

EXTRACT FROM THE BOOK BY ISABELLA STRAMBIO FOR SEARCH PRESS Macrame for the modern home

LARK'S HEAD KNOTS



This knot is used to attach a folded string to the support – a piece of driftwood, a dowel, ring or another string.

- 1 Fold the string in half and place it on top of the support where the knot will be tied.
- **2** Fold the loop of string behind the support, without twisting the strings, then pull the two long strands through the loop.
- 3 Pull tight.



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HALF SQUARE KNOTS







- 1 Start with two lark's head knots. Bring working string 4 over the fillers. Pass it under working string 1.
- 2 Pass working string 1 under the filler strings and over working string 4.
- **3** Pull on both working strings to tighten the knot, while holding the middle strings steady. Pull tight.

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SQUARE KNOTS

This is the most important and mostoften used knot in macramé, and also the most versatile. In this book I'll always tie left-facing square knots for consistency, but you can make them right-facing if you want, as long as you are consistent within each project.





LEFT-FACING SQUARE KNOT

- 1 Make a left-facing half square knot (page 15).
- **2** Move working string 4 to the left, passing it over the fillers and under working string 1. Move working string 1 to the right, passing under the fillers and over string 4.
- **3** Tighten the square knot by pulling on the working strings, while holding the middle strings steady and making sure they are not overlapping.



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DOUBLE HALFERS KNOTS

DOUBLE HALF HITCH KNOTS (OR CLOVE HITCH KNOT)

This versatile knot creates a linear row of knots and can be worked in a diagonal, straight or vertical line. This is the most common macramé knot after the square knot.

DOUBLE HALF HITCH (LEFT TO RIGHT)

- 1 Use string 1 as your guide, holding it at an angle or horizontally in front of the other strings. This string is sometimes called the 'holding' or 'static' cord.
- ${f 2}$ Use string 2 as your first working string. Pull string 2 up and over string 1, making a loop.
- 3 Pull gently. You have made a half hitch knot.
- 4 Repeat steps 1-3 with string 2.
- 5 Position the two loops next to each other. The second loop secures the knot. Don't pull too hard when making this knot or you will 'lose' the loops around the guide.











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GATHERING KNOTS

GATHERING KNOT (OR WRAPPING KNOT)

This knot is usually used to start and finish a macramé plant hanger (see page 76).

- 1 Fold a piece of string as shown right.
- 2 Take the long, working end and wrap it around all the strings several times, as shown.
- 3 Keep wrapping the string around, arranging it below the previous wraps; continue until you are close to the folded loop. Pass the end of the string through the loop.
- 4 Pull the top string until it traps the bottom string underneath the knot. Cut the top and bottom strings.









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