

Oaxaca 2025

April 9-13, 2025

DAILY OFFERINGS AT THE VILLA

OPTIONAL SUNRISE YOGA | Welcome the day from one of the many beautiful vistas on the grounds.

BREAKFAST | Fresh, local fruits and coffee to start your day, available from 8am-10:30am.

LUNCH | Available at the Villa for those who spend the afternoon on the property.

AFTERNOON ACTIVITY | Spend time at the pool, on the coast, or exploring the area! Each couple will have a custom map of places to explore, or schedule an activity on the property such as stand-up paddle boarding, surf lessons, local hike, or book a couples massage.

DINNER ON THE PROPERTY | Prepared by our Villa Chef with all dietary restrictions considered. Or, choose to have dinner in the area with your partner!

SALSA LESSON | Optional Nightly dance lessons led by Paulina! Learn the basics of salsa with your partner.

COUPLES RETREAT ITINERARY



DAY ONE | ARRIVAL

AIRPORT PICK-UP | Meet your Private Driver and head to the Villa, a 15min drive from the airport

APERITIVOS | Get settled in to your private bungalow, with a welcome drink in hand. Explore the property, from a myriad of outdoor spaces, including terraces, gardens, courtyards, palm groves, fruit trees, lookout points, chill-out areas, arbors, oases, exterior showers, sandy footpaths, grassy areas, beach palapas, and sun and shaded spots. Enjoy the private pool and coastline. Relax and unwind together.

WELCOME DINNER | Enjoy an authentic Mexican dinner with our in-house Chef, prepared with fresh, regional ingredients and all dietary restrictions considered. Get to know other travelers and mingle.

INTRODUCTION + CONNECTION | An icebreaker activity led by Liz to get to know the other travelers and inspire connection. This will be a fun way to talk about your meet-cutes, what you love about your partner, and how you foster connection together.

DAY TWO | COMMUNICATION + COCKTAILS

In addition to daily activities available on the property, today's planned experiences include:

COACHING SESSION I | An interactive 1hour session led by Shemiah to understand communication styles and recognize how to create space for curious, vulnerable, and inspiring conversations.

MIXOLOGY CLASS | Led by your resident Mixologist, this Mezcal-focused lesson will allow you to get hands-on with your cocktail making. Other spirits will also be available to substitute!

DAY THREE | CONNECT + EXPLORE

In addition to daily activities available on the property, today's planned experiences include:

COACHING SESSION I | An interactive 1hour session led by Shemiah to explore ways to strengthen your bond. We'll learn how to recognize "bids" for connection and how to turn toward your partner.

MEZCALERIA TOUR | Choose to join us for a tour of two local Mezcal distilleries! We'll have guided tours and tastings at both properties, understanding the care, attention, and craft behind this celebrated spirit. OR, choose to stay and enjoy the property or explore the area on your own!

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DAY FOUR | LOST IN CONVERSATION

COUPLES RETREAT ITINERARY

In addition to daily activities available on the property, today's planned experiences include:

COACHING SESSION I | An interactive 1hour session led by Shemiah to understand communication styles and recognize how to create space for curious, vulnerable, and inspiring conversations.

PRIVATE PHOTOGRAPHY SESSION | You'll have a scheduled 30min session with a professional photographer to capture photos of you and your partner. Each couple will have access to your digital gallery following the retreat.

COOKING CLASS | Led by our own Villa Chef, this optional class will let you get hands-on through learning authentic recipes and processes using local ingredients.

GROUP REFLECTION | An optional, guided conversation to reflect on what you've learned during the sessions and what you promise to each other as partners.

DAY FIVE | DEPARTURE

GOODBYE BREAKFAST | An opportunity to connect and reflect over

AIRPORT DROP-OFF | Your Private Driver will take you to the airport based on flight departure times.



WHERE YOU'RE STAYING

Casa Inspiracion



--- A 6 Bedroom Private Villa with 4600 square meters of space to unwind

--- Each couple will have their own private bungalow with a queen-sized bed, en-suite bathroom, and ocean-facing private terrace.

--- The 20-meter Villa Pool is available for use day or night, offering a panoramic view of the ocean and open landscape

--- Private beach accessible only from the Villa, and just a 35min drive to the public beach in Puerto Escondido

--- Daily cleaning service and watchman securing the property each night

--- The "Palapa", an open area to host group meals, daily sessions with your relationship Coach, and open sharing among guests

--- The "Peace Room" is a library-living area, offering a home cinema, chill-out spaces, and an intimate view of one of the interior gardens.

IN THE AREA

--- A few kilometers south, hidden between the mountains and the bays, are the beaches of Ventanilla and Zipolite, the magical town of Mazunte, Punta Cometa and the incredible bays of Huatulco.

---To the north, in addition to Puerto Escondido and its famous Zicatela beach, are the lagoons of Maniantepec and Chacagua, and the singular art residence from Bosco Sodi, *Casa Wabi* design by renowned architect Tadao Ando and Hotel Escondido. A whole world to explore for those with a passion for nature, sports and local culture.

--- La Laguna de Chacagua is a national park lagoon and a paradise for birds. The guides will take you through several small lagoons to the final destination where the lagoon enters into the ocean. Spend the day relaxing on white sand beaches.

