



Media kit

Dr.
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ABOUT ME

Helping women get out of their own way to live the life they desire.

Brandy Peer

Looking for a speaker who specializes in helping women gain confidence to shape the future they deserve?

Meet Dr. Brandy Peer, known affectionately as Dr. Bee, your Coach Bestie! A renowned Transformational Life Coach, she has captivated audiences at the National Association of Student Personnel Administrators, City University of New York, and Sigma Gamma Rho Sorority, Inc.

Brandy brings a fresh, insightful perspective on the power and impact of self-awareness and authenticity. With over 500 clients served and numerous conference appearances, she skillfully combines her roles as a certified life coach and DISC assessment facilitator to foster women through personal and professional growth. Her approach is uniquely engaging—blending passion and humor—to navigate clients past their mental roadblocks and toward the realization of their full potential, without losing sight of their true selves.

Dedicated to helping women break free from feeling stuck, Dr. Peer's coaching is all about real transformation without sacrificing who you are at the core. When she's not helping clients find their true selves, Brandy enjoys baking, playing with her adorable dog Snickers, and relaxing with a good movie.

Speaker Topics

1 Help! It's easier to give than receive

This empowering presentation dives into a common, yet often unspoken challenge: the difficulty of asking for help. While everyone needs assistance at some point, many of us—especially women—can find it hard to reach out. This presentation offers a fresh perspective on seeking help, framing it as an act of strength rather than a sign of weakness, and energizes audiences to recognize interdependency as an asset, not a hindrance.

2 Numbers and Nudges: Recognizing the Universe's Signs

Do you believe in magic? Or maybe it's faith? This presentation will awaken audiences to the possibility of seeing the world around us through a new lens—one where numbers, patterns, and coincidences are not just random occurrences, but meaningful messages. When we listen and lean into the universe's signs we up our frequency and level up in every arena of our lives.

3 Why Diagnosing Self-Sabotage Is So Important

Did you know that self-sabotage is the leading cause of unfulfilled dreams? This presentation highlights the different ways we get in our own way and limit our greatest potential. Attendees will leave with a deeper understanding of self-sabotage, along with strategies and resources to become more self-aware of their own mental obstacles and how to harness them into the change we ultimately desire.



Dr. Brandy Peer (she/her) is a Transformational Life Coach, Leadership Consultant, and Professional Speaker available for keynote presentations, workshops, media interviews, and spokesperson opportunities.

Her captivating energy and jovial personality excite and delight audiences worldwide.

Schedule an interview or meeting, or book her on your stage today!

NOTABLE PRESS

[Canvas Rebel Magazine Article](#)

["From College Professor to Leadership Coaching" - Educators Moving On Interview](#)

["Moving on From a Mediocre Mindset" Podcast](#)

A portrait of a smiling woman with dark, wavy hair, wearing a blue sleeveless dress and a gold necklace. She is positioned against a white background with a soft shadow to her left. A semi-transparent blue banner is overlaid on the bottom half of the image, containing contact information.

Get In Touch

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