BOLD! A 30-Day Coaching Experience

For BOLD people, ready to set BOLD goals, and end 2024 on a high!

You know you're meant for <u>more.</u> And you're ready to claim it

I think you know what that 'more' looks like

(even if you haven't "said it out loud to yourself yet").

So why aren't you BOLDly going for it?

THE TRUTH? (You already know it)

You're playing it safe.

Holding back.

But guess what?

That's not YOU!

And this is also the truth - it's never been you before so why are you settling now?

You know staying in your comfort zone will become very <u>uncomfortable</u> if you stay in it too long (or perhaps that is exactly where you are right now?

In BOLD, you'll gain the clarity + confidence needed to commit to a dream that excites you, scares you, and pushes you to grow!

Here's what you need to know about BOLD...

BOLD is designed to catapult high-achieving women into their next chapter.

We start on 1st November and it includes the perfect mix of 1:1 and group coaching.

You've already accomplished great things, but something has been missing lately.

There's a new dream or challenge trying to get your attention.

In BOLD you will:

- **Get certainty on your (next) vision** and set a new BOLD Goal that lights you up so freakin much you can't wait to get started!
- Work through every mindset block that has kept you from fully owning your dreams until now.
- Create a concise, actionable plan to make achieving it inevitable, using my proven Meant for More® Methodology.
- Take beautifully BOLD action.

BOLD'S PURPOSE? Set <u>2025 You</u> up for success by taking action now.

This one's for the doers.

The action takers.

The ambitious ones ready for their (virtual) B12 Booster!

If you resonate with any of the below statements then I believe BOLD is perfect for you:

- I am NOT settling
- I am ready to be called forward (again)
- I'm proud of what I've achieved
- I want more and I'm willing to show up for it

Pause for a second and imagine what life would look like if you...

- Had space to OWN that there's something more you just have to go out and get for yourself
- Feel the spark of energy that ONLY chasing a new goal can give you
- Knew you were living as the REAL you
- REALLY showed up for yourself
- Felt genuinely excited every single day about the goal you were working on

Your 30-Day BOLD Journey is deeply personalised

BIG Dreams. BIG Goals....BOLD Action.

STEP 1: DECIDE + ALIGN

This is where you stop holding back. You stop playing small and decide; you're available for (even) MORE.

And in the words of Moloko, the time IS now.

We'll get you re-connected to what you REALLY want....in all areas of your life.

No more avoiding it.

No more excuses.

No more waiting for the "right time".

I know you're not available to drop the ball on your health, your relationships, and other important areas while going after your next big goal, so I've got that bit covered.

The vibe is:

'No sacrifices were made in the achieving of this epic life'

STEP 2: OVERCOME

Because we didn't come this far, to only come THIS far!

Let's get real. What stories have you been telling yourself lately?

- "I don't have time,"
- "I'm not ready,"
- o "I'm too old",
- "I am happy as I am / with what I have" (this can be true AND you can go after more, by the way)
- "What if I don't do it?".

Maybe you're not following through right now but in BOLD you'll be coached through this so *you* are no longer the biggest thing standing in your way.

Call it sabotage, call it protection, call it upper limiting - whatever you call it, we'll be overcoming it.

It's time to confront these limiting beliefs that have kept you playing smaller than you're meant for.

We'll bring it all to the surface (claiming BOLD goals and wanting more will do that!), and then work through it together using different coaching modalities.

Shifting you into a BOLDER mindset ready to GO FOR IT.

STEP 3: TAKE BOLD ACTION

Here's where you show up as the person who gets it done. Bold, decisive, action towards your goal. No excuses.

I will be right by your side laser coaching you (on the daily if necessary!).

We're shining a light on the woman you've always been.

By the end of our 30 days, you'll be amazed how much has changed and I can't wait to celebrate with you!

In BOLD there is nowhere to hide:)

Don't join us if you're someone who likes to learn...but not do.

Or if you like your comfort zone too much to leave it!

THE DETAILS

When: 1st - 30th November 2024

Where: Online. We'll connect via the Telegram app for your 1:1 coaching and on Zoom for the group aspects of BOLD.

What: A transformational 30 days where you'll step into the BOLDEST version of yourself with weekly group coaching - plus private access to me for 30 days to help you make those BOLD moves.

Includes:

- Weekly group training to get you thinking BOLDly and inspiring one another. (Mondays at 9.30 GMT / 10.30 CET / 20.30 AEDT)
- 30 days of 1:1 coaching with Jo via Telegram (a bit like WhatsApp where we can text and voice message) to create significant momentum.

- A small but aligned community of ambitious women ALL claiming more.
- A 30-day blast of Meant for More energy (the whole thing is worth it for that in itself!)
- The perfect mix of 1:1 + group support.
- Behind-the-scenes insights around what's working and not working for me this year

BOLD does NOT include:

- X A massive, overwhelming community where you're just a number
- X Heaps of long videos to sit through to get what you need
- X Literally nothing you don't need! Just me, my newest thoughts and philosophies for claiming more, and the perfect amount of my unique Meant for More Mentoring to support you to get BOLD results in 30 days.

How much?: USD \$444 (that's roughly £340 / AUD \$660 / NZD \$725 / CAD \$600)

There is never going to be a magical moment when you feel ready, have the necessary time and energy, and everything just falls into place so let's stop waiting for it!

JOIN US BY CLICKING HERE AND RESERVING YOUR SPOT IN BOLD!

*Want to pay in GBP? Click here.

BIG Dreams, BIG Goals, BOLD Action.

This is for you if you're already BOLD + AMBITIOUS (and just need to give that part of you a little prod!).

If you're not sure whether this is right for you send me an email: jo@jobendle.com or message me on Telegram or Instagram.

MEANT TOTAL TOTAL