

(#277) Why I created the Manif...tation Babe Academy Re-release

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SPEAKERS

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Welcome to the Manifestation Babe podcast. My name is Kathrin Zenkina, and I'm a manifestation expert, master mindset coach, and multiple seven-figure entrepreneur. I'm obsessed with helping you achieve everything that you once thought was impossible. If you're looking to massively uplevel your life, your finances, your relationships, your productivity, and success, then you have come to the right place. My goal in this podcast is to help you see the infinite potential within yourself to be, do, and have anything that your heart desires. Think of this podcast as your weekly dose of mindset development to help you maximize who you are and where you're going. Leave it to me to provide you with the tools, the resources, the strategies, and teachings that you need to manifest a reality wilder than your wildest dreams. I know we're about to have so much fun together. So thank you so much for pushing play today. And now, let's begin.

Hello, my beautiful souls and welcome to the Manifestation Babe podcast. So if you're listening to this episode, right now, right this second, it means that the doors to my all-encompassing beast of a program, the Manifestation Babe Academy, my personal baby at this time, is officially open, which means you can literally sign up for it right now because it is time. It is fucking time you gave yourself permission to be the human that you came here to be and live your dream life while you're here, because why not? And last time I checked, babe, you only get this one life as this iteration of your soul. And unfortunately, but also fortunately in some ways, you don't get redos, you don't get do overs, it is your responsibility to make the most of it right now. And no matter what your age is, or how much you think it's too late, or anything like that, any limitation that enters inside of your mind, any illusion that comes into your mind, I want to remind you that the right time is always right now, and I'm going to make this super easy for you by giving you an opportunity to sign up for this program.

So these two programs were the two main places where you can access knowledge and practices on how to manifest all kinds of epic things into your life, like money with Rich Babe Academy, new opportunities, your dream job, your dream relationship, basically anything that you want. When you took the two courses, it was the whole shebang, right? And after a while, I just felt this new thing

being birthed inside of me and I really wanted to create this singular space where people can just come into this one place and it's like this home, this manifestation hub, this home that I can cultivate for people who really want to dive deep, and transform their life, and not have to worry about choosing a program over another program and which one's going to be better for me? Which one should I start with first? And I also realized, I got kind of tired of people asking me the difference between RBA and MBA, and I just wanted to simplify things. And I also personally got just tired of compartmentalizing myself when teaching these two programs. Because, even though the core principles are the same, there are the differences as well. But I just wanted to put it all into one place. So what did I do? I closed both programs, and I created something new. Something that combines both the core elements of RBA and MBA, but also I evolved everything. I completely evolved them, and expanded on them, and I added so many other epic things into them as well.

So I turned it from a four-week program and a six-week program to this one big, massive 16-week program. So I am combining 12 years of my manifestation wisdom and experience that I've gained from practicing, and applying this stuff myself, and then of course, helping my clients and students make manifestation like this solid part of their lives, and experience as well. And this is truly that program. And my intention is to make it that program that's going to teach you everything in one place where you could ever need to know about making manifestation a daily lived conscious experience for you. And taking you from where you currently are right now to where you really want to go, which is your dream life, I'm assuming. This is a program that's going to be filling in all the gaps that are currently holding you back from experiencing your dream life. And this went with the original intention behind RBA and MBA and of course, combining them together, this intention still stands where the biggest reason, my biggest motivation behind why I created my programs is because over the many years that I've been in this space, I noticed that there's still this gap in the spiritual community. There's this gap amongst good hearted people who have all the right information, or maybe they have not the right information, but they have this information. They're kind of overwhelmed with this information, because I don't know if you noticed, but the trends around manifestation have been growing. It's been everywhere. It's been all over TikTok, it's been all over Instagram, it's been all over the Googles, and the YouTube, and everyone is a manifestation expert now, you know what I mean? Which is awesome, and I'm so happy this is becoming mainstream. But even amongst all this information, there are still so many people who don't have results to show for that knowledge. And it's not because manifestation doesn't work, it totally works. But it's because there is so much content out there that either people are getting stuck in this "oh, I already know that mentality" and they're not actually practicing it. Or it's just too much, it's confusing, some of it is conflicting.

