.....30k**

### HOT DRINKS

Homemade hot chocolate.....35k

Turmeric golden milk.....35k

Chai latte.....35k

**GLASS OF FRESH MILK .....20k**

### TEA

Fresh lemongrass & ginger.....25k

Green tea.....28k

Peppermint.....28k

English breakfast tea.....28k

**IMMUNITY SHOT .....30k**

Ginger or Turmeric