





Thank God for tea! What would the world do without tea? How did it exist? I am glad I was not born before tea.

Sydney Smith: A memoir of the Rev. Sydney Smith

A simple cup of tea is far from a simple matter.

Mary Lou Heiss, The Story of Tea: A Cultural History and Drinking Guide

While there is tea, there is hope. Sir Arthur Wing Pinero

I am in no way interested in immortality, but only in the taste of tea.

Lu T'ung

If you are cold, tea will warm you. If you are too heated, it will cool you. If you are depressed, it will cheer you. If you are excited, it will calm you.

William E. Gladstone, British Prime Minister

Tea, though ridiculed by those who are naturally coarse in their nervous sensibilities, will always be the favorite beverage of the intellectual.

Thomas de Quincey

Never trust a man, who when left alone with a tea cosy, doesn't try it on.
Billy Connolly

#### Black Loose Leaf Teas

<b>Lakeland Special Tea</b> ~ A blend of quality leaf teas, selected to infuse perfectly with the waters of the English Lake District.	£2.55
<b>Earl Grey</b> ~ A Chinese tea, its distinctive flavour and aroma derive from the addition of oil extracted from the rind of the fragrant citrus flower bergamot orange.	£2.75
	£3.25
Assam ~ Assam is well-loved as a delightful, astringent black tea. Our choice is from the Corramore Estate, near Bhutan in the Darrang district of Assam in North East India. The leaves are large, twisted, warm brown and flecked with gold tips.	£3.45
Blue Lady Tea ~ A mild black tea specially blended with petals of mallow and marigold flowers, flavoured with grapefruit. This tea is light and smooth with a refreshing citrus flavour. It can be served with milk and/or sugar, but goes particularly well with lemon.	£3.45
<b>Ceylon</b> ~ A sweet, very high-grade Ceylon tea with a chocolatey/caramel aftertaste. This tea comes from the Pettiagalla estate, which means 'box-shaped rock' A wonderfully light tea, giving a bright, clean cup with a strong flavour.	£3.45
Darjeeling ~ Picked as a first flush from the prized Thurbo region in the foothill of the Himalayas, we've opted for exceptional quality from a tea garden in the Mirik Valley. Fresh, flowery, light and intensely aromatic this Darjeeling is rightly regarded as the Beaujolais Nouveau of the black tea world.	£3.55
<b>Lapsang Souchong</b> ~ A smooth, large-leaf smoky classic, cured above cedarwood fires. A speciality tea of the Fujian province, the term Souchong' means 'sub-variety' and refers to the specific tea bush grown in the Wuyi Mountains. The leaves are withered over fires and then pressed in wooden barrels. They are then cut and rolled and hung to dry over smoking cedarwood fires again. Very black leaves produce an amazing dark red liquor with the unmistakable smoky aroma and flavour.	£3.45

## Green Loose Leaf Teas

Green Gunpowder ~ Green tea rolled into tiny balls to retain flavour and aroma, which explode when infused in hot water. A powerful and refreshing drink.	£3.45
Jasmine Phoenix Dragon Pearls ~ Poetic in form and fragrance, these stunning pearls produce the most memorable jasmine tea you'll ever taste. Each one is hand-made by rolling green tea into pearls then wrapping each pearl into paper to help maintain the shape. After unwrapping and drying, the tea is set aside until summer when the jasmine comes into season and it is scented five times with fresh, aromatic jasmine flowers. When infused, the pearls unravel and release a beautifully sweet jasmine aroma. Beyond its sensual qualities, green tea is a well-known source of antioxidants. This is a rich jasmine infused green tea with a well rounded velvety texture.	£4.15
Cherry Green Tea ~ A flavourful green tea based on a Chinese green gunpowder.  Scented with cherry this tea has a lovely taste and when brewed to make iced tea in summer, is very refreshing.	£3.65
Lung Ching Dragonwell ~ Complex and multi-layered with an irresistible combination of warm hazelnut and intense spring-freshness. Yanghai tea garden, nestled in the mountains near the ancient Song Dynasty capital of Hangzhou, won our ultimate approval with the concentration of flavour in its plump buds and leaves. It tastes lively with high definition in which grassy freshness is underscored by subtle liquorice root complexity. A lovely large shiny loose leaf tea with a fine bright yellow green liquor, soft aroma and rich taste.	£3.75



