



## Nitrous Post Operatory Care

The effects of Nitrous Oxide wear off rapidly, usually within 2-3 minutes. Patients who use nitrous oxide will be discharged from the office after administration of 100% oxygen for 5 minutes following dental treatment, and will be able to resume normal activities without impairment.

It is normal to feel tired the remainder of the day, especially for children. Patients who feel dizzy should be monitored while relaxing at home. Acute and chronic adverse effects to nitrous oxide are rare.

The most common side effects are nausea and vomiting, which can be reduced by following all pre-operative instructions.

Please follow any additional post-operative instructions related to the dental treatment you had done with the administration of Nitrous Oxide.

If you have any concerns please call our office at your earliest convenience.