

BREAKERS TRAINING PLAN 2025 - TERM 3

MON	TIME	BJC 1A	BJC 1B	TIME	RHG 1A	RHG 1B	TIME	OSBORNE	OSBORNE
	7.00PM - 8.15PM	14.1 B	14.2 B	7.00PM - 8.00PM	12.1 B	12.2 B	7.30PM - 8.30PM	14.3 B	16.4 B
	8.15PM - 9.30PM	20.1 B	18.1 B	8.00PM - 9.00PM	18.2 B	16.2 B			

TUE	TIME	BJC 1A	BJC 1B	TIME	RHG 1A	RHG 1B	MBS Court 3		
	7.00PM - 8.15PM	18.1 G		5.30PM - 6.30PM	14.4 G		5.00PM - 6.00PM	12.3 B	12.4 B
	8.15PM - 9.30PM	YLW		6.30PM - 7.30PM	14.4 B		6.00PM - 7.30PM	16.1 B	
				7.30PM - 8.30PM	16.3 B		7.30PM-9:00PM	SENIOR MEN	

WED	TIME	BJC 1A		TIME	RHG 1A	RHG 1B	PENINSULA JUNIOR GYM Court 2		
	7.00PM - 8.15PM	16.1 G	14.1 G	5.30PM - 6.30PM	12.1 G	12.2 G	6.30PM - 8.00PM	20.1 B	18.1 B
	8.15PM - 9.30PM	18.2 G	16.2 G	6.30PM - 7.30PM	12.4 G	12.3 G			
				7.30PM - 8.30PM	14.3 G	14.2 G			

THUR	TIME	BJC 1A		TIME	RHG 1A	RHG 1B
	7.00PM - 8.15PM	16.1 B		7:30PM - 9:00PM	SENIOR MEN	
	8.15PM - 9.30PM	18.1 G	YLW			

SUN	TIME	MBS 1A			MBS 1B	MBS 2A	MBS 2B	MBS 3A	MBS 3B
	8.30AM	12.1 G				16.1 G		12.2 G	12.3 G
	10AM	14.1 G				14.2 G	14.3 G	16.2 G	18.2 G
	11.30AM								
	12.30PM								
	1PM								
	1:30PM								
	2:30PM								
	3.00PM - 4.30PM	12.1 B				12.2 B		12.3 B	
	4.30PM - 6.00PM	14.1 B				14.2 B		14.3 B	14.4 B
	6.00PM - 7.30PM	18.1 B				18.2 B		16.3 B	16.4 B
	7.30PM - 9.00PM	16.2 B							

VENUES	Mornington Basketball Stadium	MBS 1 to 3				1051 Nepean Hwy, Mornington			
	Benton Junior College	BJC				Racecourse Road, Mornington			
	Robert Herbert Gym	RHG				1051 Nepean Hwy, Mornington			
	Peninsula Grammar Junior Gym	PGS				20 Wooralla Drive, Mt Eliza			