



MINNESOTAFLYERS
GYMNASICS AND FITNESS

Newsletter

April 2026

CALENDAR

APRIL 4 No Open Gym – Closed for Easter Weekend

APRIL 6 10am–Noon – School's Out OPEN GYM

APRIL 10–12 2026 Level 7–8 Region 4 Championships
Bettendorf, IA

APRIL 13 MN Flyers Color Run registration opens

APRIL 30 5–7pm – Rec Pictures

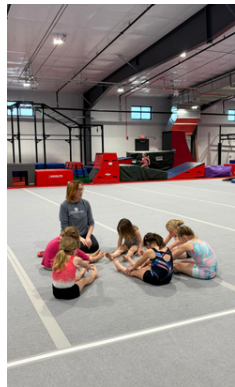


OPEN GYM

Saturdays

10am – Noon

(closed April 4)



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Congratulations to Mia and Emma for their outstanding performance at the MN State meet! They will compete at the Region 4 Championship in Iowa this month!

Staff Spotlight

COACH MARK

Coach Mark is our Fitness Director and coaches FlyTime, Ninja, Bigger Faster Stronger, and Adaptive classes. He loves to spend time outside. His favorite activities are skiing, golfing, biking, hiking, and working out. If he's on a screen, it's to watch NFL football! His favorite memories from MFGF are seeing the joy on kids' faces when they conquer the warp wall. What he likes most about MFGF is working with amazing staff and awesome kids!



Save the Date!

JUNE 6



PRESENTED BY



5K route added!

Registration opens April 13!

Sponsors needed - contact

carissa@mnflyersgym.org for details

APRIL

Students
of
the Month



Kinsley
Hot Shots



Lillie
Beginner 1



Christopher
Mini Ninja

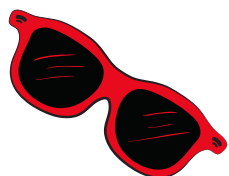


Oliver
Master Ninja



Zoey
Competitive Team

Looking ahead To summer!



May 18: Summer Rec Registration Opens at 8:30am

End of May: Summer Day Camps (Dates TBD)

June 1: Summer Classes Begin

June 6: MN Flyers Color Run presented by Strive Chiropractic



April Birthdays



Join us in wishing Happy Birthday to these students and staff!

Haleigh A	Stella G	Malana P
Trinity A	Grant H	Aurora P
Devion B	Kinley H	Eden R
Austin B	Jayden J	Lennon R
Maebelle B	Lucy J	Leo R
Olive B	Kaine K	Emerald R
Sommer B	Ellie L	Esme S
Gaylord C	Daisy L	Ella S
Donny D	Wilder L	Lilly S
Remi D	Freya M	Beckham S
Evie E	Asher M	Ivy S
Lakelyn E	Arthur M	McKenzie S
Kennedy E	Malia M	Evan T
Aaralyn F	Hudson M	Kortlynn T
Bradley F	Shannon M	Clark W
Osa F	Ellie N	Kallan W
Eleanor F	Malakhi N	Tess W
Malakai G	Dominic N	Hudson W
Breck G	Ellie N	Ava W

Staff Birthdays: Amy