

October Birthdays

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Birthday Teas

Thurs. October 7
in Camelia with Alistair
Thurs. October 28
in Willow with Phillip
Both at 2 pm



Jim B.	Oct. 5	Ying C.	Oct. 16
Ronald S.	Oct. 5	Ken Z.	Oct. 16
Barbara D.	Oct. 7	Robert B.	Oct. 17
Ruth E.	Oct. 10	Kisa N.	Oct. 20
Helga H.	Oct. 11	Sandra S.	Oct. 27



Happy 30th Birthday Bertie!!



Christmas Fundraiser

Get ready to place your orders for tasty Purdy's Chocolates & let's make this our biggest year ever! It will also make you much loved at Christmastime when you give the perfect gift to your friends & family members. Recreation will be emailing ordering info to everyone on our family email list. Send your address to Trish.Foley@Buchanan-Lodge.com.



RESPECT



Find out what it means to us

RESPECT SUGGESTIONS:
Remember to always wear your name tag displayed prominently.

NOTE TO STAFF: If you have the first version of the new name tag, a newer, better and bolder one is now available. Just sign up at reception and they will be printed mid October. No photo retakes, though, as the cards have already been prepared.

BUCHANAN LODGE



Autumn

There's nothing as fine
as an autumn day,
with the smell in the air
of fresh mown hay.
Each tree is a wonder,
of beauty, untold.
Each leaf brushed with color,
a sight to behold.
There's a nip in the air
-crisp, cool and clear-
to remind us that winter
soon will be here!
But for now we have autumn,
the 'Show-Off' of seasons!
My favorite, by far,
and these are the reasons!

June Kellum
Oct 1973



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Buchanan Buzz

NEWS FROM 409 BLAIR AVE.

OCTOBER 2021

Precious Memories



Much love to Sara & Maddie after 7 years with us



Lucy gives the men some baking tips



Greg's painting is "shaping" up to be triangular



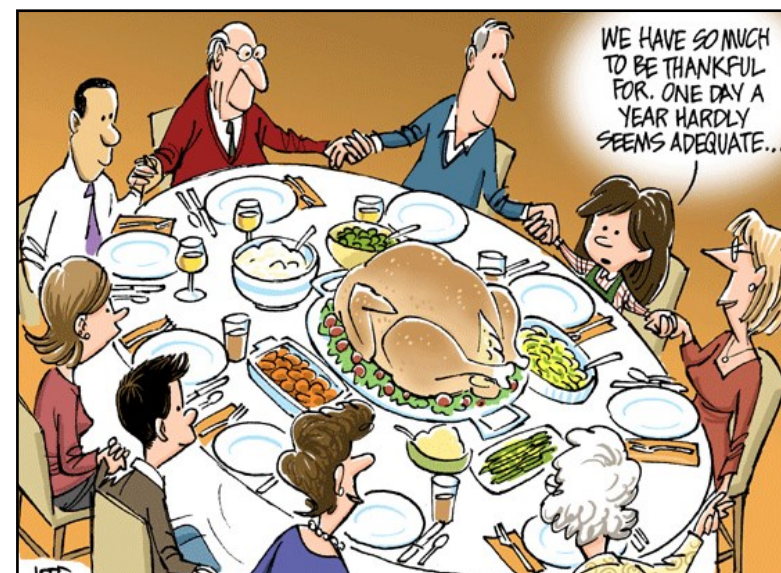
Norma agrees with Francis - "more butter"



Alvera & Vi play "Heart & Soul" together



Rose assembles her outdoor puzzle outdoors



Thought for October



Sports enthusiasts love this time of year, especially this year, after the fanless, shortened season of 2020. Baseball, football and soccer seasons become more intense and Hockey Night in Canada kicks off with unrestrained and probably unrealistic expectations. Some are hoping the Canucks, with their fresh crop of young recruits, will at least make the playoffs; I believe they will finally win the coveted Stanley Cup. Before you jump on my bandwagon, you need to know how rickety it is! I say this every year and we've yet to win.

Let's face it - we all want to win. That thought struck me when I found myself and my fellow Canuck fans doing the unthinkable. The player we loved to hate, Boston's Brad Marchand, who used Daniel Sedin's face as a punching bag during our last run to the cup, scored two goals for Team Canada against the Russians in the World Cup of Hockey. The man went from boos to cheers, from zero to hero overnight just because he was now winning for **our** side!

That spirit of competitiveness comes from the God who created us in His image. The last book of the Bible foretells our final days on earth, and it is all about overcoming the forces of evil (check out Rev. 2:7,17,26; 3:5,12,21; 21:7). Sports is a metaphor for life, teaching us the importance of discipline, training, teamwork, interdependence, rules, strategy, resilience and character.

In his letter to Corinth, a city which regularly hosted the original Olympic games, Paul made this comparison: *Don't you realize that in a race everyone runs, but only one person gets the prize? So run to win! All athletes are disciplined in their training. They do it to win a prize that will fade away, but we do it for an eternal prize. So I run with purpose in every step. I am not just shadowboxing. I discipline my body like an athlete, training it to do what it should - 1 Corinthians 9:24-27.*

The "winning" Paul was referring to was actually "winning souls" (9:22). The metaphor of sports breaks down when we realize that real life is not a game. We are competing in a life or death struggle for eternal souls.

If you liked hearing the national anthem when our Canadian athletes won a gold medal in Tokyo this summer, imagine the scene described in this familiar hymn: *Stand up, stand up for Jesus, the strife will not be long; this day the noise of battle, the next the victor's song!*

Chaplain Rob

Hebrews 12:1,2

*Let us RUN with endurance the RACE
God has set before us.*



*That spirit of
competitiveness
comes from
the God who
created us in
His image.*

Coming Soon

ARMCHAIR TRAVEL

with Chaplain Darlene

IRELAND

Monday Afternoons

Oct. 18 - Willow & Camelia

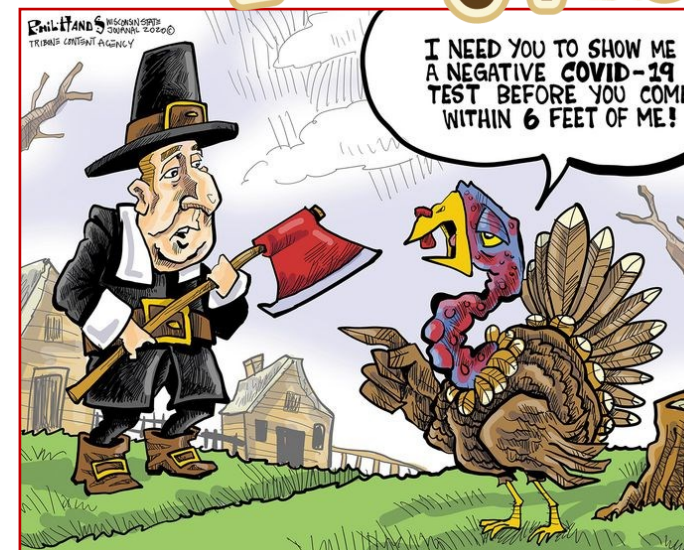
Oct. 25 - Rose & Magnolia

1:45 & 3 pm

IRELAND



Happy
Thanksgiving



Singalong Music

With
Phillip Vanloo

Saturday, Oct. 2
2:30 pm in Camelia

Saturday, Oct. 16
2:30 pm in Magnolia



BIG NEWS - Our beloved volunteers will be coming back in October. Let them know we missed them!