I know a lot of the questions that I get in my DMS and my comments are all these conflicting things, right? Like, I heard this, and I also heard that, and I also heard this third thing, so which one is it? I don't know, I'm getting overwhelmed. And I want to help people understand what is the correct information. And just a lot of people don't really have that deep level of understanding, because there are people out there who either haven't been practicing it long enough, or they just deemed it to not work, and so they kind of gave up on it. And so, from the understanding that I've developed, and now teach, of how manifestation works, and why you practice certain practices, and what actually works versus what doesn't work is everything that you can find inside of this program, as well as all the deep, unconscious programming that people are unaware of, that I help you rewire, which is kind of hard to just get from googling, right? How do you know what to Google if you don't know what you don't know? Right? That's a huge thing where if you don't know what you don't know, it's kind of hard to ask someone a question, or it's kind of hard to YouTube this, or Google that, or whatever.

And this is the understanding that I've developed over the last many, many years now. I've been familiar with manifestation for 12 years, but I've been really teaching it, kind of being this expert on it, for the last five years. So there's just a lot of stuff, a lot of patterns that I noticed, and a lot of wisdom, right? Because wisdom is applied knowledge of what truly works and what doesn't, and MBA is the single place where you will learn how to figure out what you really want and clear out any and all this crap that's clogging up your flow of receiving the things that you want. It's a place where you're going to release self-sabotaging behaviors that slow down the manifestation process because it's a lot of what does create that gap. It's that sometimes we have the right information, we do the practices, but then something unconsciously sabotages us, right? There's this limiting belief underneath the surface from our childhood that just pops up, but we're not aware of what it is and where it's coming from. And so that's something that we need to rewire, right? And inside of MBA is where you're going to learn how to attract everything that you want, and create a life that not only looks great on the outside, but feels fucking amazing on the inside, too. Because what is the point of having all these decorations in your life, if you're not happy about your life, if you're not enjoying these decorations, right? There's no point. You want to start with what's on the inside first, and then from there, everything else is truly a bonus. And I think that a lot of people have this backwards, where they think that manifestation is about just collecting shiny objects, and materialism, and all that stuff. But for me, it's really about manifesting a life that feels just epic on the inside, creating emotional wealth, and mental wealth, and spiritual wealth, and then translating that into things that I like. If I want a luxury handbag, then I get to have one. And it's not something that I am attracting, or should I say, trying to attract because I feel like it's going to make me feel good on the inside. I already feel good on the inside, and these are just things that I want, and there's nothing wrong with that. And so that's the approach that I take.

And my approach is also something that's very attainable. It's sustainable. Sustainability is very important to me, if I can't keep up with it every single day, and if I can't make this an everyday lived experience, then it's too much for me, I just can't do it, right? It goes the same with my diet. If my diet is not sustainable, I'm gonna fall off, right? If my workouts are unsustainable, I'm gonna fall off the bandwagon. And in order for you to reach your goals and reach your dream life, you want to make sure your dream life is sustainable. And in order to get there, if you want to create a sustainable dream life, your approach to getting there better be sustainable, it only makes sense, right? If it's unsustainable and unattainable, and something that requires this very complex process, and you got to meditate for 10 hours a day, which is so unsustainable. Of course, when you finally get that dream life, you're gonna think that the key to keeping it is meditating for 10 hours, right? Which is an unsustainable approach. So I give you guys what is sustainable, and I also created an approach that respects each person's unique relationship with the universe. Because here's the thing, we're not the same person. And each of us has a unique energetic signature, each of us has a unique relationship with the universe. And we often forget about this. And we think that someone else's style and approach is going to be our style and approach. And we get frustrated when someone else's step-by-step doesn't work for us. And sure there is a consistent science behind manifestation that is going to be very consistent no matter what, because you can't- the laws of the universe don't apply differently to different people, they apply to people the same way because they are laws. But how you go about creating the shifts in your life, and how you go about building that sense of certainty, which is so important in the manifestation process, is going to vary with each individual. That's why for some people, and I'll talk about this a bit more as I break down the phases and what is actually inside of MBA. But for example, we're going to be bringing in the teachings and the system of Human Design, because human design is something that really opened up a more sustainable approach to

