

# November Birthdays

Dorothy D.	Nov. 3	Ruth M.	Nov. 20
Bunny T.	Nov. 7	Chris L.	Nov. 20
Glenys E.	Nov. 8	Janti S.	Nov. 21
Carmelo S.	Nov. 12	Lucja K.	Nov. 24
Terry G.	Nov. 19	Robert S.	Nov. 26

## Magazines

Dear families - If you have magazines at home that have already been read and are no longer needed, we would love them for our residents! They can help provide great joy, entertainment, information, inspiration & relaxation to our residents, especially for those who may have limited mobility or difficulty engaging in other activities.

If you would like to contribute, please drop off your magazines at our reception area during regular business hours. We kindly request that the magazines be in good condition, suitable for a mature audience, and free of any offensive or explicit content.

Thank you in advance for considering this donation. Your thoughtfulness will help create enriching experiences and spread cheer during the holiday season.

Warm regards, **Recreation Department**

Be the first to improve the look of our home (e.g. picking up litter, straightening pictures, wiping up small spills, etc., etc.).



### ORDER TODAY!

We now have birth year poster templates from 1908 -1964. If you would like an individualized one for yourself, friends or family, they can now be ordered through the Chaplains. The cost is \$20, including the 11X17 frame, and the proceeds will be used to enhance the Spiritual Health programs for the residents. **The perfect Birthday or Christmas gift!**

# Happy Birthday

## Birthday Tea

Rose Garden (& Willow)  
Thursday, Nov 16, 1:45 pm  
Entertainment with the one & only Alastair!

# RESPECT

Find out what it means to us

## CHRISTMAS CANDLELIGHTING SERVICES

# Peace ON EARTH

Monday Dec.18 6:30 pm Willow & Camelia | Tuesday Dec.19 6:30 pm Rose & Magnolia  
Special music, Carol singing, Christmas goodies, Santa Chaplains & gifts for all!

BUCHANAN LODGE



# Buchanan Buzz

NEWS FROM 409 BLAIR

NOVEMBER 2023



## Precious Memories



Eiko & Rose check out each other's tattoos



Joyce shows Paul how to "stir things up!"



Our Rose Garden became a Pumpkin Patch

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Eric & Bill prove men can be "crafty" too



Halloween this year requires two masks!



Our leaders: "Paper Trail" & "Top Dog"



# Thought for November

*Lest We Forget...*



These words are often etched on the gravestones of those who have sacrificed their lives for our freedom. They come from the poem entitled "Recessional," written by Rudyard Kipling, intended to remind us all of the God-given responsibility we share in protecting and preserving His dominion over creation. Throughout history, good men and women have risked their lives to protect the innocent. We cannot forget to honour their service, and to remind our children and their children to do the same.

Jesus told us there is no greater love than laying down your life for your friends (John 15:12). He prefaced those words with these: *My command is this: Love each other as I have loved you.* Jesus showed us all what real love is. There are no conditions to God's love: *while we were still sinners Christ died for us* (Romans 5:8). No one is loved more, or less: *for God so loved the world that He gave His only begotten Son* (John 3:16). There's no way to earn His love or His forgiveness: *it is the gift of God* (Ephesians 2:8).

In the same way we remember those among us who put their lives on the line, we must not forget the One who inspires such sacrifice. Kipling makes that clear in the second verse of his poem, which is really a prayer:

*The tumult and the shouting dies -  
The Captains & the Kings depart -  
Still stands Thine ancient sacrifice,  
An humble and a contrite heart.  
Lord God of Hosts, be with us yet,  
Lest we forget - lest we forget!*

~ Chaplain Rob Buzza

## LEST WE FORGET

FOR THOSE BRAVE WHO  
GAVE THEIR LIVES  
SO WE COULD LIVE OURS



Throughout history, good men and women have risked their lives to protect the innocent. We cannot forget to honour their service, and to remind our children and their children to do the same.

## Coming Soon



### NOVEMBER LIVE MUSIC

**Nov. 4 Sat.** 1:30 pm Camelia - Dave  
**Nov. 8 Wed.** 1:45 pm Camelia - Alastair  
**Nov. 15 Wed.** 1:45 pm Camelia - Dave  
**Nov. 16 Thur.** 1:45 pm Rose/Willow - Alastair  
**Nov. 18 Sat.** 1:30 pm Rose/Willow - Alastair  
**Nov. 21 Tues.** 2:00 pm Rose/Willow - Bruce  
**Nov. 22 Wed.** 1:45 pm Camelia - Dave  
**Nov. 25 Sat.** 1:30 pm Rose/Willow - Alastair  
**Nov. 25 Sat.** 1:30 pm Camelia - Dave



### Candlelight Memorial

Our Annual Memorial Service will be open to families by invitation and held in the MPR on

**TUESDAY | NOVEMBER 21 | 7 pm**

A special evening to remember those of our Buchanan community who passed away in this last year.



**We will be decorating for Christmas over a 1 week period between Nov 27 - Dec 1. Please talk to the Rec Staff to join the fun!**

## Lest We Forget



### REMEMBRANCE DAY SERVICE

On the House TVs starting at 10:30 am  
**Saturday | November 11 | 11:00 am**  
 Poppies available at the Buchanan Veterans Display in Reception

## Remembrance Day

11 NOVEMBER

### In Flanders Fields

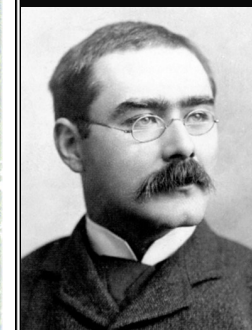
poem by Lieutenant Colonel John McCrae, 3 May 1915

In Flanders fields the poppies blow  
 Between the crosses, row on row,  
 That mark our place; and in the sky  
 The larks, still bravely singing, fly  
 Scarce heard amid the guns below.

We are the Dead. Short days ago  
 We lived, felt dawn, saw sunset glow,  
 Loved and were loved, and now we lie,  
 In Flanders fields.

Take up our quarrel with the foe:  
 To you from failing hands we throw  
 The torch; be yours to hold it high;  
 If ye break faith with us who die  
 We shall not sleep, though poppies grow  
 In Flanders fields.

*lest we forget*



*The tumult and the shouting dies;  
 The Captains and the Kings depart;  
 Still stands Thine ancient sacrifice,  
 An humble and a contrite heart.  
 Lord God of Hosts, be with us yet,  
 Lest we forget—lest we forget!*

(Rudyard Kipling)