

the five elements of the
**WORK-LIFE
SUCCESS
FORMULA**

FAITH

Includes being
connected to God and
grounded spiritually

FAMILY

Includes nurturing
relationships with both
family and friends

FITNESS

Inclues physical, mental
and emotional health
and wellness

FINANCES

Includes understanding
your current financial
picture and planning for
the future

FULFILLMENT

Includes both career
satisfaction and personal
fulfillment.