manifestation for me, because I started going with my design versus against my design. And I understood that just because something works for another person, my relationship with the universe is different. And so I'm going to help you break that down and find out how your unique relationship works so that you can make this a sustainable, attainable, actionable process. And, of course, I pride myself in making manifestation a simplified, broken down process so that you can attain it, sustain it, and most of all, make it actionable so that you know what you need to apply in order for you to get to the life of your dreams.

So here's what you're gonna find inside. There's 14 modules, broken down by six phases. So phase one is a foundational phase, which is where we're gonna dive in right away and set some powerful intentions that the universe cannot help but get behind. We're going to dig into the primary motives behind why you desire the things that you desire, so that you can become an irresistible magnet to them. Because that certainty creates clarity, and that clarity sharpens your vibration, and a sharper vibration makes a stronger magnet, so it all goes together. It's very important to understand why you're in here and why you want to do the things that you want to do. And then we're going to dive into what makes this program so effective, which is creating change at the highest hierarchical level, which we're going to talk about that hierarchy of change in the foundational phase, which is such a game changer and is what makes change so sustainable inside of MBA.

Phase Two is the unlearn phase. So in the unlearn phase, you're going to be unlearning outdated manifestation misconceptions that are keeping you stuck. You're going to be learning how reality is created on a scientific, psychological, and spiritual level, as well as how to tap into the immutable universal laws that literally control every aspect of manifesting your dream reality, because it's literally the framework that makes this universe possible. So you got to know that, it's kind of important to know that and know how to work with the laws rather than against them.

Phase Three is the release phase, this is my personal favorite. So in the release phase of the program, we're going to dive into implementing the most effective tools proven by neuroscience to release core, past life, and generational beliefs that are keeping you in a vicious cycle of creating a life less than what you truly deserve. And as a bonus, this was something we got feedback from in the last round of Rich Babe Academy. So we decided to create this bonus in this phase, where you're also going to get a three part mini course within the course. There's going to be a three part mini course, created by one of my past Rich Babe Academy students and now a teacher inside of this program, Juliet Obodo. She's actually been on the podcast before, so you might be familiar with her, to help better support those who identify as BBIPOC, black brown indigenous people of color, to release any racial or ancestral trauma that may be preventing them from manifesting their desires, which is some powerful shit. And I'm really excited for her to take you on this journey. Whether you do identify as BBIPOC or not, there are some awesome tools that she's going to be offering that can be applied to racial and ancestral trauma, or just any other trauma that you might be dealing with that's preventing you from manifesting your desires. And if you're not familiar with Juliet, she's a master neurolinguistic programming practitioner, she's a master hypnotherapist, she's currently getting her PhD in clinical psychology, with a focus on ancestral trauma as well, so freaking cool.

So phase four is the rewire phase. And in the rewire phase, we get to know that your brain is an incredible, powerful, and super malleable tool that we can use to turn on the process of manifesting

on autopilot after we have released the crap that's clogging up our energetic fields and getting in our way from the release phase. We're going to dive into the rewire phase, where we will learn how to use even more tools to encode new, empowering, powerful beliefs into our subconscious minds, where we no longer have detrimental habits, beliefs, and thought patterns that are getting in our way of living in alignment with who we came here to be, the mission and the purpose that we came here to fulfill, and the dream life that we came here to live.

