

## BROW AFTERCARE INSTRUCTIONS

Immediately following your appointment, use the cotton rounds and blot your brows until you don't see any more lymph fluid.

Before bed use a small amount of soap & GENTLY clean through your brows, no harsh scrubbing. Make sure you gently rinse out ALL of the soap. Pat your brows dry with a clean paper towel and let them air dry for 10-15 minutes.

Once completely dry use a rice grain size of lotion for both brows, you want a thin layer. (enough to know it is there, but not too much that someone else would be able to see it)

Repeat this process 2ce a day (morning & night) for 2 weeks. Throughout the day apply just the lotion 2-3 times with a q tip.

THE AFTERCARE BALM SHOULD LAST YOU THROUGH THE TOUCH-UP!

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## FOLLOWING YOUR APPOINTMENT

- -Do not pick, scratch, rub, touch or use anything abrasive on your brows.
  - -Do not apply any type of brow makeup for 14 days.
  - -Avoid hot tubs, swimming, saunas, and sweating for 14 days.
  - -Avoid direct sunlight and tanning beds for 14 days.
    - -Avoid smoking for 10 days.
    - -Avoid sleeping on your face.
- -Avoid hot showers and keep the water from directly hitting your face.
  - -Avoid facial cleansers & spa treatments that exfoliate or contain acids (AHA, glycolic, lactic) directly on your brows.
    - -Use sunscreen on brows once fully healed to prevent fading.

## **HEALING STAGES**

- DAY Wow, I love my new brows! They are a tad bit warm & bold...
- DAY My brows look darker & 2-4 a little bit thick...
  - O DAY Now they are scabbing & flaking.
- Oh no, my brows are gone?!
  - Oh good, my brows are back!
  - AFTER My eyebrows are perfect! I love them!