

SHOPPING LIST

SWEET LOVE RECIPES

PRODUCE

- 2 cups of fresh or frozen strawberries
- 4-6 mint leaves
- 2 medium sweet potatoes
- 2 pounds fresh green beans
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MEAT, FISH & POULTRY

- 4-6 strips bacon
- 2 boneless pork chops
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DAIRY & EGGS

- 2 tablespoon unsalted butter
- 2/3 cup heavy whipping cream
- 4 ounces cream cheese
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BAKING, SPICES, OILS & CONDIMENTS

- 1 1/2 tablespoon vegetable oil
- 1 tablespoon cane sugar
- 1/2 tsp cinnamon
- 2/3 cup brown sugar
- 2 tablespoons Dijon mustard
- 4 cloves garlic, minced
- 1 teaspoon chopped Italian parsley
- 2 1/2 tablespoons honey
- 1/2 teaspoon apple cider vinegar
- 3 dashes cayenne pepper
- 1/4 cup sugar
- 3/4 tbsp vanilla extract
- 15 mini fillo shells
- 1/4 cup dark chocolate chips
- 1/4 cup salted caramel
- chocolate shavings (optional)
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BREAD, GRAINS & CEREAL

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BEVERAGES

- 2 cups of limeade juice
- 2 shots of vodka (optional)
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MISCELLANEOUS

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