Phase five is the relearn phase. So this is where we're going to dive into the ultra juicy advanced manifestation goodness. So now that you're clear and clean from the release phase, and you have this clean slate, and you have rewired your brain with new empowering beliefs, you're going to implement the no-fail four-step manifestation formula to manifest any desire that lights your heart on fire. This is the exact four-step manifestation formula that I've literally used to manifest everything in my life, literally from the biggest things, to the tiniest things, to the most epic things, to the daily things. Anything I put into this formula, and it just works. This is also where you're going to learn never before top content on creating your own unique manifesting process, where we'll be using the system of human design to learn how to effortlessly and easily manifest according to your unique type, your strategy, authority, and your activated centers, which is some Human Design terminology you're going to learn very soon. If you went "Huh? what is that?" You're going to learn that.

And the last phase is phase six. So this is the recreate phase, and in the recreate phase of the program is where you're going to learn how to become the full embodiment of your higher self fulfilling his, her, their highest potential. At the end of this program, manifestation is literally no longer a concept to you anymore. It is a daily living and breathing experience where you're going to be equipped with very powerful tools that keep this a lifelong process. There is no more falling off the bandwagon, none of that shit anymore. You've taken the red pill from the matrix, and there's no going back. So you know how this shit works now, and you're gonna bank on it for life. So those are the six phases. And again, it's 14 modules broken down into this journey that I'm going to take you on.

And then of course, there's going to be some bonuses. And this is going to work like my other programs, where every round I'll probably include something new in here. And as a member of The New Manifestation Babe Academy, you're going to get lifetime access to the program. So you get to keep it forever. Just one enrollment equals keep it forever. And then you're also going to get access to any future updates, or any new tools, or anything that I add into it. So starting off with the bonus that I'm including in the first round of the new MBA is the Rich Babe Prosperity Masterclass. So that might sound familiar, but by now you have this strong core that was already inside of RBA and also in MBA. But here we're just going to go and break down those specifics of money manifestation, where we're going to go deeper into money beliefs and specific money blocks here as well. And this is also where I'm going to be sharing with you my own Rich Babe Financial Freedom playbook that helped me pay off \$25,000 of debt in a single year. It's a really great resource you guys, and I'm so excited to give it to you as part of this program.

Some commonly asked questions that we get, and these are the answers, is yes, there's absolutely payment options. If you want to split the investment over time, .

Yes, you're absolutely going to get lifetime access to MBA. Once you sign up, you're going to get all the updates to this course for as long as I'm updating it. And I already have ideas, I know sounds weird because I'm still in creation mode, and I'm putting a lot into it, and I already have ideas for what I'm going to add to it later. So it's only gonna get better and better.

So yeah, if you guys are ready to sign up for The New Manifestation Babe Academy, head over to manifestationbabeacademy.com

And if you have any questions while you're making the decision to enroll inside of MBA, you can always email my beautiful team at Hello@manifestationbabe.com and they're going to be more than happy to assist you, and we'll get back to you within 24 hours. And of course, I could only go so much into this episode. I have a whole FAQ section, I got even more details and even more stuff that I pretty much just summarized in this podcast episode on the actual page itself. So again, it's manifestationbabeacademy.com to enroll. I love you guys so freaking much. I thank you for sharing this program with anybody who you believe could benefit from this program. If you're an alumni, I love you. I also appreciate you sharing this program with anyone that you believe can benefit from it. I hope you have an epic week, and I cannot wait to welcome you inside of this super special program that I designed for you. All right, till the next episode, guys.

Bye.

Thank you so much for tuning in to today's episode. If you absolutely loved what you heard today, be sure to share it with me by leaving a review on iTunes so that I can keep the good stuff coming your way. If you aren't already following me on social media, come soak up the extra inspiration on Instagram by following [@manifestationbabe](https://www.instagram.com/manifestationbabe) or visiting my website at manifestationbabe.com. I love and adore you so much and can't wait to connect with you in the next episode. In the meantime, go out there and manifest some magic.