## White Loose Leaf Teas

**Silver Needles** ~ Picked at the end of April this long, soft and downy Silver Needle is comprised of the first spring buds of the Da-Bai tea plant. It comes from Fuding, a serene region with icy waterfalls and crystal clear lakes. The peaceful setting is reflected in the flavour - soft and mellow, with the freshness of honeydew melon and the soothing sweetness of ripe cantaloupe. It's light; delicate quenching flavours are underpinned by cucumber and melon which add to its freshness. Yet this tea is surprisingly full in texture and satisfyingly velvety in its finish.

White Ginger Pear ~ Pai Mu Tan white tea with sweet pear and the zing of ginger.

£4.15

£3.45

# Herbul Loose Leaf Teas All naturally caffeine free

<b>Blood Orange</b> ~ Sweet and tangy flavours from an array of dried fruits, including hibiscus petals, rosehip peel, apple & orange.	£3.45
<b>Peppermint</b> ~ A perfect drink to aid digestion, this is a refreshing drink that has provided health benefits to us for thousands of years. We only use whole peppermint leaves so that you have the very best grade of infusion.	£3.45
Lemon & Ginger ~ 'Citrusy' herbs, blended with an enlivening tingle of ginger.	£3.45
Strawberry & Kiwi ~ A fruit tea blend, which has a delicious strawberry body with an added kiwi zing.	£3.45
Raspberry & Goji Berry ~ A taste of succulent raspberries, with the beneficial properties of goji berries.	£3.45
<b>Rooibos</b> ~ Our high grade Rooibos is an ideal after dinner drink. This South African tea has a soft, gently tangy flavour that combines dry straw with a hint of bitter Seville orange.	£3.65
$ \begin{tabular}{ll} \textbf{Lemon Verbena} & \sim \textbf{Produced from Verbena leaves, this popular herbal tea has a light buttery taste, complimented by a subtle lemon scenting. It tastes fresh and vivid with mint-like freshness and pressed lemon zest pungency. \\ \end{tabular} $	£3.85
Rosebuds ~ Small but perfectly formed, these intensely fragrant and beautiful rosebuds release an almosteuphoric aroma and flavour. Our whole rosebuds are handpicked in the gardens of Morocco. Light, graceful and soothing notes of sweet-edged rose within a refreshingly light, leafy liquor.	£3.95
Chamomile Flowers ~ Soothing blend of blossoms with a zest of citrus. Comprising whole camomile flower-heads, this herbal drink produces a bright, aromatic and soothing tea	£3.45
<b>Liquorice &amp; Aniseed</b> ~ A syrupy sweet herbal tea with an unbelievable aroma, which contains aniseed, liquorice root, star anise and blue mallow flowers.	£3.45



# There is no trouble so great or grave that cannot be much diminished by a nice cup of tea. Bernard-Paul Heroux, Basque philosopher

Wouldn't it be dreadful to live in a country where they didn't have tea?

Noël Coward

Coffee and chocolate are certainly wonderful, but they must forever carry tea's silken train, ever the bridesmaids and never the bride.

Paul F. Kortepeter, Tea with Victoria Rose

You'll never find a cup of tea big enough or a book long enough to suit me.

We had a kettle; we let it leak: Our not repairing made it worse. We haven't had any tea for a week. The bottom is out of the Universe. Rudyard Kipling

> Make tea, not war. Monty Python

Cup of Tea Father? Aw go on! Go on, go on, go on, go on, go on ...... Mrs Doyle: Father Ted



